Our Vision
Mercy Regional College serves a wide rural community which values growth and diversity in Catholic Education in the Mercy tradition.

Our Mission
In the Spirit of the Gospels we commit ourselves to the core values of community, inclusiveness, learning, care, justice and mercy, excellence and achievement.

Our Focus for 2015
“Through the Mercy tradition we encourage our community to seek knowledge, to nurture curiosity and to love learning”.

From the Principal
Our newsletter with a prayer focused on the plight of refugees and victims of war. I was reflecting this morning on a possible ray of hope arising out of the dreadful crisis in Europe over recent weeks; that is, that it has forced all Australians to realise again the desperate situation that most refugees find themselves in. Rather than refugees and asylum seekers being simply a debate dominated by national self-interest and fear, we have rediscovered compassion, hospitality and bipartisanship. We should never forget that each of our families came to this land as refugees and migrants, as people seeking a safer, brighter and more hope-filled future.

Prayer for Refugees and Victims of War
Lord God,
No-one is a stranger to you
and no-one is ever far from your loving care.
In your kindness,
watch over refugees and victims of war,
those separated from their loved ones,
young people who are lost,
and those who have left home
or who have run away from home.
Bring them back safely to the place
where they long to be
and help us always to show your kindness
to strangers and to all in need.
Grant this through Christ our Lord.
Amen.

Buildings Update
Although from the outside in recent weeks, little appears to have changed with Stage 1 of our building works, significant progress has in fact been made. We have received notification from our builders, Nicholson Constructions that they expect to complete works in the first couple of weeks of next term at which point the building will be formally handed over to Mercy Regional College.

Most internal works – painting, flooring, joinery, tiles, and electricals - are nearing completion and the builders will spend the upcoming holidays focused on moving the canteen from its present site into new facilities adjacent to the College’s commercial kitchen.

At this stage, we hope to have classes in the new rooms in November with an official opening in February 2016.

Mercy Regional College MacBook Program
With this week’s newsletter, all families should have received a copy of a paper outlining the details on the College’s MacBook program and, in particular, the specifications and purchase options for students entering Year 7 & 10 in 2016. There will be further information coming to you through next term as well as hard copies of this document. Please make contact with Mr. Chris Grant or Mr. Daniel Beard at the College if you have specific questions on next year’s rollout.

Car Raffle
Mercy Regional College’s major fundraiser, the Car Raffle is well underway. I encourage all members of the immediate and broader Mercy community to return you sold raffle books as soon as possible in Term 4. Your children are the direct beneficiaries of the facilities and programs that are made possible by the $40,000-50,000 raised each year by the car raffle and, as such, will be those affected if raffle sales are not supported.

This support extends beyond simply buying/selling a book of raffle tickets, it is reflected in the need for most families to assist by selling tickets at the designated car raffle sites in your local towns.

Any parent or member of the Mercy community who has questions on the car raffle is asked to make contact with us at the College office.
Planes, Trains and Automobiles
As I write, around 40 Mercy students and staff are currently in France as part of Mercy Regional College’s third biennial Battelfields tour. Once again, the group is in the more than capable hands of Mr. Lachie Lee and we wish them all the very best as they complete this fantastic experience over the next week.

Preparations also continue for those students and staff involved in next term’s inaugural Kimberley trip and next year’s Cambodia Immersion trip. Both of these have held or will shortly hold information evenings for students and parents and the preparation going into each endeavor is impressive.

Lake-to-Lake Fun Run
Advance warning and a warm invitation to all members of the Mercy community to join us at next month’s Lake-to-Lake Fun Run. The fun run is a major initiative of the Year 12 student leaders and all funds raised will be donated to a local health service. The fun run will be held on Sunday 11th October from at the Camperdown Golf Club with registrations from 1.00 – 1.45pm. There will be 4 km and 8km run and walk events with a range of age category prizes to win. In addition to the physical events, there will be a range of other activities as well and food and drink stalls.

Canteen
Parents please note that there will be no Canteen on Monday 5th October when student’s return for the first day of Term 4.

Important Dates
A reminder about some important dates regarding the end of the 2015 school year and the start of 2016:

Monday 5th October
• Start of Term 4 (all students & staff)

Wednesday 21st October
• Final day Year 12 (Mercy’s Got Talent & Year 12 assembly)

Wednesday 7 October
• Year 9 Melbourne Camp

Thursday 8 October
• Year 9 Melbourne Camp

Friday 9 October
• Year 9 Melbourne Camp
• Greater Western Athletics

Monday 16th November
• Start of Year 12 2016 Transition

Friday 27th November
• Year 11 students conclude

Tuesday 1st December
• 2016 Year 7 Transition Day – no classes for current Year 7 students

Thursday 3rd December
• Mass of Thanksgiving and Awards (St Thomas’ Church, 7pm).

Friday 4th December
• Years 7 – 10 students conclude

Thursday 10th December
• Teaching staff conclude

Tuesday 15th December
• College office closes

2016 School Year
Week beginning: Monday 18th January 2016
• College office opens (limited hours)

Wednesday 27th January
• All staff return

Monday 1st February
• Years 7 – 12 students return
**Student Achievements**

- Congratulations to Josh Newcombe (9B) who received a special award on Monday night in Melbourne as part of the Australian Government’s “Growing Tall Poppies” program. The program invites students, teachers and scientist to work together – to increase the number of students studying science and particularly physics to Year 12.

- Congratulations also to Luella Foster (11C) who last weekend in Bendigo won the senior girls clay shooting. Well done, Luella!

- Yesterday, our Year 9 students had a most enjoyable day in Warrnambool for their HPE Active Learning day. The Year 9’s also travelled to Terang during the week to visit the local RSL.

- Also, yesterday, our Year 8 students participated in a range of activities for Medieval Day that provided context to their recent Humanities studies.

Hoping that all students, staff and families have a restful and rejuvenating school holidays.

Yours in Mercy,

**DR. DARREN EGBERTS**

**PRINCIPAL**

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**Year 11 Street Retreat another successful year**

After 10 student groups and many nights in the cold meeting and bringing the gift of conversation to others our Year 11s have completed their retreat for the year in the form of participating in the St Vincent De Paul Soup Van out of North Melbourne which services the city and Fitzroy areas.

This is a chance to thank the staff who have attended the program and given of their time to be away overnight for this opportunity to widen the world view of the students. Each time the students are amazed to find that the face of homelessness and stereotypical ideas are challenged.

The people who attend the soup van for some conversation, some food and maybe a warm cup of soup or coffee are often disconnected from society in a number of ways and for a variety of reasons. Many are couch surfing, some are homeless and ‘sleeping rough’ then others maybe sharing a crowded boarding house room or perhaps living in their car.

Some are young, some older, but most look just like any other person walking along a crowded street. Therefore, we are made acutely aware that lives may change in an instant and people who were once comfortable or managing their lives within a home and family situation, can no longer manage. People may need the soup van for a short while or an extended time to fill the gap of ‘family’ and ‘reliability’. This program continues due to the support of the Regional St Vincent De Paul Conferences and we are ever grateful for their interest in the program here at Mercy.

Finally, I would like to thank the many families who have supported the Year 11s in their endeavour to reach out to others by knitting scarves and beanies. This includes community groups from Camperdown, Cobden and Mortlake as well as the residents of Sunnyside House.

To top off a great year of Street Retreats, we have a PARENT STREET RETREAT on Monday September 21st. Eight of our school parents have volunteered to be part of this first experience and we are looking forward to a great opportunity to support the Soup Vans at a time when they have fewer helpers due to the school holidays.
BRICK’s Leadership Program
Mr. Ben Brisbane

Year 9’s students have had the opportunity to get involved in the leadership phase of the BRICK’s (Building Resilience in Corangamite Kids) Program hosted by the Corangamite Shire. This group has been involved in 2 days in the last month to assist them to develop an activity that will create change in kids within their community.

The first day was presented by the Butterfly Foundation and had a real focus on body image and communication surrounding this topic. It was an interactive day and all the Mercy BRICK’s leaders had the chance to liaise with students of the same age from all the other schools in the district.

Day two provided opportunity to begin planning their activity and decide how to address the area chosen. The Mercy BRICK’s leaders have decided to embark on a program that will address the transition from primary school to secondary school at St Patrick’s Primary School and assist with anxiety and stress surrounding this stage of life. They are hoping to use mindfulness techniques to engage the grade 6 students resourcing material from Headspace, SWYS and the Shire.

This is very early is its organisation and we will keep you informed as it progresses.

I encourage next year’s Year 9’s to get involved in making a change at school or wider community. Mental health and resilience in adolescents is an area needing support and to have that support of their peers is a great start. Well done to our new BRICK’s leaders for making a difference.

Literary Day at Noorat
Mr. Luke Bourchier

Year 7 & 8 students were very fortunate to welcome the authors from their respective texts being studied this term. At Year 7, Carole Wilkinson, author of ‘Dragonkeeper’, and at Year 8, Archie Fusillo, author of ‘The Dons’. Students spent the majority of the day working with these wonderful authors.

Both of the authors shared valuable lessons about the writing process, researching, drafting and the enormous amount of work that goes into becoming published. After recess, Carole worked with Year 7 students in a workshop built around developing a setting and a main character for your story.

Students in Year 8 were fortunate to partake in a writing workshop with Archie Fusillo, whose humour and quick wit saw him favoured among many students. His workshop helped the students to learn skills that can benefit them across a variety of subjects in providing focus with their writing.

The staff at Mercy Regional College would like to extend our thanks to Carole and Archie for making the time to travel out from Melbourne (on a rainy evening) to share their wisdom, expertise and overwhelming passion for their craft.
Sports Reports

Basketball Tournament
On Thursday 10th September, a selected group of Year 7 and 8 girls went to the Camperdown basketball tournament. For two days students tried out for the basketball team, there were a lot to choose from. Each team played three games and both the girl’s teams won all their games. We played against Timboon, Camperdown College, Cobden and Terang College. The day was great, we all had fun and enjoyed our time. Our coaches were Bethany O’Sullivan and Mr. Castles, they were great and we would like to thank them for the day.

On 9th November the teams are travelling to Ballarat to compete in the Greater Western Championship. We are all looking forward to this date.

Running Club
Our Running Club students were photographed with David Alley, who is currently running around Australia raising money for the ‘White Cloud’ foundation. He runs 80km a day and has been running for 149 days in a row.

Wisechamps
At the Warrnambool Inter-school Equestrian Marni Kerr 7A was 1st overall in Grade 5 Combined Training.

Last Thursday four teams went to the basketball competition. The boys played in Terang and the girls played in Camperdown. The Year 8 boys ran into a tough Terang team that left them placed 3rd. The Year 7 boys won three out of their four games and tied in a nail biter against Camperdown College but they came first by percentage and are moving onto the next round. The day was well organised and was loads fun.
This week I had the pleasure of attending an award ceremony for the ‘Growing Tall Poppies’ program – an initiative aimed at increasing the number of secondary students studying science at VCE level. Josh Newcombe, Year 9, was one of 8 recipients state-wide. He was selected on the basis of an application made by Leesa Henriksen and Darren Egberts, and on his ideas for science education in our school. Josh plans to get Year 9s engaged with science and maths through fun activities conducted in Domain days. He hopes this will eventually result in more students selecting VCE Science and Maths subjects.

As part of his award Josh will be partnered with a scientist or mathematician mentor, and will also have the opportunity to join the expanding Growing Tall Poppies Program alumni network for workshops and events.

One of the guest speakers was Lauren Ayton who spoke on ‘Blindness, Books, Brains and Bionic Eyes – My Scientific Journey’. She studied optometry at university, but has worked in eye research for a long time, being part of the team who is developing the bionic eye. Her story was amazing, and very inspirational for Josh.

Congratulations Josh, we are very proud of your efforts.

Follow these links for further details on the project, and a clip with Josh as one of this year’s winners.

http://www.growingtallpoppies.com/jtp/
https://www.youtube.com/watch?v=0INpylhYbT0

Josh is presented with his award by Eroia Barone-Nugent, a co-founder of the Growing Tall Poppies initiative.
Year 9 History Excursion
Mrs. Tania Bruckner – Year 9 History Teacher

This week all Year 9 students travelled to the Terang RLS as an introduction to their next History Depth Study on World War 1.

Terang RSL President and Historian, Steve Bloxham, showed students the RSL’s ever-expanding collection of memorabilia and discussed some of the themes of World War 1, including causes of the War, Australia’s involvement in the War (particularly locals), Gallipoli and the Western Front, life on the home front and life after the War. Steve has a special interest in the forensic history of the Western Front in France and Belgium, and told a number of stories that he has helped uncover over the years. Primary and secondary source material is integral in the study of history. The students were able to view many useful sources at the RSL which will help them with their studies. We thank Steve for generously giving his time on four separate occasions during the week to speak with all five classes.

Next term students will investigate a WW1 soldier or nurse. Please discuss this at home with your son or daughter and other family members. It would be great if students are able to begin some research during the September holidays. We can assist students with research also and will discuss some useful resources in class next term.

A visit to the Shrine of Remembrance is on our itinerary for the Year 9 Camp early next term, which will be another wonderful enrichment experience.

9D, with Steve Bloxham, at the Terang RSL this week.


Alexandra Smith, Casey White, Eliza Johnstone and Abbey Tobias-Richardson enjoy looking at some of the artefacts at the Terang RSL.

Tate Trega-Copeland thanks Steve Bloxham.
REMINDER TO PARENTS

School Fee Accounts

Parents are reminded that school fee accounts are due to be paid:

TODAY
Friday, 18th September, 2015

Payment of outstanding amounts (excluding those that are on a payment plan) may be made by one of the following options:

- Cash / Cheque / Credit Card in person at the McAuley Campus office.
- Cheque / Credit Card notification by mail.
- Direct Credit into NAB account in person at a branch or via Internet Banking.

Mercy Regional College bank account details are as follows:

National Australia Bank
BSB number: 083-526
Account number: 5288 99931

Thank you to all parents who have met this deadline already and to those who will after completing their payment plans.

Mrs. Lynn Wadley
Business Manager
5593 2011
The Premiers’ Reading Challenge has been completed for 2015. I am delighted to announce that all students were successful in completing this challenge. Each participant read at least 15 books in just under six months – and some students read many more – as a grand total of 793 books was amassed. This is a fantastic achievement! Congratulations to all students and thank you to the people who have encouraged them along the way. These students have also contributed valuable house points towards the House Challenge that is operating this year. An Enrichment Day to celebrate will be held next term.

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<tr>
<th>Year 7</th>
<th>Year 8</th>
<th>Year 9</th>
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<tr>
<td>Liam Russell</td>
<td>Jordan Gray</td>
<td>Skylar Carpenter</td>
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<td>Marni Kerr</td>
<td>Oliver Wright</td>
<td>Faith Thornton</td>
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<td>Patrick Ryan</td>
<td>Ruby Poustie</td>
<td>Joshua Newcombe</td>
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<td>Sam Darcy</td>
<td>Tess Lourey</td>
<td>Luke Lenehan</td>
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<td>William Elliot</td>
<td>Sarah Marquand</td>
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<td>Imogen Faull</td>
<td>Jessica James</td>
<td>Samuel Bond</td>
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<td>Jasmine Moore</td>
<td>Rebecca Uebergang</td>
<td>Year 10</td>
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<td>Monique McKay</td>
<td>Rysher Swan</td>
<td>Sherry Xu</td>
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<td>Abigail Lucas</td>
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<td>Isabel Rowan</td>
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<td>Jessica Wade</td>
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**Careers Information**

*Mrs. Jenny Phillips*

**Year 12 Scholarship Opportunity**

Applications for the 2016 C.A.S. Hawker Scholarships open on Monday 7th December 2015 and close on Friday 8th January 2016. These scholarships perpetuate the memory of the scholar, soldier, pastoralist and statesman, Charles Allan Seymour Hawker. They are available to all undergraduate students in Australia and are awarded to students based on personal qualities, demonstrated leadership and academic ability. For more information go to [www.hawkerscholarship.org](http://www.hawkerscholarship.org)

**Term Three Careers Focus**

Term 3 has been a busy one in the careers department at McAuley Campus, as Year 10 students made decisions about their VCE program for the next two years and Year 11 students fine-tuned their subject selections to complete their VCE program. All students were interviewed to assist them to choose subjects based on the following criteria: their enjoyment of the course content, keeping their post-school options open and meeting prerequisites for tertiary studies. The students approached these interviews in a positive manner, welcoming the opportunity to discuss their choices and, in some cases, ask for help to make their final selections. The next stage of this process is for students to reselect their studies based on the 2016 blockings that have been released.

On Wednesday 29th August, all Year 9 students attended an information session explaining Vocational Education & Training and School Based Apprenticeship Training. For the next three years, the students will have the opportunity to include one of these options as part of their elective program in Year 10 and as part of their VCE/VCAL program in the following two years. The students and some parents had presentations from MRC, SWTAFE, RIST, Miss Kit and Westvic Staffing Solutions. Following this information session a number of students have decided to pursue VET courses with outside providers, others are investigating the possibility of SBATs, some will do a VET subject offered at MRC, whilst the majority will undertake a VCE Unit 1&2 study.

Term Three is also a very busy term for Year 12 students, as they make decisions regarding their post-school options and continuing career pathway. Those students who wish to undertake further studies at a tertiary level have either submitted a VTAC application, or will apply directly to a TAFE institution, or private provider. Students interested in apprenticeships and traineeships are polishing their resumes and contacting perspective employees. All Year 12 students were interviewed to assist them negotiate this process and they are all doing an excellent job of getting organised for 2016, whilst concentrating on their current studies.

Well done to all the students for taking such a positive approach, regardless of where they are on their career journey.
VOCATIONAL & HIGHER EDUCATION NEWS

Have you considered youth work? The Bachelor of Youth Work at Victoria University is the only youth work degree in Australia accredited by the Youth Workers Association and is the largest course of its kind in Australia. The course is in the final stages of accreditation with the National Youth Association in the UK, meaning graduates will be able to work in Europe.

Students can complete the three-year Bachelor of Youth Work, or the one-year Diploma of Youth Work then articulate directly into the second year of the Bachelor of Youth Work. Students undertake work experience each year of the course and can elect to undertake a double degree with a Bachelor of Sport Management. For information about the courses and entry requirements, go to www.vu.edu.au

Are you looking for casual work? A number of major companies are now advertising to recruit Christmas casuals. This is short-term work and successful applicants shouldn’t expect to have ongoing employment once the busy Christmas period is over. Companies such as Dick Smith, Bonds, Kmart, Sussan and Sportsgirl have been advertising via ‘First10’. To find out about upcoming job opportunities, go to:

- Website: http://bit.ly/1M5VPdS
- Facebook: www.facebook.com/first10group

Missed Open Days? Don’t stress! The following two Universities have recorded their Open Day information sessions so you can watch them from the comfort of your home:

- Victoria University - http://bit.ly/1OPcK4s

VOCATIONAL & HIGHER EDUCATION NEWS

Interested in aviation, becoming a flight attendant, or aviation management? Reach for the Sky Aviation Services have released a book called “The Complete Flight Attendant Career and Interview Preparation Manual”, Australian Edition. The book covers everything from aviation careers to living in Asia and the Middle East, to applying for jobs. To place your order, go to this link - www.reachfts.com

Master of Sports Science (Football Performance): Victoria University offers this highly regarded Masters program for students who have completed a sports science degree and are passionate about rugby, soccer and/or football. Students will further develop their knowledge of coaching, performance analysis, sports ethics and integrity, athlete monitoring and elite sport performance. Job outcomes may include roles such as:

- Director of Sports Science
- High Performance Manager
- Head of Strength and Conditioning

For information on the course, go to http://bit.ly/1F8vNX2

Robertson Scholars Leadership Program: Each year, two Australian students are selected to complete an undergraduate degree at either Duke University or the University of Northern Carolina, both in the USA. The program seeks to assist students who have demonstrated passion and potential to become great leaders in college and beyond. The scholarship is worth $200,000 and is organised through UNSW. For more information and to apply, go to http://bit.ly/1Qc7jUB
Discover your career at RMIT! Participate in a Career Discovery or folio preparation course and get an insight into a particular design industry, the study options available and the selection processes. Courses are offered in the following areas:

- Advertising
- Graphic Design
- Interior Decoration
- 3D Product Design
- Visual Merchandising
- Architectural Drawing
- Drawing Techniques for Design

For more information, go to [http://bit.ly/1k8WAQ3](http://bit.ly/1k8WAQ3)

Science tours at Monash: If you missed Open Day and would like to learn more about science courses at Monash University, you can undertake a science precinct tour during the September school holidays. For dates and to book, go to [http://bit.ly/1Y2sqHJ](http://bit.ly/1Y2sqHJ)

Missed the Federation University Open Day? You can participate in one of two information days running for students and their families during the school holidays. You will be able to explore the campus, speak to current students and lecturers and find out about what FedUni can offer. Dates are 24 and 29 September and you can find more information here - [http://bit.ly/1JxHraD](http://bit.ly/1JxHraD)

Interested in Engineering? Deakin University’s Centre for Advanced Design in Engineering Training (CADET) at the Geelong Waurn Ponds campus is now open. The facility offers some of the best future-focused engineering and design facilities and advanced training capabilities in the Australian university sector. For information, visit [http://bit.ly/1k8yJLu](http://bit.ly/1k8yJLu)

**New Bachelor of Design Technology at Deakin University:** Design, entrepreneurship and innovation are the core focus of this program and, when enabled by the corresponding technologies, will provide graduates with the design and technology acumen that is highly sought after by industry. For information on this new course, go to [http://bit.ly/1sPeAjq](http://bit.ly/1sPeAjq)

Study simulated crime scenes at Deakin University: Students studying the Bachelor of Forensic Science at Deakin Geelong are able to put theory into practice through working at simulated crime scenes on campus. The Roger Lewis and Michael Liddy Forensic Crime Scene Training Centre includes a kitchen, lounge room, bedroom and bathroom, all ready to be staged with the elements forensic investigators are confronted with, from body fluids and blood to fingerprint and fibres, and weapons. For more information, go to [http://bit.ly/1Lt6nss](http://bit.ly/1Lt6nss)

Decisions, decisions: Are you feeling confused and overwhelmed about making future tertiary course decisions? The following three websites might help! You just answer some simple questions, and you will receive guidance on occupations and courses that could suit you. The tests used are the same but you will receive information relevant to the university you may like to study at:


Early entry for NSW and Canberra university courses: Applications for early entry for the following universities are due by 30 September via the School’s Recommendation Scheme:

- Australia National University
- University of Canberra
- Charles Sturt University
- Macquarie University
- University of Western Sydney
- University of New England
- Griffith University
- National Art School
- University of Newcastle
- University of Technology Sydney

For information on how to apply, and to see if you are eligible, go to [www.uac.edu.au/srs](http://www.uac.edu.au/srs)
**VOCATIONAL & HIGHER EDUCATION NEWS**

Passionate about animals and would like to work as a qualified veterinary technologist? Charles Sturt University offers the new Bachelor of Veterinary Technology. You can specialise in practice management, large animal technology, or clinical technology and you can study the course on campus at Wagga Wagga or via distance. You will also complete the Certificate IV in Veterinary Nursing through Goulburn Ovens Tafe via distance. Graduates will expect to find work in the following areas:

- Private veterinary clinics
- Specialist clinics
- Stud farms
- Intensive animal industries
- Pharmaceutical companies

For more information, go to [http://bit.ly/1BCc1w4](http://bit.ly/1BCc1w4)

**CAREERS IN FOOD SCIENCES AND NUTRITION**

Food scientists are responsible for

- Making food tastier, healthier, and safer for people
- Inventing new foods and flavours and studying how consumers like them
- Studying how packaging preserves food after it has been processed
- Sustainable agricultural food processing
- Influencing people’s eating behaviours so they are more healthy
- Improving the health of people by influencing what they eat through marketing.

Nutritionists and Dietitians work with people

- To improve their health and wellbeing through diet and lifestyle
- Who have health conditions like diabetes and high blood pressure that can be improved by changes to their diet
- Who experience anorexia/bulimia
- In hospitals, community centers, schools etc.

**Home Economics/ Food Technology Teachers**

- Teach students to cook nutritious meals in schools and have an understanding of food safety.

What are the jobs?

- Nutritionist
- Laboratory analysis
- Quality assurance
- Quality control
- Food policy officer
- Consumer enquiries
- Dietitian
- Product development
- Research
- Health Promotion
- Marketing
- Sensory analysis
- Teaching

Where can I study Food Science, Food Technology Teaching, Nutrition and Dietetics?

You can study these course areas through TAFE and university. To find Victorian courses, go to [www.vtac.edu.au](http://www.vtac.edu.au)

Bachelor of Archaeology at Macquarie University, Sydney: This course integrates core archaeology and ancient history subjects with a broad selection of science units such as biology, chemistry, environmental earth science, geophysics and spatial information science. Archaeology disciplines include ancient languages, papyrology, epigraphy and numismatics. This is the only course in Australia offering a full study of Egyptian archaeology and students will be able to undertake national and international study tours, [http://bit.ly/1LopU1z](http://bit.ly/1LopU1z)

Government Careers: Not many students consider a career working for the Australia Public Service, but there are many amazing jobs available. Some examples include:

- Border enforcement operations
- Archiving
- Compliance and investigation
- Information security
- Intelligence analyst
- Ministerial and parliamentary support
- Policy development

To explore what your options are, go to [http://bit.ly/1J6XcE1](http://bit.ly/1J6XcE1)
CAREERS IN FOOD SCIENCES AND NUTRITION

Dietetics: To become a qualified Dietitian, you need to study an approved undergraduate degree at an institution such as University of Wollongong or an approved Masters degree at an institution such as Deakin University, University of Canberra or La Trobe University.

Home Economics/ Food Technology Teaching: You can study courses at universities such as Victoria University and Charles Sturt University.

What subjects should I study at school? You should consider studying mathematics and sciences such as biology, food technology, chemistry, physical education and/or VET Hospitality.

Meet Alexandra Baker: Alexandra is studying the Bachelor of Human Nutrition at La Trobe University, [http://bit.ly/1KhzCFI](http://bit.ly/1KhzCFI)

What is your course like? First year is a partial health science course and you’re in with students studying an array of allied health courses (Occupational Therapy, Speech Pathology, Exercise Science, Dietetics, etc.). Chemistry is a compulsory subject and we are studying Food Fundamentals this semester. These two subjects are specifically for nutrition students.

There is lots of Physiology and Anatomy classes, so if you’re thinking of health science related courses, I highly recommend Biology! The classes have interesting content, you just have to keep up to date or it can be really difficult to catch up again.

What do you love about your course? I’m currently living on campus and it has been great for meeting people and making friends. It’s also conveniently close to all my classes and facilities (library, lecturers’ offices, computer labs etc.). It has been really nice to meet people from so many different courses and backgrounds. My last chemistry lecturer did experiments in the lecture theatre… that was pretty cool.

How did the subjects at school prepare you for your course? A lot of what I have studied this year has included and built on Units 1 - 4 of Biology, Chemistry and Psychology.


Why did you want to study nutrition? In my gap year I started working at Boost Juice and became really interested in food and how what we eat dictates how we feel and perform. So many people don’t make the connection and I wanted to help people do that and eventually help them to feel their best.

What is your course like? My course is great as it’s very health focused and practical. In the 2nd and 3rd years, I’ll be doing clinics, which will prepare me to be able to practice after university. I love learning about things I can apply to my life everyday. I am constantly learning about the nutritional benefits of food and always have interesting things to share after class!

Meet Georgia Blake: Georgia is studying the Bachelor of Health Science (Nutrition & Dietetics) at Charles Sturt University (no longer accepting enrolments for this course).

What is your course like? Undergraduate dietetics is a four-year course. The first two years are difficult and contain mostly raw science subjects. Lots of chemistry, biochemistry, and physiology, as well as microbiology, food science, genetics, mathematics and statistics and psychology. Third year becomes more nutrition and dietetics based, subjects (I find) become easier as they are more specific to what dietitians will be doing in the workplace. There is also some placement. Fourth year is mostly placement, 20 weeks total.

The three domains that placement covers (the three domains of dietetics) are clinical (inpatient and outpatient settings working one on one with people), food service (assessing menus, and nutrition availability in different facilities) and community (population based nutrition). I love that my course will allow me to help people achieve better health through food. And I like that we have the opportunity to consult clients at our university based nutrition clinic to gain experience before we go to placements.
The following information can be used in your school’s communications channels to inform students and parents of Deakin’s new scholarship program.

Deakin University’s New Scholarship Program

We look at scholarships a little differently at Deakin.

Our aim is to acknowledge and reward academic prowess, contribution to the community, leadership skills, achievement in extracurricular activities, or perseverance and achievement despite hardship.

To find out more about Deakin University’s new scholarship program, visit deakin.edu.au/scholarships.

**Vice-Chancellor’s Academic Excellence Scholarship**

This scholarship is awarded by the Vice-Chancellor to Australian undergraduate students whose exceptional academic achievements, proven experience and leadership has truly set them apart.

The scholarship includes:

- 100 per cent of tuition fees
- a cash payment of $5000 per year
- participation in the Vice-Chancellor’s Professional Excellence Program.

For more information, visit deakin.edu.au/study-at-deakin/scholarships-and-awards/vice-chancellors-academic-excellence-scholarship.

**Deakin Scholarship for Excellence**

This scholarship rewards strong academic performance teamed with excellence in extracurricular activities, community service or leadership.

The scholarship includes $5000 paid as cash or towards tuition fees per year, or a combination of both to the value of $5000 per year.

For more information, visit deakin.edu.au/study-at-deakin/scholarships-and-awards/deakin-scholarship-for-excellence.

**Deakin Student Support Grant**

This scholarship offers financial support to students who have displayed passion, perseverance and commitment to study despite financial hardship or other disadvantages.

Various options for support are available:

- $10,000 per year for the normal duration of a course, or
- $7500 per year for the normal duration of a course, or
- $5000 per year for the normal duration of a course, or
- $2500 per year for the normal duration of a course, or
- $1000 per year for one year.

For more information, visit deakin.edu.au/study-at-deakin/scholarships-and-awards/deakin-student-support-grants.

For more information about Deakin’s full range of scholarships, please visit deakin.edu.au/scholarships.
MAKE A SPLASH
WITH THE YMCA AT THE CORANGAMITE
OUTDOOR POOLS

Campersdown, Cobden, Lismore, Skipton, Terang, Timboon

Are you looking for a great summer job? Keen to make a splash into a healthy career with the YMCA at the Corangamite pools?

If you have great people skills, strong personal values and would really like to help your community become healthier and happier, then one of YMCA’s summer jobs could be right for you!

YMCA Ballarat is part of a community movement that works to positively impact each and every person, giving them the opportunity to be happy, healthy and more connected with their community. We do this by delivering a range of health and wellness programs including sport and recreation centres and outdoor pools.

We are an equal opportunity employer that welcomes diversity and offers flexible work arrangements.

We are currently seeking enthusiastic, highly motivated individuals to join our teams at the Outdoor pools in the Corangamite Shire in the following roles from November 2015-March 2016.

- Pool Managers
- Shift Supervisors
- Lifeguards
- Swimming Teachers

Flexibility across 7 days and working on public holidays is required. To obtain position descriptions visit the ‘careers’ section online at www.ballarat.ymca.org.au

Applications to ballarat.hr@ymca.org.au
Call Area Manager on 0434 741 803 for any questions.
Applications close 5pm on 28th September.

The YMCA is committed to the safeguarding of children and young people.
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Page 16
MERCY REGIONAL COLLEGE
PARENTS, TEACHERS & FRIENDS ASSOCIATION

CAR RAFFLE

1st Prize – Ford Focus Ambiente Hatch

6 Speed Auto, Air Conditioned, Power Steering, 6 Airbags, CD Player, ABS Bluetooth, Cruise Control, Rear Parking Sensors, On-Road Costs, Value $23,040

Supplied Courtesy Rex Gorell, Geelong
Proudly Supported By TREVOR LEE, CAMPERDOWN AUTO SALES

2nd Prize - Travel Voucher Valued at $2000
Supplied Courtesy of Hello World Travel, Camperdown

3rd Prize - Electrical Voucher Valued at $1000
Supplied Courtesy of Camperdown Betta Home Living

4th Prize - Nutrimetics Pamper Pack Valued at $300
Supplied Courtesy of Helen Bourke, Kolora

5th Prize - Fuel Voucher Valued $250
Supplied Courtesy of Riordan Fuels (Steven Lucas Shell Camperdown)

6th Prize - Clothing Voucher Valued at $250
Supplied Courtesy of Fashion Club Wear, Canterbury

7th Prize - Jewellery Voucher Valued at $200
Supplied Courtesy of Showcase Jewellers, Camperdown

8th Prize - Gift Voucher Valued at $200
Supplied courtesy of Café 153 on Manifold, Camperdown

9th Prize - Dinner Voucher Valued at $100
Supplied Courtesy of Madden's Bar & Bistro, Camperdown

10th Prize - Gift Voucher Valued at $50
Supplied courtesy of Timboon Railway Shed Distillery

Drawn Wednesday, 11th November, 2015 at 8:30 pm
NOTICES

CORANGAMIGHTY DEALS!

Why not treat yourself and the family to a holiday at home this September? Redeem resident only offers and go in the
draw to win the Ultimate Corangamite Day Out. Enjoy special offers including 20% OFF entry into the Great Ocean Road
Wildlife Park, 20% OFF all helicopter flights with 12 Apostles Helicopters and 50% OFF second bike hired at Craters to
Coast Bike Hire.

For more Information and a full list of these offers pick up a Corangamighty Deals brochure from Camperdown
Courthouse Information and Arts, Port Campbell Visitor Information Centre or download a copy from

ANZ Hotshot Tennis Coaching
(Terang Rec Reserve for term 4 - 2015)
6 week program
Starting 2nd week of Term 4 (15th Oct) till 26th November.
Costs: $8 per session for 1/2 hour (beginners/Hotshot)
$10 per session for 3/4 hr lesson
$12 per 1 hr lesson
If interested please call Julie Giblin
on 0409 517 848 before 8th October.

Timboon & District Tennis Association
Tennis Coaching
5 Sunday mornings – commencing
Sunday 18th October @ 11am
5-6 year olds – 30 min
7-8 year olds – 30 min
9-11 year olds – 45 min
11years+ - 45-60 min

Timboon & District Junior Tennis
Tennis seedings to be held at
Timboon Recreation Reserve on
Saturday 10th October @ 3.00pm
All players wanting to play attend
Competition starting Saturday 17th October
Any players interested please ring
Katrina Currell on 5598 3443 or 0439 995 010

Cobden Tennis
Held its AGM recently in preparation for the upcoming season. Senior
Competition will commence 24th October but our Junior Competition is yet
to be organised as no Junior parents were present at the meeting. We are
hoping to form a Junior Committee to enable competition. Hot Shots and C
Grade coaching to continue at Cobden Tennis. Plenty of support will be
provided by existing Tennis Committee so if you can help out please come
along at 10am on Saturday 10th October at Cobden Rec Reserve Canteen.
Please contact Sharyn Finlayson with enquires for the Senior or Junior
Competition on 5594 6272 or 0409 253 727.

HAMPDEN TENNIS ASSOCIATION
JUNIOR A, B, & C GRADE COMPETITIONS
SATURDAY MORNINGS @ THE COMPLEX COURTS
INCLUDING
SOME THURSDAY AFTERNOON SCHEDULED MATCHES
“PRE-SEASON HIT UP
AND COME AND TRY NIGHT”
FROM 4PM THURSDAY 15TH SEPTEMBER @ THE COMPLEX
PLEASE TEXT ENTRIES TO:
Andrew Bome: 0409 958 970 OR Julie Whytcross: 0408 948 218

COBDEN OLYMPIC BASKETBALL ASSOCIATION
JUNIOR COMPETITION
Under 10s. Under 13s mixed age groups on a Tuesday Night.
Under 13s on a Thursday Night for a 10 week season.
Children need to be 7 years old before the 1st October 2013.
Therefore if your child/ren are interested you need to go to www.fossportboule.com
Search Cobden Basketball
Under search results choose Cobden Olympic Basketball Association
On the right hand side click on Register here
Then follow the prompts to register your child/ren
Registrations close on the 25th September 2015
Season to commence Tuesday 13th and Thursday 15th.
Basketball Victoria insurance fee is $38.
Cobden Basketball Fees for Tuesday Night $50 and Thursday Night $40
All these fees need to be paid before your children plays their first game.
Any questions or issues please contact Romana Taylor 0468 229 377
Kim Robertson 0407 099 614 Luke Perrins 0427 889 454 or Sue Clarke 0407 952 081.
Secondary School Holiday Program
Sept/Oct 2015

Got anything planned for these holidays? Why not head along to one of the Corangamite Shire holiday activities. Great day out, plenty of things to do!!!

These school holidays the activities will be...

Melbourne Show
Tuesday 22 September
Cost: $35 per student & $45 per adult - Includes return bus trip and entry into Melbourne Show
BYO lunch and spending money

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<tr>
<td>Camperdown Killara</td>
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Luna Park, Melbourne
Thursday 1 October
Cost: $35 per child & $45 per adult - Includes return bus trip, unlimited rides at Luna Park
BYO lunch and spending money

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Bookings are essential for all holiday program activities. Please call 5593 7100 to book your place in advance. For further information please contact Catherine O’Flynn.

***The Corangamite Shire reserves the right to alter or cancel any holiday program activity at any time.
Activities run subject to bookings***

Home
Wednesday 23 September
Screening from 1.30pm
Food & drink available for purchase

Cinderella
Wednesday 30 September
Screening from 1.30pm
Food & drink available for purchase

Corangamite Shire, 181 Manifold Street, Camperdown, 3260
Ph. 03 5593 7100, Fax. 03 5593 2695, Email. shire@corangamite.vic.gov.au
www.corangamite.vic.gov.au
Please complete this form and return to Corangamite Shire Offices or post to: PO Box 84, Camperdown 3260, with your deposit or full payment. Please ensure all details have been completed correctly.

<table>
<thead>
<tr>
<th>Child's name</th>
<th>Age</th>
<th>Melbourne Show 22 September</th>
<th>Luna Park 1 October</th>
<th>Bus pick up/drop off</th>
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<tr>
<th>Address</th>
<th>Town</th>
<th>Postcode</th>
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I have enclosed the non-refundable deposit/full payment for each activity:

<table>
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<tr>
<th>Activity</th>
<th>Non-refundable deposit amount</th>
<th>Full payment amount</th>
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PARENT/GUARDIAN DECLARATION:

I, the undersigned, approve of the above application and in doing so agree that the Corangamite Shire and its officers, leaders, staff and agents shall be released from, and shall not incur, any responsibility or liability whatsoever for any accident or injury to the applicant or for any damage or loss of property of the applicant. I further authorise any necessary medical or surgical treatment including anaesthetic in the case of accident or emergency involving the applicant and I agree to bear all costs thereby incurred.

Parent/Guardian Signature: __________________________ Date: ________________
Parent/Guardian Name: ________________________________
Address: __________________________________________ P'Code: _____________
Home Telephone: __________________________ Work Telephone: __________________

Emergency Contacts
1. Name: __________________________ Phone: __________________________
2. Name: __________________________ Phone: __________________________

Relevant medical, emotional, behavioural information: __________________________________________________________

Family Doctors Name: __________________________________________
Address: __________________________________________________________
COPRICE COBDEN SPRING FESTIVAL

Energy-Australia

6th Annual FUN RUN / WALK 2015

Sunday October 18th

WALK – 9.00am

Entry Fee. $5.00
Registration 8.00-8.30am at
Cobden Technical School Gymnasium
Walk Rail Trail, Naroghid - Cobden. Distance 7.5kms
Bus shuttle to start point

2nd Event in Corangamite Fun Run Series

RUN – 9.30am

Entry Fee: U/10, U/12, U15, $5.00. Open $10.00

Registration 8.30 – 9.15am at
Cobden Technical School Gymnasium.

Sections Male and Female:
U/10, U/12, U15 and Open Distance
U/10, U/12 3.2 Kms
U/15 and Open 6.0 Kms

1st Runner to break 20 mins for 6km event wins $100.00

Registration and entries on day of event.

Prize value for Walk and Run - $600

For more info: Kevin Duffin, 5595 1638, 0457 650 777
Busking Competition

Saturday October 17th, 2015
Judging 12noon onwards

Win Dale Cleves Music vouchers to the value of

1st $200
2nd $100
3rd $50

All acts welcome

Sign up
10am-11am @ Festival office
32 Curdie Street, Cobden
(next to NAB)

cobdenspringfestival.com.au, Phone: 0413 382 223