

MERCY REGIONAL COLLEGE NEWSLETTER

ISSUE 2-3

22nd May, 2015

Our Vision

Mercy Regional College serves a wide rural community which values growth and diversity in Catholic Education in the Mercy tradition.

Our Mission

In the Spirit of the Gospels we commit ourselves to the core values of community, inclusiveness, learning, care, justice and mercy, excellence and achievement.

Our Focus for 2015

"Through the Mercy tradition we encourage our community to seek knowledge, to nurture curiosity and to love learning".

From the Principal

As I write this week's article, a story of hope and forgiveness is on the news: the meeting of Prince Charles and Northern Ireland's Sinn Fein leader, Gerry Adams; bitter enemies for 40 years and, today, shaking hands. Amidst the bad news, it is a welcome relief. It also brought to my mind one of my favourite prayers, the prayer of St Patrick's Breastplate. I have included a section of it below:

*Christ with me,
Christ before me,
Christ behind me,
Christ in me,
Christ beneath me,
Christ above me,
Christ on my right,
Christ on my left,
Christ when I lie down,
Christ when I sit down,
Christ when I arise,
Christ in the heart of every man who thinks of me,
Christ in the mouth of everyone who speaks of me,
Christ in every eye that sees me,
Christ in every ear that hears me.
Amen*

School Review 2015

This week, all Mercy staff as well as the College Board had a presentation from Mr. Geoff McPherson on last term's School Improvement Framework (SIF) Review. As was detailed in February, the school review is an important opportunity for the college to reflect on what has been achieved in the last three years, what challenges are currently facing the college and to identify priorities and strategies for the next four-year cycle. The SIF focuses on the five key areas of school life – Catholic School Culture, Learning and Teaching, Student Wellbeing, Leadership and Management, and School Community.

The SIF review resulted in a set of recommendations for Mercy Regional College across each of the five areas and these will form the basis of our annual School Improvement Plans for the next 3 – 4 years. I will include these recommendations in the next College newsletter.

HCSN Combined Boards' Dinner

Next Tuesday, the board members of the four Hampden Catholic Schools' Network (Mercy Regional College, St. Colman's, St. Thomas' and St. Patrick's) will come together to celebrate Catholic Education Week. The evening is a great opportunity to recognise the valuable links that exist within and across our four schools as part of Catholic Education Week. Our guest speaker is the recently appointed Deputy Director of the Catholic Education Office Ballarat, Mr. John Meneely.

Student Activities

Although the weather has changed, the number of activities across a range of school areas has not diminished:

- A most successful College cross-country carnival that was run between Terang and Noorat. Congratulations to all who ran and to the staff who supported them. Special thanks to the good numbers of parents who assisted on the course, with our results and on the BBQ that followed. Thanks also to the excellent organization of Mr. Matthew Harkin, Ms. Bethany O'Sullivan and Mr. James Castles.
- Last week, the school enjoyed a productive three days as most students in Years 7 & 9 completed the annual NAPLAN tests in literacy and numeracy. We would expect results from these to be available next semester.
- Every week or so, a group of 8 – 10 Year 11 students travel with two staff to Melbourne for the overnight Street Retreat experience with each both unique and memorable to those involved.

- Congratulations to Scott Carlin (9B) who has been selected to play in the Victorian School Sport U15 AFL side who will play in the national championships in Geelong early next term.
- A number of other interschool sporting competitions have occurred in recent weeks including a shooting tournament in Colac, Year 7 & 8 Hampden Cup football and netball and schools' motorbike racing. Congratulations to all who represented Mercy Regional College.

Yours in Mercy,



DR. DARREN EGBERTS
PRINCIPAL

Director of RE

Mrs. Jo Saunders

Year 8 Retreat and exciting change for 2015

Year 8 students will participate in their Religious Education Retreat on Tuesday 2nd June.

This year the Retreat Day is entitled "Be the change you want to see" and will be held at the Good Samaritan Campus at Coragulac. Our day will focus on worldwide issues of justice including fair trade, the dignity of work, principles of Catholic Social Teaching and the needs of those in South East Asia. Each of our guest speakers will be experienced in these areas and will be able to share current programs that support the concept of preferential options for the poor.

Students will meet at the McAuley Campus and be bussed to Coragulac then return to Camperdown in time for afternoon buses at 2:45pm. Families are reminded that the Retreat Programs at Mercy Regional College are a compulsory facet of our Religious Education Program. In a new change the lunch will be catered by the O'Keeffe Food Technology classes and allows the students themselves to prepare in advance for this reflective and informative day.



Year 12s and Preps share a special lesson at St Patrick's Church

On Friday 15th May, our Year 12 students shared a special Religious Education lesson with the Preps from St. Patrick's Primary. The two groups will meet a number of times throughout the Year to form a special bond of the beginning and end of Catholic Education in the Parish.

The Preps sang and taught the Year 12s a wonderful song whilst the Year 12 students helped the Preps to draw their hands and add notes about their gifts and talents. The small and the tall of our communities shared conversation and joy.

Year 12s have been discussing family values and the qualities they know to be necessary when planning for a life where health, family, consideration for others and forgiveness are keys to success. The Preps had been learning about belonging and so the lesson focused on valuing ourselves and reaching out to others in our community.

The two groups will meet again in Term 3 and then finally share a Mass together just before our Year 12s complete their final Year at Mercy Regional College.



Social Justice Reports

Soup and Roll day for the local Nepal Appeal



Graham Arkinstall shared his experiences of trekking through Nepal and the hopes of the local group to develop a Community Centre in a remote village in Nepal to support communities in the wake of the recent Earthquakes. Our school leaders served Soup

and rolls to many staff and students and raised over \$300 for the appeal. June 4th will be a special hot chocolate and slice day at O'Keeffe to support the Nepal Appeal as well.

Vinnies Assist a Student Program

Later this month the Mercy Social Justice Conference will coordinate the "Assist a student" fundraising event.

It will consist of a dress up day and fun and games in house teams at lunch times. Money raised will go toward each year level sponsoring two children in South East Asia to fund their education for the year.

See details about the program on page four.

Feast Day whole school Mass

Our College Feast Day is 24th May, however, due to circumstances beyond our control the whole school celebration of Mass and Battle of the Bands is to be moved on to Tuesday 23rd June.

All families are welcome to join us in the stadium as we celebrate the origins of our school and all Mercy Regional College has accomplished over the last 42 Years.

This day begins with normal classes and is a compulsory school day for all students. We gather as a whole school to celebrate the Mass followed by assembly then moving on to Battle of the Bands after lunch.

This is a time to showcase the musical talents of our students in a fun and supportive atmosphere. It is important as a two campus school to gather as one and this is traditionally a day for celebrating who we are as a school and the foundations upon which our school is based.

Mass will begin at 11:30am and all parents and families or friends of the College are welcome to attend. Feast Day is an important way to promote school spirit and a sense of belonging in our school community. We look forward to seeing you there.



MERCY
Regional College

**All parents, families and
students
are cordially invited to
the**

**Mercy Regional
College
2015**

FEAST DAY MASS

**To be held
in the
De Chantal
Stadium
McAuley Campus**

**Tuesday
23rd June @ 11:30am**

☐ I am an individual assisting a student OR
☐ I am assisting a student on behalf of a group
NAME (group or individual): _____
CONTACT NAME (for group): _____
TELEPHONE: _____
ADDRESS: _____
SUBURB: _____
STATE: _____ POSTCODE: _____
EMAIL: _____
I would like to donate: ☐ \$70 ☐ \$140 ☐ \$210 OR ☐ \$ _____
Thank you for your support.

Payment method:
☐ My cheque is enclosed, payable to St Vincent de Paul Society OR
☐ Debit my credit card (details below)
☐ Mastercard ☐ Visa Card Expiry: ____/____
NAME ON CARD: _____
SIGNATURE: _____
Please complete your details and send to:
ST VINCENT DE PAUL SOCIETY
NATIONAL COUNCIL OF AUSTRALIA
PO BOX 243 DEAKIN WEST ACT 2600

Yes, I want to Assist a Student today!



The Assist a Student program reflects the Mission Statement of the St Vincent de Paul Society - serve the poor with love, respect, justice, hope and joy.

We do this by sharing some of ourselves - what we have - with those in need in our neighbouring countries.

The Assist a Student program gives you the opportunity to provide funding to educate an overseas student for one year. Your donation of only \$70 will be matched with a student from one of our partner countries.

Thank you for supporting Assist a Student.



St Vincent de Paul Society
good works

NATIONAL COUNCIL OF AUSTRALIA
PO Box 243, Deakin West, ACT 2600.
www.vinnies.org.au

Assist a Student

An education program aimed at breaking the cycle of poverty.



St Vincent de Paul Society
good works



Where we assist...

Throughout partner countries, local St Vincent de Paul Society members select students from families in need to be supported by the program. They receive education funds for one year and the money donated contributes to their education needs.

The program includes students at all levels - from primary, secondary and post-secondary. Education funds are allocated across the countries to ensure fair distribution. One of the program's strongest and most attractive features is that administration costs, funded by the Society, are kept at an absolute minimum.

No administration cost is deducted from your donation. 100% goes towards the students' education needs (including course fees, uniforms, books etc) for one year.

It is a common belief that education improves a young person's opportunity of gaining useful employment, thereby increasing their ability to support themselves and their families in the future. It is a means empowering an individual to break out of the cycle of poverty.

100% of your donation goes to the students' education needs for one year.

One of the most positive ways of helping families in need throughout Asia and the Pacific to become self sufficient is through education. The Assist a Student program gives you the opportunity to support the education of students in Asia and the Pacific. The students supported by this program may not be able to attend school without these education funds.

NB. To protect the privacy and dignity of the student, and in accordance with The Rule of the St Vincent de Paul Society, photographs and addresses of the students are not provided.

In choosing to donate money to the Assist a Student program, you are taking the opportunity to provide education funds to overseas students in need of support throughout their education.

As well as this you will receive:

- A supporter certificate with the student name, country and course of study for each \$70 donation.
- A Complimentary copy of the Record with an Assist a Student insert will be sent annually.



Kimberley Leadership and Cultural Experience

It is with great pleasure that we announce the first Mercy Regional College Immersion trip to the Kimberley.

As with any project undertaken by the school it is based highly on the core values of our school, specifically those of: Community, Inclusiveness, Justice and Mercy. At its essence, our trip to the Kimberley's is designed to provide an immersion experience for interested students. The trip is planned to run Monday 19th October, until Monday, 2nd November 2015 and will be open to Year 8 and 9 students.

This program will use sport as the catalyst to develop leadership skills and a greater understanding of our Indigenous story. Fourteen students and staff will be working with students from Beagle Bay, Fitzroy Crossing, and Halls Creek. Our students will conduct a number of sporting clinics and also support classroom teachers with Numeracy and Literacy. Our students will also be given the opportunity to participate in The Cricket Australia - Clontarf Beach Cricket Carnival on Cable Beach. This trip will give our students an aesthetic appreciation of the Kimberley but more importantly a connection with the people that they will meet.

The purpose of the trip is to provide an opportunity for students to develop relationships with a remote Aboriginal community. To provide students with the opportunity to immerse in another culture, as they will be introduced to the traditional Aboriginal culture of the area. This will enable our students to develop relationships which will broaden their understanding of cultural groups within Australia.

Kimberley Leadership and Cultural Experience

**Will be held at
7pm on Monday 1st June 2015
In the McAuley Campus Library**

Interested students and their families are very welcome. Members of the school Leadership team and I will explain the purpose and structure of the Kimberley Experience as well as the exciting benefits for staff, students and our school community alike.

Students will be selected on the discretion of the College Leadership Team and the application process. There will be a waiting list if the applications exceed 14.

We look forward to seeing you there,

Mr. James Castles
Head of O'Keeffe Campus



Head of Teaching & Learning – Senior School

Mr. Lachie Lee

Expectations for VCE

As the term progresses and we approach the end of Units 1 and 3 it is timely to re-address the expectations that face our senior students studying VCE and VCAL. There is no doubt that our students are accepting the demands of their studies and we feel that most are facing up to the challenges in a positive way.

It is important to understand that with five weeks of this term left, then ten in the third term the end of courses of study is in sight. Students need to remember that when they leave the school grounds at the end of the day their studies are not finished; anecdotally, we see students' Maths and English books left on desks at the end of the day when we know that homework has been set and then find that the same students are falling behind in their work. Also, a good guide to how much work should be done at home might be to say that students doing a 3/4 subject are expected to do forty five minutes of homework for that subject nine times a fortnight. This mirrors the face to face time of the student in class.

Holidays for Unit 3/4 students are a great opportunity to get ahead. Students should try to do at least 15 hours of study per subject, doing that holiday homework that is set by their class teacher, revising work done in first semester, doing review questions and perhaps trying some past papers as well as re-reading texts for English or Literature. In addition to these expectations there are revision sessions which are advertised by commercial providers and which may be helpful to students. Sometimes, however, it might be a better use of time for the student to remain at home and work on their set tasks as a priority. The main point is that students should keep up with the set work otherwise it is very difficult to catch up.

We'd like to remind all that the library is open every afternoon until 4.30pm and students can avail themselves of teachers' help so we really encourage them to use this opportunity. Students need to have some form of study plan and indeed a weekly timetable of all their commitments. These plan formats can be sourced at school or on the internet.

Finally, with the school workload, work commitments, sport, family and social commitments, we know that students can become quite stressed and fall ill. We are seeing evidence of this at the moment. It is very important to strike a balance between all aspects of life and to enjoy what they are doing. It is a wonderful time of life looking forward to a bright and exciting future but everything must be kept in perspective and nothing will be achieved without hard work.

From Lachie Lee, Lesa Thornton and Stacey Hillman and the Senior Homeroom teachers.

Term 2 Dates

Monday 25 May

- * HSSSD Cross Country

Tuesday 26 May

- * Social Justice dress-up day

Wednesday 27 May

- * Year 11 & 12 Legal Studies excursion
- * Clay Shooting in Ararat
- * Year 11 & 12 Legal Studies Excursion

Thursday 28 May

- * Year 9 RIST Wool Overview Program
- * Year 10s Macbeth Performance

Friday 29 May

- * Unit 3 Food Tech TOP SATS Excursion

Monday 01 June

- * Year 9 Try a Career Day
- * Premier's Reading Challenge Luncheon, O'Keeffe Library

Tuesday 02 June

- * Year 8 Retreat

Wednesday 03 June

- * Premier's Reading Challenge Luncheon, McAuley Campus
- * Year 11 Street Retreat

Thursday 04 June

- * Year 11 Street Retreat

Monday 08 June

- * **Queen's Birthday holiday – Student Free day**

Wednesday 10 June

- * VCE GAT
- * Year 11 Street Retreat

Thursday 11 June

- * Year 11 Street Retreat

Friday 12, Monday 15 & Tuesday 16 June

- * Year's 8, 9 & 10 Exams

Tuesday 16 June

- * MRC Board meeting 7:30 PM

Thursday 18 June

- * **Correction Day - Student Free day**

Friday 19 June

- * Year 11 Excursion to Holocaust Museum

Tuesday 16 June

- * Year 10 - Deakin University Warrnambool Science & Engineering Challenge

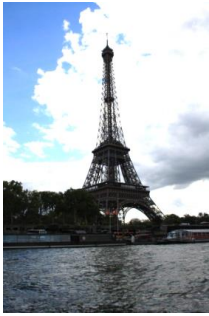
Thursday 25 June

- * Term 2 concludes for students

Friday 26 June

- * Term 2 concludes for staff

MRC FRANCE AND BELGIUM BATTLEFIELDS TOUR 2015



My focus this week is on the battlefields and the enormous cost in lives of the war. The central theme of our tour of course is the Australian involvement in the Great War on the Western Front but this needs to be put into the wider context of the efforts by the armies of France, the British Empire and their opponents, the German Empire.

It is interesting to note some of these statistics. The British Army launched four great offensives on the Western Front in the First World War. These all occurred during and after 1916 and all involved numerous individual battles and the AIF contributed to all. On our tour we will visit sites which are a part of each of these offensives.

In chronological order, the offensive known as the Battle of the Somme began on 1 July 1916 and lasted until 18 November 1916. Over this period of 141 days the British Army (including the Australians) had 415,000 casualties. This is a daily rate of 2,943 casualties. Of these 23,000 were Australians. In six weeks the AIF sustained approximately the same number of casualties that they suffered at Gallipoli in eight months. The Battle of Arras was from 9 April to 17 May 1917, lasting 39 days and with 159,000 casualties-a daily rate of 4,076. Later in 1917, the Third Battle of Ypres (also known as Passchendaele) began 31 July and after a promising start fizzled out in the rain and mud on 12 November 1917. This series of battles lasted 105 days, cost 244,000 casualties which is a daily cost of 2,323 casualties per day.



Again, the AIF was in the thick of things and the cost to Australia was 38,000 men. I think that, with no foreseeable end to the war in sight, the horrendous casualties and the civil unrest at home, 1917 would probably be seen as the worst year of the war. The Final Offensive of 1918, from 8 August to the 11 November (sometimes known as the Hundred Days) cost 350,000 casualties in 96 days. This was a daily cost of 3,465 men and resulted in the Australian Corps having to disband battalions as they became unviable due to the losses. These figures come from the book Cheerful Sacrifice: The Battle of Arras 1917 by Jonathan Nicholls, (Pen and Sword 1993, Barnsley, UK p211).

Our visits to Pozieres, Fromelles, Bullecourt, the battlefields and cemeteries around Ypres and places such as Villers Bretonneux and Hamel mean that we will be in close contact with the sites of all these great offensives. We will pay tribute to those who died at these places, in the cemeteries and at the memorials to those who have no known grave-or are "known unto God".

One of the most interesting and, at the same time, poignant cemeteries is at Langemark near Ypres. This cemetery is a place where the remains of many of those German soldiers were collected after the war. There are 44,000 German soldiers buried here and in one mass grave lie the remains of 24,000 soldiers. It is a different site from the British cemeteries with their white headstones and quietly reflective atmosphere. This place has a brooding ambience and is quite dark in style and nature. Hitler and Goering both visited here in 1940 when Germany had again invaded Belgium and, Goering in particular, returned a number of times.



This seems a sad note to end on today but it is important to see the tragedy of the Great War from all sides.

Head of Sport

Mr. Matt Harkin



Daniel Kenna at the State Golf

On Monday Year 11 student Daniel Kenna represented the college at the senior state golf championships. Despite being slightly sheepish about the result, Daniel did extremely well. Of the 91 competitors Daniel managed finish 8th off the stick and 2nd overall on net result. This is a fantastic effort

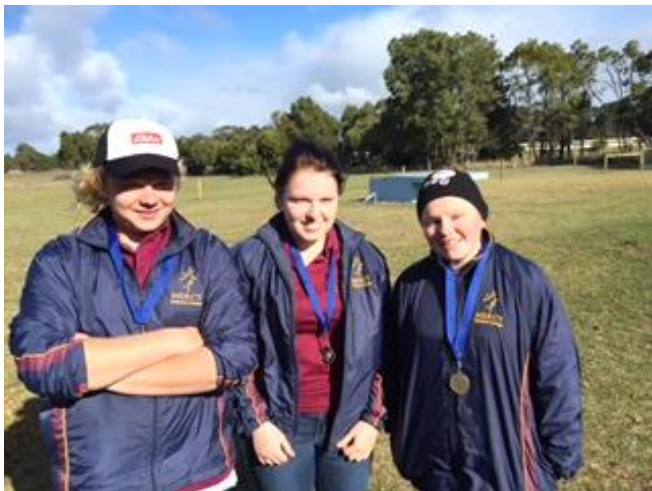
considering it was a statewide event.

Clay Target Competition Colac

On Wednesday 13th May, a strong contingent of Mercy shooters braved the elements at the Colac Clay Target Competition. All competitors shot well and Mercy had some great results with -

- Ethan Domney being the overall champion.
- Luella Foster winning senior girls section.
- Hannah Whytcross finishing second in the junior girls.

Thanks to Dean Ludeman for organizing and attending the event.



Mercy House Cross Country

Monday 18th May, in glorious conditions, the running of our house cross country occurred. The 4.8 km course from Terang to Noorat was in fantastic condition and the students who attended participated fantastically well. It was great to see staff and parents also being involved in completing the course.

Breaking a five-year winning streak by Frayne it was **Tindley who were the overall winners!!!**

Individual champions on the day were:

U13 Olly Darcy & Zali Searle
U14 Xavier Mungan & Tully Watt
U15 Nick O'Connor & Nina Parker
U/16 Lachie Davis & Harry O'Sullivan & Claudia Lee
U17 Paddy Bourke & Kate Hallyburton
U20 Seb Hulme & Brie Reichman

Well done to all winners and thanks to the staff and parents who assisted on the day.

Hampden Cup Football and Netball

A great day was had by our year 7 and year 8 netball team. Both teams went through the competition undefeated which saw them win the day overall.

Our year nine football team also did very well, in very trying conditions the boys managed to beat all other schools except for the Cobden Tech. This left them in second place for the day.

Student behaviour and sportsmanship was excellent throughout the day. Libby Moloney and Ruby Suhan did a great job umpiring the netball and Tate Tregae-Copeland braved the elements and umpired the footy marvelously. Thanks to Bethany and Em for looking after the netballer.



Upcoming events

- Friday 22nd May Tully Watt competing in Equathon at Mount Martha
- Monday 25th May HSSSD Cross Country
- Friday 12th June Greater Western Cross Country

Street Retreat Team Four

On May 13th/14th nine eager students from Year 11 took to the streets of Melbourne along with Mrs. Melissa Brisbane and Mrs. Jo-Anne Saunders to help at the **Vinnies Matthew Talbot Soup Van**.

Each of the students took on this challenging role with a great deal of maturity. They made sandwiches, served soup and gave away gifts of warm socks, scarves and beanies. Most importantly they shared conversation and kindness with those who are often feeling disconnected from society. The evening was cold but we managed to avoid heavy rain. The students reflected on their experience the next day at ACU and had the chance to speak about what had surprised and challenged them, and how this experience had changed their perception of homelessness.

Here are some of their thoughts:

Chelsea: *It was a real eye opener and is a great experience to be part of.*

Lieke: *It was good to communicate with the homeless people and get to know how they live.*

Austin: *It was fun.*

Lachie: *It was a great experience and something to make you think!*

Elly: *It makes you realize how lucky you are.*

Zoe: *Volunteering on the Soup Van was an experience I will not forget.*

Indi: *An eye opener to make you realize that we are very lucky.*

Claire: *Street Retreat was a great experience, as none of us have been exposed to this sort of thing before.*

Michael: *It was an eye opening experience that I will not forget, nor will I forget how lucky I am.*

Each of the students displayed the Gospel values of mercy, compassion and preferential treatment of the poor, showing an ability to work in a team environment with other Vinnies volunteers.



Parent Street Retreat

That is four student teams down and six student teams to go this year, plus the Parent Street Retreat on Monday 21st September (During the school holidays). Leaving Camperdown in a mini bus at 1:30pm on Monday and returning the following day at 2:30pm.

Staying at "The Nunnery" backpackers Hostel in Nicholson Street. Approx. cost is \$50.00.

If any parents are interested in experiencing the Soup Van for themselves there are still three spots available. Please email jsaunders@mercy.vic.edu.au

Head of Teaching & Learning – Junior School

Mr. Dan Glennen

As part of our continual review of Teaching and Learning practices, we are currently reviewing the homework expectations of students. This is across all year levels and will provide an explicit set of guidelines and greater level of understanding around homework.

This information will be distributed to students and families shortly. The greatest point of contention for many is - what constitutes homework? Homework has many forms, each with varying outcomes.

Types of Homework

- **Tasks set by the teacher**

This homework is set by the teacher in class to be completed by sometime in the near future. Typically, this type of homework is given to provide students with the opportunity to evaluate (and perhaps extend) their understanding of the work covered in class or as preparation for the next lesson;

- **Longer term assignment work**

Students regularly have an assignment or two in some stage of completion. They must learn to break the assignment task into a number of subtasks and then set aside time to complete each subtask. Students must avoid leaving assignment work until the last moment;

- **Work not completed in class**

Enables students to finish tasks independently and ensure that they are up to date for the next lesson;

- **Study or revision**

This type of homework is not usually instigated by the teacher. Instead it is the homework that students must work into their weekly plans to ensure that they revise and consolidate what they have learned so far.

Year 9 Excursion to Sovereign Hill

All Year 9 students recently travelled to Sovereign Hill in Ballarat as part of their History and Active Learning studies.

The aim of the trip was to provide students with a hands on experience of life on the goldfields, migration to Victoria, the impact of the Industrial Revolution and the advancement of workers' rights and democracy in Victoria in the mid-1800s.



As you can see from the students' comments, they all had a great day.

It was cold, wet and almost unbearable but then... We reached the lolly shop... *Hallelujah music comes on* But seriously, the treasure hunt was amazing fun, and I, who usually fail amazingly at such things did pretty well. The whole day was fun, and apart from keeping me bedridden for a week the trip to the lolly shop, the candle store... Petting the horses, going down the mines. Well, it all made up for having to have to exert my legs to such extreme torture with that hill!

Faith Thornton 9B

Sovereign Hill was really good. I enjoyed the free time and the tours were educational as well. I learned that the Industrial Revolution came into play during the Gold Rush. The free time was my favourite part of the day.

Lily Cain 9C

I really enjoyed the day at Sovereign Hill.

Sarae Hickey 9C

I really enjoyed the day. It gave me a chance to learn some more people's names, as I am new to the school. I enjoyed watching them make the lollies and candles. Making the candles is very time consuming.

Lilly Hose 9B

I thought it was a great and fun day. I liked how we got lots of free time and it was great when we tried on the olden day dresses.

Kate Gaut 9C

I learned lots of things about steam engines and how lollies are made. I had a very good day overall and enjoyed it a lot. I had a good time with my friends.

Georgia Darcy 9C

I learnt how to melt gold. Overall the day was good, fun and energetic. I liked talking to the people and taking photos with the workers. Lola Montez took a selfie, and we had a ride in a horse and cart.

Alexandra Smith 9C

I learnt that 1 out of 5 diggers were Chinese, and that after the gold ran out many of the Chinese men went home to their families. Everything on the excursion went really well and each time I go back to Sovereign Hill I learn something new. We had fun talking to the people who work there, like Constable Mick, Mike who worked at the bowling alley and Brian in the candle shop. It was good that we got to wander around and experience the gold pour and Red Hill mine in our groups. We had a fun yet educational day.

Sarah Pekin 9B

Going to Sovereign Hill was a fun way to learn about the ways of life during the Gold Rush and the Industrial Revolution, and living back in the 1880s.

Meg Kenna 9B

The day was an educational experience despite me visiting Sovereign Hill several times before. I enjoyed asking the workers about what the gold rush was like. I think we could have completed the booklet as a group activity after the trip. I learnt that there were a lot of Chinese immigrants looking for gold and they named Ballarat 'New Gold Mountain'.

Martin Robbins 9B

Today I would say was quite a success for me. I learnt a moderate amount of new information on Sovereign Hill – the people there and the conditions years ago. It was a good place to learn about the Industrial Revolution in the education session, the discovery of gold and a bit on the Eureka Stockade. It was a great day to learn, explore, buy lollies, buy a mother's day present and to have fun. It was a very productive day.

Joshua Newcombe 9B

Our day at Sovereign Hill was, in my opinion, a very enjoyable one. It was much better than I thought it would be, due to us being able to roam around by ourselves and have a good mix of fun and learning. I liked the fact that it was up to us to do what we wanted and get to the right areas on time. I thought the tours were educational and they gave us a great insight of what it was like in the Gold Rush: the machines, the people, the inventions, the traditions and so on. It was a lot of fun exploring Sovereign Hill and I learnt a lot more about the industrial side of the Gold Rush.

Demby McKenzie 9B



Library News

Mrs. Maureen O'Loughlan - Library Manager

The 2015 Victorian Premiers' Reading Challenge (VPRC) is well under way at Mercy.



Students are encouraged to take part in this challenge which is aimed at fostering and supporting a love of reading – this does not happen automatically – we need to guide and nurture our students along the way!

Basically the VPRC challenges students to read 15 books over a six month period and requires them to keep an online reading log – that's it!

There is no cost involved and it will assist our students to develop independent learning skills. A Challenge 'Launch Lunch' will be held at each campus in early June.

Tips to help our kids learn to love reading:

- Read aloud – to them and with them
- Let your kids know what you are reading
- Allow your child to choose a book and share the reading experience together



PTFA Chocolate Fundraiser

The PTFA Chocolate fundraiser is well under way with boxes having been distributed on Monday 27th April. Funds (\$50 per box) are due ASAP or by Friday 12th June.

Thank you to those families who have already enjoyed their chocolates and sent their \$50.00.

Weekly Career News

TERM TWO

Tuesday 19 May 2015

FOCUS ON SPORTS PHYSIOTHERAPY

Sports Physiotherapists: are qualified physiotherapists who have undertaken further specialised training and education. They assess and diagnose sports related injuries and develop a treatment plan, which may include hands-on therapies and exercise plans.

Where can I study undergraduate physiotherapy in Victoria?

- **Monash University**, Bachelor of Physiotherapy, Peninsula Campus. Entry- ATAR, interview + prerequisite subjects.
- **La Trobe University**, integrated Bachelor of Applied Science/Master of Physiotherapy Practice, across all campuses (only Bundoora and Bendigo have the four year program), entry- ATAR (about 95) + prerequisite subjects
- **Charles Sturt University**, Bachelor of Physiotherapy, Albury-Wodonga Campus, entry- ATAR (about 98), no prerequisite subjects.

If you are concerned you won't achieve the ATAR to gain entry into an undergraduate program, you can study physiotherapy as a graduate degree in Victoria at:

- **University of Melbourne**, Doctor of Physiotherapy, 3-year program.
- **La Trobe University**, Master of Physiotherapy Practice, Melbourne and Bendigo, 2-year program.

You will need to complete an undergraduate degree in an area such as exercise science, biomedical science or general science. You should pick a degree that will have subjects in human anatomy and physiology.

There are two ways to become a fully qualified sports physiotherapist- via an academic pathway or an experiential pathway. For information, go to www.physiotherapy.asn.au/

FOCUS ON EXERCISE PHYSIOLOGY

Clinical Exercise Physiologists: develop exercise plans and services for people living with or being at risk of illnesses such as cancer, mental illness, cardiovascular disease, neuromuscular/neurological disease, respiratory disease, chronic pain and musculoskeletal pain.

From Exercise and Sports Science Australia (ESSA): Exercise Physiologists are the most qualified health professional to prescribe exercise for people with chronic disease.



Video about clinical exercise physiology developed by Deakin University- www.youtube.com/watch?v=uuJfVT1Jw8w

How do I become qualified in Victoria?

- You must first complete an ESSA approved undergraduate degree followed by an ESSA approved graduate qualification.
- Undergraduate degrees currently accredited: Bachelor of Exercise and Sports Science at Deakin University, Australian Catholic University and RMIT.



- You must then complete an ESSA approved Graduate Diploma or Master of Clinical Exercise Physiology, meet all of the required knowledge and skills criteria and have completed the required 500 hours of approved practicum, as outlined by ESSA.
- The following universities have approved programs: Deakin University, Australian Catholic University, Federation University and Victoria University.

OTHER SPORT COURSES

Sport Management: is for students who have an interest in both sport and business (including management, marketing, elite athlete management, events, facilities management, tourism, accounting etc.). Different institutions offer different majors or specialisations, so make sure you do your research.

Sports Engineers: design and develop sports equipment and apparel; design products and develop solutions to enhance the performance of athletes; and are at the forefront of designing new sports technologies for elite athletes. Students typically study human movement sciences, and electronic, mechanical and software engineering.

Sport and Recreation Management: students can typically specialise in areas such as outdoor recreation, recreation management, tourism, facilities management, policy development and events management.

Sports Development: students learn how to promote sport in the community and increase the level of participation in sports for different cohorts such as young people and people with disabilities. Sports development officers create new and innovative sports programs or work for existing organisations to run their programs in the community (i.e., AusKick)

Sports Journalists: undertake research on sporting events and issues and report on them via various media mediums (e.g., print, broadcast, radio). Students generally have to complete a journalism degree with a sports specialisation within the degree or as a graduate program.

Other sports careers include Sports Psychology, Exercise Rehabilitation, Sports Coaching, Physical Education Teaching, Fitness and Personal Training, Sports Science etc.



To search for sports related courses and university prerequisites, go to Hobson's Course Finder at- www.hobsonscoursefinder.com.au/

Or the Victorian Tertiary Admission Centre (VTAC) archived search at www.vtac.edu.au/

FOCUS ON GLOBAL COURSES

Are you eager to learn about other countries and cultures? If you want to undertake a university degree with a truly global focus, the following courses may suit you:

- **Bachelor of Global Studies, Australian Catholic University:** you will undertake a semester of studies overseas in the third year of your degree, and combine the degree with either Arts, Business Administration, Theology, Law, or Applied Public Health, <http://tinyurl.com/ksyfbdm>
- **Bachelor of Arts (Global), Monash University:** you will spend between one to three semesters on overseas exchange at an international Monash campus or partner university. You can combine the degree with Commerce or Science or complete it as a single degree, <http://tinyurl.com/kczyvry>
- **Bachelor of Asia Pacific Studies (Year in Asia), Australia National University:** you will undertake a major or minor in one of 13 Asia-Pacific languages and undertake a year of studies overseas at an Asia-Pacific partner university, <http://tinyurl.com/ljnvf3u>



- **Bachelor of European Studies, Australia National University:** you will undertake a major or minor in one of 6 European languages and undertake a semester of studies overseas at a European partner university, <http://tinyurl.com/ltnhkhf>
- **Bachelor of International Studies, Deakin University:** you can undertake a professional internship with an international organization overseas or in Australia, study an in country language program, and/or complete a global student exchange, <http://tinyurl.com/m4tq2od>
- **Bachelor of International Business, RMIT:** you can undertake 2 – 3 week study tours to Europe, North America or Asia, undertake part of your degree at RMIT's Vietnam campus, complete a language major, and/or undertake a semester of exchange at an overseas partner university, <http://tinyurl.com/lxxpfhw>

FOCUS ON DEFENCE FORCE TRADES

Did you know that you can undertake technical trades and apprenticeships in the Army, Air Force and Navy?

The following are some examples (all information has been taken from the websites listed below):

Army Trades, <http://tinyurl.com/moz7lku>

- **An Aircraft Technician** is a multi-skilled soldier who is responsible for inspecting, testing, repairing, rebuilding, refurbishing, modifying and recovering Army aircraft airframes, engines and ancillary equipment. They also conduct limited inspections and repairs on aircraft safety equipment and armament.
- **An Electronics Technician** will inspect, diagnose, repair and maintain radios, optical instruments, navigational aids, laser range finding equipment, electronic surveillance equipment, medical and dental equipment, electro-hydraulic systems and electro-mechanical systems.



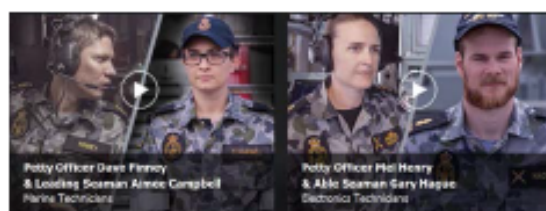
Air Force Trades, <http://tinyurl.com/jwf5b5n>

- **An Aeronautical Life Support Fitter:** ensures that aeronautical life support equipment utilised within the Defence environment is correctly fitted and maintained to ensure operational airworthiness and mission capability. Fitters are also responsible for conducting aircrew and passenger training on the application of aeronautical life support equipment.
- **Motor Mechanic (Ground Support Equipment Technicians):** are involved in the maintenance of motor vehicles, aircraft ground support systems, aircraft arrester systems, materials handling equipment (forklifts/aircraft loaders), refuelling equipment and installations, diagnosis and rectification of faults in mechanical, electrical and hydraulic systems and the testing and servicing of ground support equipment, workshop plant and machinery.

FOCUS ON DEFENCE FORCE TRADES

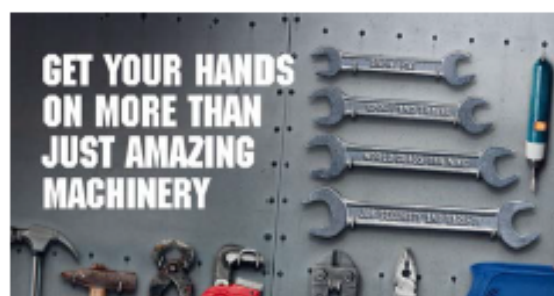
Navy Trades, <http://tinyurl.com/l7ttann>

- **An Electronics Technician Marine Submariner** will operate, maintain and repair all torpedoes, missiles, radar, sonar, navigation, combat data, communications, surveillance equipment and other electronic systems on board the sophisticated Collins Class submarines.
- **A Marine Technician** will operate, maintain and repair the ship's machinery, gas turbines, diesels, ventilation, as well as power generation and distribution, and electrical control systems.



What next? If you are interested in undertaking a trade in the Defence Force, you could do the following:

- Explore the weblinks provided, read the job descriptions and watch the videos.
- Ensure you pick the right school subjects to ensure you are eligible to apply for the trade you are interested in.
- Call into your local Defence Force Recruiting Centre and speak to a military career counsellor.
- Book a Your Options Unlimited (YOU) session to start the application process.
- Join the Defence Jobs Facebook page to stay up to date with upcoming events and information- <http://tinyurl.com/o94m7ko>



VOCATIONAL & HIGHER EDUCATION NEWS

Interested in classical music AND music technology? Monash University has introduced a new Creative Music Technology major into their Bachelor of Music degree. The major focuses on the creative application of technology within professional music, sound, broadcast, multimedia and performance. For information about this exciting major and to join the student blog, go to <http://tinyurl.com/knm6f5j>

Monash University Information Evenings: Monash staff will be travelling to select locations around Victoria in June and August, and will be speaking to prospective students and their parents about courses, scholarships, accommodation, pathway programs, and student services etc. For upcoming dates and venues, go to <http://tinyurl.com/n2dlulx>

New apprenticeship mentoring program at RMIT: all students undertaking a pre-apprenticeship, traineeship or apprenticeship through RMIT will now receive mentoring by RMIT staff. With about 50% of students not completing apprenticeships, mentoring can often make a huge difference in completion rates. For information, contact Debbie Reynolds, Apprenticeships and Traineeships Manager, RMIT, debbie.reynolds@rmit.edu.au



Minimum ATARs for University of Melbourne courses have just been released for general undergraduate entry. Please note the receiving the ATAR stated will not guarantee you entry into the course.

Arts	85
Science	85
Commerce	93
Biomedicine	96
Environments	85
Agriculture	70
Oral Health	85

Fine Arts and Music have other selection criteria besides just the ATAR. Guaranteed ATARs for Access Melbourne students are yet to be released. For information on Access Melbourne and to find out if you are eligible, go to <http://tinyurl.com/lr2yh73>

UPCOMING EVENTS

National Youth Science Forum (NYSF): Are you in Year 11 and have a passion for all things science? You should consider applying for the NYSF. This is a two week residential program where students are immersed in hands-on science activities, lab experiments, field trips and meet professors who are leaders in their field.

Online applications are due by 31 May and your application must be endorsed by your local Rotary club. The two-week program will be held at Canberra during January 2016. For more information, go to www.nysf.edu.au/



Shifting Gear with RMIT Design Workshops: Enjoy a day of hands-on design at the National Gallery of Victoria (NGV) and a tour of the Shifting Gear: Design, Innovation and the Australian Car exhibition. RMIT has teamed up with the NGV to deliver workshops for year 10 – 12 students and is recommended for those studying Visual Communication and Design and Product Design and Technology subjects.

- **Option 1: After Auto Mobility** – Design a sustainable transportation vehicle for a post car world: In this workshop you will design a sustainable transportation vehicle for a post car world.
- **Option 2: Automotive Engineering - Crash Testing for Dummies and Crashworthy Vehicle Design.** In this crashworthy vehicle design activity you will explore the ideas used to design cars that better protect drivers and passengers and put these ideas to the test.

The events will be held Monday 1 June until Friday 12 June. For information, go to <http://tinyurl.com/k8zheyw>



UPCOMING EVENTS

RMIT Experience Days: Many of the seminars are now full. The following events still have places left

Business	29 June
Engineering (City)	29 June
Engineering (Bundoora)	2 July
Health & Medical Sciences	30 June
Music, Sound & Live Production	1 July
Science	1 July
Sustainability & Environment	2 July
Project Management	3 July

To book your place, go to, <http://tinyurl.com/llo4tbx>

UniExperience Melbourne: If you are in Year 11 you may have the opportunity to apply for the two-day UniExperience Program being held at the Parkville Campus on Thursday 9 – Friday 10 July. Cost is \$100 and the program includes:

- One night accommodation and meals
- A guided campus tour
- Information on Melbourne courses
- Social activities organized by current University of Melbourne students
- Workshops on the transition to university, student support, accommodation, scholarships, and study tips.

To find out if you are eligible and to apply, fill out the online application form by Friday 19 June at www.futurestudents.unimelb.edu.au/uniexp

Career Discovery program in Fashion and Textiles at RMIT: This course, running in the July school holidays, will assist you in selecting the most appropriate RMIT Fashion and Textiles program and career option. This two day workshop for year 11 and 12 students will include hands-on workshops and discussion topics that may include: Trend Forecasting, Fashion Creative Processes and Ideas Generation, Developing a Visual Diary, Digital Technologies and Textile Design. The event will be held Wednesday 8 July – Thursday 9 July. To register, go to <http://tinyurl.com/k8qazee>

Picture below- RMIT Fashion Hub



UPCOMING EVENTS

Upcoming Events: May

- **Focus on Melbourne University Seminars,** various dates, <http://tinyurl.com/pcscogf>
- **At Monash University Seminars,** various dates, <http://destination.monash/at-monash/>
- **27: Careers in Sports Medicine,** Olympic Park Sports Medicine Centre, AAMI Park Stadium, <http://tinyurl.com/m26n4yk>
- **31: Medicine, Dentistry, Oral Health Showcase,** University of Adelaide, <http://tinyurl.com/mq99okw>

Upcoming Events: June

- **MyDays, Charles Sturt University:** Agriculture (12), Communication & Creative Industries (23), Policing & Criminal Justice (29), www.csu.edu.au/qo/myday
- **Information Evenings,** Monash University, various dates and locations, <http://tinyurl.com/n2dlulx>
- **2: Information Night,** Deakin University, Geelong Waterfront, <http://tinyurl.com/p465p85>
- **19: Experience Day,** La Trobe University, Albury-Wodonga, www.latrobe.edu.au/experience
- **19, 20: Open Day,** Whitehouse Institute of Design, Melbourne, <http://tinyurl.com/7nk2vrc>
- **24: 2015 Environmental and Marine Careers Expo,** Melbourne Aquarium, www.melbourneaquarium.com.au/schools
- **27: High School Workshops,** JMC Academy, Melbourne, www.jmcacademy.edu.au/
- **29: Science in the City & Laboratory Tour,** RMIT, Melbourne, <http://tinyurl.com/pvsq8fi>
- **29, 30: Experience Days,** Australian Catholic University, Melbourne (29) and Ballarat (30), www.acu.edu.au/97108
- **30: Discover Deakin,** Melbourne Campus, <http://tinyurl.com/q3yaqln>

NOTICES

PLAYERS WANTED

Cobden Night Netball

C Grade- Grade 2-4

Wednesday from 4:30pm onwards. Starting- Wednesday 15th July (for 10 weeks). Ending- Wednesday 16th September

B Grade- Grade 5-7

Wednesday night if enough interest 6pm onwards.

Seniors- Open Age

Monday or Wednesday night if enough interest.

All names due by Friday 29th May

Ring or text teams/individual names to:-

Janelle Smith 0409 423 687 or Ella Howard 0488 057 000.



DRUG AWARENESS NIGHT

Jim O'Brien is one of Australia's leading and informative speakers on the topic of drug awareness.



Presenter: Jim O'Brien

Our communities have combined together to educate our members with the knowledge to make the right decisions for the benefit of their health and safety.



John Dingle from 'Looking After Our Mates' provides us with information to reduce the harms associated with alcohol and other drugs in our local communities.

*We believe
this is
everyone's
responsibility.*

Friday 22nd May, 2015 - 7:15 pm sharp

No Cost - Light Supper Supplied - All Welcome

Venue: 5 Star Function Centre,
Leura Oval, Adney Street, Camperdown

Enquiries:

Terang: Frank 0419594534 / Matthew 0407258096 / Joe 0417101103

Cobden: Tracy 0439952014 / David 0419360735 / Paul 0409523494

Camperdown: Peter 0474035614 / Rob 0419537627 / Lisa 0407850563 / 55931000



BRIDGET JONES'

Girls Night In

Saturday

11th July 2015

Tickets Available From Friday 15th May
to Saturday 4th July from:

Camperdown Woolworths
Michelle Unwin
Debbie Wishart

Cooinda Terang
Ph: 5592 1533

Laffs Camperdown
Ph.: 5593 1469

Tickets on or offline also available from
Janine Pearce on 0413728687
or janinepearce@live.com.au

What Can You Expect?

- ♥ Door Prizes
- ♥ Raffles
- ♥ Trivia
- ♥ Food
- ♥ Silent/Live Auctions
- ♥ A fun filled viewing of
the Bridget Jones Movie
- ♥ Prize for Best Dressed
- ♥ Photo Booth
- ♥ Karaoke Competition
- ♥ Disco to finish off the night

*Bringing together women
from all walks of life
for a good cause.*



proudly supporting
**The Royal Children's
Hospital Foundation**

and



Five Star Function Centre
Adeney Street, Camperdown
(Camperdown Football
Netball Club)

5:00 pm-12 Midnight

Entry: \$25
Pre-booking required for
catering purposes

Drinks at bar prices

Dress:
Bridgette Jones Style
(optional)

Bring:
Plenty of gold coins

Our thanks to major sponsor



and all the local businesses
who have contributed
to this fundraiser

INFORMATION NIGHT

TERANG HARNESS RACING OWNERS,
TRAINERS & SUPPORTERS GROUP

TERANG HARNESS
RACING CLUB

"Dr Peter Huntington"
Kentucky Equine Research

& Vet Paul Kavanagh



Wednesday 3rd June 2015 - 7.30pm

Terang Harness Track 'Up Stairs'

\$5.00 Non T.H.R.O.T.S or T.H.R.C members

with Supper Provided

Members free, please bring a plate of Supper!



MEMBERS DRAW
NEW MEMBERS WELCOME
RAFFLE
LUCKY DOOR PRIZES
GIVE AWAYS



Marg Lee - 0417922747

Nick Lenehan - 0418 360 590

Ashlea Wines - 0448910565

Chris Barks DJ:

- Event Sound and lighting
- Discos
- Birthday Parties
- Weddings
- Engagements
- Other Social functions

0459 696 802

cbchristopher146@gmail.com

 Like us on
Facebook

Rampage Disco, Camperdown Feb 27 2015

FUN