FROM THE PRINCIPAL

Our Vision
Mercy Regional College serves a wide rural community which values growth and diversity in Catholic Education in the Mercy tradition.

Our Mission
In the Spirit of the Gospels we commit ourselves to the core values of community, inclusiveness, learning, care, justice and mercy, excellence and achievement.

Our Focus for 2016
“Through the Mercy tradition we seek to act with love, fairness, tolerance and compassion to all”.

God of love and liberty, we bring our thanks this day for the peace and security we enjoy, which was won for us through the courage and devotion of those who gave their lives in time of war.
We pray that their labour and sacrifice may not be in vain, but that their spirit may live on in us and in generations to come.
That the liberty, truth and justice which they sought to preserve may be seen and known in all the nations upon earth.
This we pray in the name of the one who gave his life for the sake of the world, Jesus Christ our Lord.
Amen.

ANZAC
As ANZAC day approaches, we think of the many sacrifices that were made for us. Students gathered at both campuses this morning to reflect on the peace and security that we enjoy, which was won for us through the courage and devotion of those who gave their lives in time of war.
Lest we forget.

Students will represent the school at various ANZAC day events around the district. These events are as follows.

<table>
<thead>
<tr>
<th>Location</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Camperdown</td>
<td>6.00am Dawn Service; 10.30am March and Commemorative Service War Memorial (Meet at Clock tower for parade to War memorial)</td>
</tr>
<tr>
<td>Cobden</td>
<td>11.00am, Commemorative Service, ANZAC Epitaph</td>
</tr>
<tr>
<td>Derrinallum</td>
<td>10.00am, Commemorative Service, War Memorial</td>
</tr>
<tr>
<td>Ellerslie</td>
<td>9.00am Commemorative Service, War Memorial</td>
</tr>
<tr>
<td>Mortlake</td>
<td>10.00am March and Commemorative Service, step off Post Office to the War Memorial</td>
</tr>
<tr>
<td>Terang</td>
<td>5.45am Dawn Service, Shadforth Street, Terang RSL Hall; 10.00am Commemorative Service and March Terang RSL Hall</td>
</tr>
</tbody>
</table>

Students are asked to wear full winter uniform if they are attending and representing the School.

NAPLAN
The National Assessment Program – Literacy and Numeracy (NAPLAN) tests for Years 7 & 9 will be held from Tuesday, 10th May until Thursday 12th May 2016.

The results of the tests provide diagnostic information for parents and teachers about your child’s performance in literacy and numeracy. This information can be used to support teaching and learning programs and improve student achievement. All students are encouraged to participate in the NAPLAN tests. Exemptions may be granted to students with significant intellectual or complex disabilities. If your child is eligible for a special provision or exemption you should make contact with Mrs. Berni Sinnott to discuss your child’s participation. Neither special provisions nor exemptions can be granted without parental knowledge and consent.
School Uniform
As stated in the student diary, all students are now required to wear the full Mercy Winter Uniform. This is pictured in the image beside. Staff are utilising an ‘App’ which has been created specifically to record students out of uniform. This then alerts the office to send an SMS home to you in the case that your child is out of uniform. If there are any issues that impact on the purchasing or availability of uniform, then please send a note in with your child informing us of this. We appreciate your support on this matter.

At Mercy Regional College, school uniform is compulsory and all students are expected to maintain a high standard of personal grooming and neatness. Mercy students are expected to wear full school uniform while at school. Any student who is out of uniform for whatever reason needs to bring a note, in their diary, and give it to the homeroom teacher explaining why they are out of uniform. Students are advised to have their names on all items of uniform and personal property brought to school. Sports uniform must be worn during P.E. classes.

Footwear:
[Correct school shoes can be seen in photo on the left].

GROOMING
Students are expected to maintain a high standard of personal grooming and neatness and to take pride in their College uniform.

Jewellery:
(Girls/Boys) - Must be discreet and not infringe the following:
- Only appropriate piercings (no spacers or bolts in ears). Nose piercings to be less than 2mm or clear. No other piercings permitted.
- No tattoos.

Hair:
- Must be clean and tidy.
- Must be tied back if below shoulder length. Ribbons and other hair accessories should be discreet.
- No extremes in hair styles (e.g. dreadlocks, shaved heads or spiked hair) or colours.
- Boys must be clean shaven at all times. If not, they will be asked to shave before attending class.

Make-up:
- No visible make-up or nail polish to be worn.

Personal Hygiene:
Must be maintained to a high standard.

Mercy Regional College Open Day and Information Evening
On Monday 16th May, Mercy Regional College will be holding its annual Open Afternoon and Information Evening at the College’s O’Keeffe Campus, McKinnon’s Bridge Road, Noorat from 3:30pm - 7:30pm.

Information sessions will run at approximately 4:30pm and 6:00pm. The afternoon and evening provide a great opportunity for prospective students and parents to walk around the O’Keeffe Campus and see the range of activities and classes that are available at Mercy. Please see flyer on page three.

Enrolment packages and application forms will be available on the night. Tours of the McAuley campus are available upon request. Please contact the College office on (03)5593 2011 to arrange a suitable time.

Buildings – Stage Two (Middle School Learning Areas)
Stage two building of new Middle School Learning Areas is well underway as can be seen in the picture. The slab for the top floor is nearing readiness for concrete to be poured, and following this, the steel work for the top floor and roof will arrive for assembly.

Parent Teacher Interviews
Parent Teacher Interviews were held in the last two days of term, with a lower than expected number of parents and students in attendance. As you would know, the PTI bookings are made through the Parent Access Module (PAM). Along with this, parents can access relevant, informative, valuable and timely information about the academic progress of your child, along with the College calendar, daily notices, attendance record, timetable, booklist and a behavioural tracking count.

Our records indicate that many parents have not yet logged into PAM this year. Over the course of the coming weeks, contact will be made to parents that have not logged in, to discuss and explore the benefits of what the Parent Access Module has to offer. Alternatively, please contact the College Office to discuss this further.
 Interested parents and students are welcome to attend our Open Day to gain an understanding of the opportunities possible through a Mercy Regional College education for Year 7 – 2017.

REGISTRATIONS & CAMPUS TOURS
Commence at 3:30pm and will be finished by 7:30pm
(A light tea will be provided at the Campus from 5:00pm)

INFORMATION PROGRAM SESSIONS
Presented by Acting Principal - Mr. Chris Grant
- Session 1 @ 4:30pm
- Session 2 @ 6:00pm
(Parents need only attend one session)

INFORMATION PACKS & ENROLMENT FORMS
(will be distributed on the day)

FOR FURTHER INFORMATION
Phone 5593 2011 to speak to Sue or email: office@mercy.vic.edu.au

Enrolment Applications for Year 7 – 2017
Close Friday 17th June, 2016.
Upcoming Maternity Leave
From Friday 13th May, Mrs. Melanie Bourchier will take leave leading up to the arrival of a new Bourchier baby. We welcome back Mrs. Rebecca Rees who will take over from Mel from Friday 13th May as the teacher for 8A and 8B English.

New Staff
It is with pleasure that I announce that Ms. Teresa Matthews and Mr. Trevor Gardiner will be joining the Integration Support Team. Teresa will be working 9 days a fortnight at the O'Keeffe campus, and will begin with us on Monday 9th May. Trevor will be working 8 days per fortnight at the McAuley campus and will begin with us on Monday 2nd May.

Student Work Placements
On page 13 of this newsletter is a full list of all the Mercy students currently completing work placements as part of their school program. I would like to personally thank the numerous businesses and tradespeople who support this program and the students involved – their efforts provide a crucial pathway for many of our students into the workforce.

Student Activities
A number of co-curricular and sporting activities have occurred in the first two weeks of Term 2. These include:
- Students participated in the HSSSA Athletics carnival, Clay Target shooting competitions held in Colac and the Yarra Valley, and also at the Greater Western Region Golf Competition in Ararat.
- The College hosted students and staff around the district this week for the annual Tertiary Information Sessions (TIS) in the de Chantal Stadium.
- Unit 3 Outdoor Education Students have spent the past three days at Sovereign Hill in Ballarat learning about the impacts on the environment of population growth over time and learning about Indigenous relationships with the outdoors at the Brambuk cultural centre in the Grampians.

Well done to all students representing the College over the past fortnight, and thankyou to all staff supporting them.

Yours in Mercy,

MR. CHRIS GRANT
ACTING PRINCIPAL

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Term 2 - 2016 Dates

Monday 25th April
- Anzac Day Holiday

Tuesday 26th April
- PUPIL FREE DAY (TEACHER IN-SERVICE)

Thursday 28th April
- Unit 1 Top Arts and Top Design Excursions to Melbourne
- HSSSA Year 9 Footy / Year 7/8 Netball

Tuesday 10th May
- HSSSA Intermediate & Senior Netball
- NAPLAN

Wednesday 11th May
- NAPLAN

Thursday 12th May
- NAPLAN

Friday 13th May
- Year 7 Science Excursion

Monday 16th May
- Open Day @ Noorat

Tuesday 17th May
- Year 11 Mock Interviews
- MRC Board Meeting

Wednesday 18th May
- Australian Geography Competition (Year 7 – 10 students)

Friday 20th May
- HSSSA Cross Country

Monday 23rd May
- Year 9 Sovereign Hill Excursion

Tuesday 24th May
- MRC Feast Day

Wednesday 25th May
- Australian History Competition (Year 7 – 10 students)
**Music News**  
*Mrs. Janet Backhous*

Just letting you know that the music camp hosted by the Lakes & Craters Band - Camperdown is on again this year.

The dates are Sunday 26th June to Sunday 3rd July and the guest music conductor is Dr. Kevin Cameron. To find out all the information please contact the link below and you will find everything you need to know and how to enrol and pay.


**'Mercy Musos' Doing Amazing Work Out In The Community**

Over the first term holidays The Rowan/Hickey family travelled to Canberra for the National Folk Festival where Jordy Hickey and her band ‘The Drowsie Maggies’ performed in the Folk Alliance youth awards. All the contestants were of a very high standard and the Drowsie Magpies did not win. However, after performing at over eight different gigs during the Easter weekend they were spotted by the festival Chairman and they were presented with the Gill Rees Young Musicians award. The presentation was at the closing concert where the Drowsie Magpies preformed in front of a crowd of about a thousand people. The response from the crowd was amazing and one of the tunes they performed was an original, written by their fiddle player Caity Brennan.

Laura Hickey also performed at the Folk Festival singing to and enthralled audience, and Isabel Rowan wowed audiences at the festival with her band ‘The Stringymagigs.’ Many members of the audience were overheard making comments like, “Folk music is in great hands with the younger generation coming through.”

Congratulations must go to the Rowan/Hickey family. Music is alive and well when you are all out there bringing music to so many. We look forward to hearing you perform for us in the near future.

**Library News**  
*Mrs. Maureen O’Loughlan – Library Manager*

The Victorian Premiers’ Reading Challenge is now open and Mercy Regional College is excited to be participating.

The Challenge is open to all Victorian children from birth to Year 10 in recognition of the importance of reading for literacy development. It is not a competition; but a personal challenge for children to read a set number of books by 9th September 2016.

Children from Prep to Year 2 are encouraged to read or ‘experience’ 30 books with their parents and teachers. Children from Year 3 to Year 10 are challenged to read 15 books.

All children who meet the Challenge will receive a certificate of achievement signed by the Victorian Premier and can choose to have their name included on the online Honour Roll. Information about the Challenge, including a consent form, has been given out to all students in Year 7 - 10. Please encourage your child to participate, it is a simple, enjoyable way to improve their reading and comprehension skills.

For further information please contact Maureen O'Loughlan or Leesa Henriksen at MRC or visit: [www.education.vic.gov.au/prc](http://www.education.vic.gov.au/prc)

Whilst Anzac Day is the anniversary of the landing on Gallipoli in 1915, it is also when we remember all Australians who served and died in war and on operational service. The spirit of Anzac, with its qualities of courage, mateship and sacrifice, continues to have meaning and relevance for our sense of national identity. To commemorate this special day, a selection of memorabilia has been thoughtfully prepared for display in the libraries at both McAuley and O'Keeffe campuses. Thank you to all who provided items.
On Wednesday the 16th March, all of the year 8 students went on a survival type camp at the Princetown Recreation Reserve. The camp lasted three days, and students had to bring everything including tents and food supplies.

**Day 1:** Before we arrived at Princetown, we drove to Lochard Gorge and had our lunch. We then arrived at the Princetown Recreation Reserve where we had to cart our belongings from one side of the bridge to the other. Then everyone set up their tents in their groups, and then we just relaxed. After setting up, we all walked down to a nearby beach, and we enjoyed the water and the sand. When we came back, we all cooked our dinner on the BBQ and ate it while we enjoyed the relaxing moment that we had. That night we played charades in the hall and everyone enjoyed themselves.

**Day 2:** We were woken up early and were told to cook our breakfasts, such as pancakes and bacon and eggs. After breakfast, Tindley and Ryan went on a mini bus down to Kangaroobie, to do the activities that were planned for them. While this was happening, Markey and Frayne, were going on a long and treacherous walk, that took us about three hours. Tindley and Ryan participated in the obstacle course and the canoeing that was at Kangaroobie. When the walk and activities had finished, the groups swapped, and Tindley and Ryan went on the walk and, Markey and Frayne went on the mini bus to Kangaroobie to do the obstacle course and the canoeing. The activities and the walk were thoroughly enjoyed by everyone. This took up most of our day, and by the end time we got back, we had time to prepare ourselves for the rain the was coming over the next night. When we had pegged down, and zipped up the tents, we all went into the hall, and watched the movie, "Here Comes the Boom!", and that lasted until late. The rain bucketed down, and everyone's tents got wet on the second night.

**Day 3:** This was our final day, where we woke to find that the whole area was totally drenched with water. Some tents were filled with water, while others weren't so much. It began to rain again while we were making breakfast, and attempting to pack up our soaked tents. It was until almost 11:00am on the Friday morning before we had finally loaded our gear into the trailers and were on the road. We arrived at Port Campbell for lunch, and then we headed on our way home. We got back to school in time for the buses and in time to watch a movie.
A brand new careers website

Mercy Regional College is very pleased to announce that it has a brand new career website. This website is a 'One Stop Shop' for everything you need for career planning and help.

It contains information and links related to a vast array of career options and pathways such as: Work Experience, VET courses, Apprenticeships, Tertiary Studies, Defence Force Careers and taking a Gap Year. There is a regularly updated list of upcoming career events and you can access the weekly Career News that has previously been emailed to students and put on the College newsletter. There is a section where College career messages will be posted so it is important that students check the website on a regular basis.

To access this excellent resource go to:
Mercy Homepage > Co-curricular > Careers > Mercy Careers – careers.mercy.vic.edu.au

Once inside the website, to access the Weekly Career News go to:
Important Info. (top of the page) > Careers Newsletter > Career News

Take time to Check It Out!

Tertiary Information Service Tour

On Thursday 21st April, MRC hosted the Western District TIS Tour for Year 12 students from the local secondary schools.

This event provides the students with an overview of their post school options and process of applying for tertiary studies. Sixteen tertiary institutions were represented at this event and students were given the opportunity to speak to the representatives, ask questions and collect course guides and other relevant information.

The TIS tour is a great opportunity for our students to have direct contact with tertiary institutions without having to travel. We are very grateful to Deakin University Warrnambool for coordinating the event.

Year 11 Mock Interviews

The Year 11 Mock Interviews will be held on Tuesday 17th May. Darren Mounsey from Westvic group training has conducted a session with the students on preparing a resume and writing a cover letter and the students have been provided with resume templates and sample cover letters.

To facilitate the smooth running of the interviews, and to maximise the benefits of the process for the students, it is essential that they submit a proof read, hard copy of both their resume and cover letter to Mrs. Phillips no later than Thursday 5th May.

Darren Mounsey will be returning to the College on the 6th May to talk to the cohort about job interview protocols and techniques.
The 2016 Warrnambool Cheese and Butter Adrian Meade Dairy Innovation Program is now inviting applications from Year 10 and 11 students aged 15 or over who are interested in a career in the dairy industry. This is a six-day structured workplace learning program in the June/July school holidays for up to 12 students from across WCB’s milk supply area.

The program’s first day will be held at WCB’s Allansford factory learning about the WCB business, its products and processes. This will be followed by a four-day tour of the dairy industry supply chain and a final day back at the factory looking at pathways into the industry.

The idea of this program is to show students the scope of careers in the dairy industry and to show how each career fits within the dairy supply chain. The program provides an insight into careers in the industry in areas such as agriculture and related service industries, trades associated with manufacturing, supply chain management and logistics, food technology, engineering, and sales and marketing.

Feedback from students, schools and industry partners about the previous years’ programs has been very positive.

Application forms are available from WCB’s website: www.wcbf.com.au or contact coordinator Louise Thomas on 0418 443 433 or email louise@lthomaswriter.com.

Applications close 5 pm Friday 29 April. Selection is by interview at the school.
2016 WCB ADRIAN MEADE DAIRY INNOVATION PROGRAM

A unique six-day Structured Workplace Learning opportunity for Year 10 and 11 students to learn about the dairy industry

PROGRAM INFORMATION AND APPLICATION FORM
ABOUT THE PROGRAM

Warrnambool Cheese and Butter is pleased to invite applications for the 2016 WCB Adrian Meade Dairy Innovation Program. Students aged 15 or over who will be studying Year 10 or 11 in 2016 and live within WCB’s milk supply region are eligible to apply. This program will be held in June and July and is a unique six-day structured workplace learning opportunity for up to 12 students who have an interest in any of the following areas:

- Agriculture, particularly dairying, and associated service industries
- Trades associated with manufacturing
- Supply chain management and logistics
- Food technology, food processing and process engineering.

Participants are given a rare opportunity to see the entire dairy industry supply chain from paddock to plate. Students will also learn about the wide range of careers available in the industry and meet a range of innovative leaders in their fields. The program emphasises leadership in all aspects of the industry and promotes students’ leadership skills development.

The program was created in memory of the late Adrian Meade, a former WCB supplier director and chairman who was passionate about encouraging students from the region into tertiary education. The WCB Adrian Meade Dairy Innovation Program demonstrates WCB’s optimism about the future and our commitment to encouraging young people from the region to enter the industry.

2016 PROGRAM OUTLINE

<table>
<thead>
<tr>
<th>PROGRAM DAYS</th>
<th>DATES</th>
<th>ACTIVITIES</th>
</tr>
</thead>
<tbody>
<tr>
<td>DAY ONE</td>
<td>Monday June 27 (first week of school holidays)</td>
<td>Site induction. Comprehensive factory tour. In-depth look at milk supply, factory production and product quality. Lunch, morning and afternoon teas provided.</td>
</tr>
<tr>
<td>DAYS TWO TO FIVE</td>
<td>Tues 28 June to Friday 1 July (first week of school holidays)</td>
<td>Fully supervised four-day bus tour of dairy industry supply chain, visiting farms and service providers, food technology companies, retail markets, Dairy Australia, the Port of Melbourne and tertiary institutions offering agricultural study. Activities, accommodation, meals and bus provided.</td>
</tr>
<tr>
<td>DAY SIX</td>
<td>Tuesday 5 July (second week of school holidays)</td>
<td>Final day at the factory shows students pathways into careers in the industry. A presentation will be held with WCB management, parents and teachers. Lunch and afternoon tea provided.</td>
</tr>
</tbody>
</table>
APPLICATION PROCESS

Applications close 5 pm Friday 29 April. Applicants will be shortlisted and participants will be selected by interview. Interviews will be held at the school during May in the presence of the careers or agriculture teacher. Successful applicants will be notified and will need to complete Structured Workplace Learning arrangement forms and Travel & Accommodation forms.

ELIGIBILITY

To be eligible, students must:

- Reside in Warrnambool Cheese and Butter’s milk supply region (e.g., regions including Warrnambool, Ballarat, Colac, Camperdown, Hamilton, Heywood, Portland, Mt Gambier, Bordertown, Meningie, Fleurieu Peninsula)
- Be aged 15 or over at the time of the program and studying in Year 10 or 11
- Have the support of their parents/guardians and school principal to attend
- Be available for all sessions and show a keen willingness to participate
- Demonstrate an interest in one or more aspects of the dairy industry.

Note: Students whose family farms supply other factories are welcome to apply. Depending on the number of applications received, a maximum of two to three students from any one school may be selected.

APPLICATION FORM

Applicant’s name

Age (minimum 15 years)

Year level

School

School’s phone number

Career or agriculture teacher’s name, phone number and email

Year 10 subjects completed
(if in Year 11, otherwise leave blank)

Subjects being studied this year:

Form continues overleaf
APPLICATION FORM (continued)

Please tell us in 100-200 words about your interest or experience in agriculture, especially dairying, or working in the broader dairy industry. This may include information about studies at school as well as experiences outside of school, including any paid or unpaid work experience. Attach a separate sheet if necessary.

Please tell us in 100 words how you think you would benefit from taking part in the program. Attach a separate sheet if necessary.

Are you prepared to participate fully in all aspects of the program, including inductions, activities, tours, workshops and giving a presentation on your program experience?

☐ yes  ☐ no

PARENTS

While the cost of program activities is covered by WCB, are you able to make your own travel arrangements (at your own cost) for your child to get to and from WCB Allensford to attend the activities?

☐ yes  ☐ no

I support my child’s application for this program:

Parent name: __________________________ signature __________________________

Date __________________________

PRINCIPAL

I support this student’s application for this program:

Principal’s name: __________________________ signature __________________________

Date __________________________

PLEASE SEND COMPLETED APPLICATIONS TO ARRIVE BY CLOSE OF BUSINESS FRIDAY 29 APRIL 2016

ADRESSED TO: 2016 WCB Adrian Meade Dairy Innovation Program, Warrnambool Cheese and Butter, 5331 Great Ocean Road, Allansford, 3277 Or scan and email to louise@lthomaswriter.com

For further information, please contact program coordinator Louise Thomas on 0418 443 433.
## 2016 WORK PLACEMENT

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>YEAR</th>
<th>PLACE</th>
<th>DATES</th>
</tr>
</thead>
<tbody>
<tr>
<td>PLACE, Thomas (SWL)</td>
<td>11C</td>
<td>Allenby Engineering, Camperdown</td>
<td></td>
</tr>
</tbody>
</table>

### TUESDAY

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<tr>
<th>ID</th>
<th>YEAR</th>
<th>PLACE</th>
<th>DATES</th>
</tr>
</thead>
<tbody>
<tr>
<td>BIGNELL, Lachlan (SWL)</td>
<td>12A</td>
<td>S&amp;A Bignell, Derrinallum</td>
<td></td>
</tr>
<tr>
<td>BOND, Sam (SWL)</td>
<td>10P</td>
<td>Milroys, Terang</td>
<td></td>
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<tr>
<td>CARLIN, Mitchell (SWL)</td>
<td>12B</td>
<td>Garry Doyle Building, Camperdown</td>
<td></td>
</tr>
<tr>
<td>CROFT, Kyle (SWL)</td>
<td>10P</td>
<td>Terang Stadium, Terang</td>
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<tr>
<td>LUCAS, Bradley (SBA)</td>
<td>11A</td>
<td>G&amp;G Justin, Terang</td>
<td></td>
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<tr>
<td>MacDonald, Rebecca (SWL)</td>
<td>11B</td>
<td>Hampden Hotel, Camperdown</td>
<td></td>
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<tr>
<td>MCKAY, Samantha (SBA)</td>
<td>10P</td>
<td>N.A.B. Noorat</td>
<td></td>
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<tr>
<td>O'CONNOR, Nicholas (SBA)</td>
<td>10P</td>
<td>Peter Battistello, Eddin</td>
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</tr>
<tr>
<td>O'NEIL, Katelyn (SWL)</td>
<td>10P</td>
<td>Hair Supreme, Camperdown</td>
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<tr>
<td>REYNOLD, Tayla (SBA)</td>
<td>10P</td>
<td>Warsteed Jerseys, Bokhaar</td>
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<tr>
<td>ROSS, Jack (SWL)</td>
<td>10P</td>
<td>B Wines Engineering, Eddin</td>
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<td>SMITH, Jack (SWL)</td>
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<td>Commercial Hotel, Camperdown</td>
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<td>WHITE, Casey (SWL)</td>
<td>10A</td>
<td>Camperdown Vet Clinic, Camperdown</td>
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### WEDNESDAY

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<tr>
<th>ID</th>
<th>YEAR</th>
<th>PLACE</th>
<th>DATES</th>
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</thead>
<tbody>
<tr>
<td>Atkins, Kaitlyn</td>
<td>11A</td>
<td>Café 133, Camperdown</td>
<td>KATE HALLYBURTON</td>
</tr>
<tr>
<td>BARAKE, Drew (SBA)</td>
<td>12D</td>
<td>Colac Toyota, Colac</td>
<td>PT AQUAZONE, Warrnambool</td>
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<tr>
<td>BAXTER, Zoe (SWL)</td>
<td>12D</td>
<td>Rezimp Hair, Camperdown</td>
<td>4-8PM</td>
</tr>
<tr>
<td>BIGNELL, Lachlan (SWL)</td>
<td>12A</td>
<td>JB Scott, Derrinallum</td>
<td></td>
</tr>
<tr>
<td>BROOKS, Tylan (SBA)</td>
<td>11B</td>
<td>Dalvul Service Centre, Terang</td>
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<tr>
<td>CAIN, Louis (SWL)</td>
<td>11C</td>
<td>Colin Langley Landscaping, Camperdown</td>
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<tr>
<td>DOWNEY, Ethan (SWL)</td>
<td>12A</td>
<td>Earth &amp; Water Tech, Mortlake</td>
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<tr>
<td>HARRIS, Jordan (SWL)</td>
<td>12C</td>
<td>Phil Beasley Plumbing, Terang</td>
<td></td>
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<tr>
<td>HUTH, Alister (SWL)</td>
<td>12B</td>
<td>SL&amp;JL Huth, Jancourt East</td>
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<tr>
<td>HUTSON, Ben (SWL)</td>
<td>11C</td>
<td>Heytesbury Handyman, Simpson</td>
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<td>KARNEY, Shai (SWL)</td>
<td>11A</td>
<td>MacBeth's Café, Terang</td>
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<tr>
<td>KRYBOLDER, Nicholas (SBA)</td>
<td>11C</td>
<td>Doolan Farms, Brucknell</td>
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<tr>
<td>MARQUAND, Dale (SWL)</td>
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<td>Marquand P/S, Mt Bute</td>
<td></td>
</tr>
<tr>
<td>TUCKER, James (SBA)</td>
<td>12B</td>
<td>V&amp;S Tucker, Vite Vite</td>
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<td>UFERGANG, Rachel (SWL)</td>
<td>12D</td>
<td>Terang Pharmacy, Terang</td>
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<td>Erich Wagner Farming, Jancourt East</td>
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<td>WHITE, Dale (SWL)</td>
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<td>Peter Rowan Farms, Camperdown</td>
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### THURSDAY

<table>
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<tr>
<th>ID</th>
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<td>BOURKE, Paddy (SBA)</td>
<td>12D</td>
<td>Darren Vickers Electrical, Dixie</td>
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<td>BAFAKE, Drew (SBA)</td>
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<td>Harris Butchers, Warrnambool</td>
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<td>HUTSON, Ben (SWL)</td>
<td>11C</td>
<td>Vogels Motors, Simpson</td>
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<td>TUCKER, James (SBA)</td>
<td>12B</td>
<td>V&amp;S Tucker, Vite Vite</td>
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Let’s get Appy!
Mrs. Emily Stephens

Apps are fastly becoming a way to manage mental health. As most young people own a smartphone, ipod, iphone-accessibility to help and support for wellbeing is always on hand. But with more than 600 apps available online how do you know which apps are credible and helpful?

ReachOut Australia together with the Young and Well Cooperative Research Centre have created ‘The Toolbox’. In this toolbox is a collection of over 50 apps that have been assessed and rated by mental health professionals.

"With one in four young people experiencing mental ill-health, and 75% of mental illnesses emerging before the age of 25, The Toolbox is an important resource to maintain their own wellbeing," says Young and Well CRC chief executive Assoc Prof Jane Burns.

http://au.reachout.com/sites/thetoolbox

TOP-RATED APPS (from the Toolbox)

FOR DEPRESSION
eCBT Mood
Optimism
WELLMind

FOR ANXIETY
Mindshift
1 Giant Mind
ReachOut
Worry Time
Self Help

FOR ANXIETY MANAGEMENT
ReachOut Breathe
Stop panic and anxiety
Improve general wellbeing
Music eScape
MiYo
Smiling Mind
In Hand
Recharge
WEBMD

Body Image Ambassadors Program
Report by: Ruby Poustie, Grace Moloney & Tess Lourey

In Term 1, we went to Emmanuel College in Warrnambool for an information day run which was run by “Eating Disorders Victoria”. This day was about positive body image. We learnt a lot about how negative body image can affect someone’s mental health drastically. We also learnt a lot about Photoshop and how and where it is used (which is almost in every magazine) and how it affects people’s thinking concerning body image.

In the future, you may see ads, posters, videos and even a whole day dedicated to positive body image for both boys and girls. We, along with Melissa Brisbane and Emily Stephens, are working hard to make this a reality, and hope you will support us when the time comes.
Social Media & Your School

Be a positive role model by demonstrating respectful and responsible behaviours when communicating with and about your child’s school online.

Times have changed

A few years ago parents discussed concerns or issues with friends at the school gate. Today, with the internet, mobile phones and social media, discussions between you and your friends can reach a far wider audience than ever before.

Social media can provide an enjoyable way to socialise online and keep you connected with what is going on in your school community.

While these technologies can be great for sharing ideas and keeping in touch, don’t forget that comments about your school community can have greater impact than expected and can have very real consequences for the reputations of individuals including teachers, principals, other parents, students and yourself.

As a parent and carer, you are your child’s first role model when it comes to online behaviour. Make sure your online conduct demonstrates how they can use social media respectfully and safely.

There are also legal implications around what people are able post and share about others. The idea of privacy in the online world can be confusing but essentially posting or sharing personal information about another person online requires consent.

Top tips for positive and respectful online communication with your school community

Avoid posting negative comments that identify your school or individuals.

Feedback from the school community is important for schools and the department. Each Victorian Government school has a complaints process for raising concerns. If you have a concern, rather than go online, speak directly to your child’s teacher, Assistant Principal or Principal.

If after having this conversation you feel that your concerns have not been resolved, you can contact the Community Liaison Officer at your closest Department of Education and Training Regional Office, who will assist you and the school to find a solution. For more information on raising a concern or issue with your child’s school see: http://www.education.vic.gov.au/about/contact/Pages/complainschool.aspx

Remember: serious instances of inappropriate online behavior may constitute a criminal offence and become a police matter. School staff may obtain personal legal advice if they feel that online content seriously impacts their reputation.
Social Media & Your School

Get to know social media.

It may be helpful to research online networks and mobile applications. In particular look at:

- Terms of Use
- Policies and procedures for the removal of content
- Privacy settings

Be proactive.

If you see something you feel should be removed, flag it. Some sites will allow you to do this anonymously.

Address inappropriate content.

If you encounter inappropriate content online, there are a number of steps you can take:

- Refrain from responding.
- Take a screen capture or print a copy of the concerning online content.
- If you think the content is explicit, pornographic or exploitative of minors, contact the eSafety Commission [https://esafety.gov.au/complaints-and-reporting](https://esafety.gov.au/complaints-and-reporting)
- Block the offending user.
- If the inappropriate or negative comments are in regards to your child’s school or members of the school community you should also contact the school Principal.
- Report the content to the social media provider (e.g. Facebook). Providers can remove content that contravenes their Terms of Use.

How do I report inappropriate content?

Most website have a ‘report/block this person’ or ‘report/block this content’ function. Links to report or block users can be found below:

Facebook
[www.facebook.com/safety](http://www.facebook.com/safety)

Instagram
[help.instagram.com](http://help.instagram.com)

Google (including YouTube)
[google.com/support/qa/legal](http://google.com/support/qa/legal)

Tumblr
[www.tumblr.com/help](http://www.tumblr.com/help)

Twitter
[support.twitter.com](http://support.twitter.com)

eSafety Commissioner

Further information

eSafety Commissioner

Bully Stoppers
Spirit of ANZAC Prize Report

Tate Tregea-Copeland

Over the Term 1 holidays, I was chosen to go on a trip to Greece with 21 other students across Victoria. The original itinerary was changed after the events in Belgium, but it was a fantastic trip nonetheless. Along with the 21 students, I was also accompanied by 3 teachers, 2 employees of DPC, 2 war veterans, and a member of Parliament.

Our first stop was Athens. We had some time in the hotel after our long plane flights, then we travelled into the city where we had dinner with the Australian ambassador to Greece. The next day started early, with a morning flight to Lemnos. After arriving at our hotel, we drove to the other side of the island to meet with the students of the Moudros Secondary School. We attended a ceremony at the Commonwealth war cemetery up the road, due to Lemnos being the base of the hospitals during the Gallipoli Campaign. We then travelled to the ancient site of Poliochni, where archaeologists believe that the first parliament was built. The next day, we went to the Portianou Cemetery, another cemetery in Lemnos, with 2 Canadian nurses buried there.

We saw another cemetery as well, dedicated to Turkish soldiers. That afternoon, we travelled to Castle Myrina, a ruined castle atop a cliff that overlooks the capital Myrina and the Aegean Sea. We found several pieces of pottery from different time periods, which we were able to tell what time period it was from.

We returned to Athens the next day, and we went to the Acropolis, home to the Parthenon. The 360-degree view of Greece’s capital was breathtaking. The rest of the day was spent resting in the hotel. The following day was spent travelling around Athens and its surrounding areas. We went to the Archaeological Museum of Athens, filled with statues, weapons and jewellery that is centuries old. We went to the Phaliron cemetery, a CWGC Cemetery in Athens. We then travelled to the Temple of Poseidon in Sounion, which had some amazing views of the ocean.

Our next two days was spent travelling towards Thessaloniki, the second-largest city in Greece. Our first day was spent travelling north and stopping occasionally. We visited Thermopylae, the site of the ancient battle between the 300 Spartans and the Persian Empire. It was here that I did my Adopt-A-Digger presentation on my great great uncle George Hyland. We then stopped at the Brallos Pass WW1 cemetery, where one of our war veterans, Bob Elworthy, told us the story of his father, who served in Brallos during the German invasion of Greece during World War 2. We spent the night in Meteora, (which, fun fact, the 1981 James Bond movie For Your Eyes Only was filmed) where we visited the Monastery of Saint Stephanos. The detail on the mosaics was truly amazing.
Our second day of travel, we stopped in one place before reaching Thessaloniki: the tomb of both the father and the son of Alexander the Great. The museum also had several artefacts from the Macedonian kingdom. When we arrived in Thessaloniki, we travelled to the childhood home of Mustafa Kemal Atatürk, the first Turkish president, who also had a major role during World War I. It was great to see the effects of what happened to the other side of war, especially the Turkish.

The second day in Thessaloniki started with a trip to the church of St. Demetrius, where we arrived at the end of the Sunday service. We visited the crypt in the lower part of the church, where we explored the interconnections between the Greek, Roman, and Ottoman cultures. We saw a Roman market on our way through the Hagia Sophia, another church in Thessaloniki, filled with beautiful frescos. We concluded the day with the Mikra Cemetery, a British Military Cemetery filled with service men and women from multiple nations.

After a very early start (3:30am), we boarded on a flight to Crete. Our first sight was the Hellenic-Australian Memorial Park in Rethymno. We then drove to Chania, where we had lunch at a Seaside Taverna. After some rest in our hotel, we went to the Suda Bay Memorial Cemetery, where German paratroopers landed at in 1941.

The next day was jam-packed. We went to the Galatas War Memorial, which was dedicated to Greek, Cretan, Australian, and New Zealand troops situated in Crete. Our veterans, Bob and Stuart, kindly showed around their war service medals. After lunch we went to Knossos, the palace where the Minotaur was held in Greek mythology. The 3rd day in Crete was spent going to the beautiful Spinalonga, an island that had been fortified since the 14th century, only to be penetrated in the 20th century. We returned to our hotel in Heraklion, where we spent an hour in the city centre to shop and get some afternoon snacks. We left Crete later that night.

Our last day was spent in Athens, due to several strikes at the International Airport in Athens. Sleeping in felt good, and we spent a few hours at the shopping outlet near our hotel. Our last meal was very heartwarming with all of the students standing up and giving a small homage to what they learnt on this trip. We went to sleep soundly before another big day of long flights ahead. We arrived in Melbourne and parted ways, already planning a reunion in the coming months.

This trip was very enlightening for me, especially learning about the effects of both World Wars on another country. I highly encourage students from Year 9 and Year 10 to consider entering this competition, as the potential benefits are extremely rewarding.
Dinny's Dinner Term 2 2016 Roster

Starting Time is 10.15 am

Wendy 0427 822 361 Nicola 0411 899 939

<table>
<thead>
<tr>
<th>WEEK 2</th>
<th>WEEK 3</th>
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<tr>
<td>Monday 18/4/16 —</td>
<td>Monday 25/4/16 ANZAC DAY</td>
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<td>Tuesday 19/4/16 — Chris Moloney 0427921047</td>
<td>Tuesday 26/4/16 NO SCHOOL</td>
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<td>Wednesday 20/4/16 — Carol Uebergang 0427922325</td>
<td>Wednesday 27/4/16 — Ida Bone 0429387774</td>
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<td>Thursday 21/4/16 — Tania Davis 0439952074</td>
<td>Thursday 28/4/16 — Liz Brett 55963556</td>
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<td>Friday 22/4/16 — Wendy and Nicola</td>
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<tr>
<td>Monday 2/5/16 — Natasha Powell 55951160</td>
<td>Monday 9/5/16 —</td>
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<td>Tuesday 3/5/16 —</td>
<td>Tuesday 10/5/16 — Vanessa Suri 0407433421</td>
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<td>Wednesday 4/5/16 —</td>
<td>Wednesday 11/5/16 Cheryl Oates 0488951706</td>
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<td>Thursday 5/5/16 — Nicki Rickard 0407323438</td>
<td>Thursday 12/5/16 — Ange Cunningham 55932260</td>
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<tr>
<td>Friday 6/5/16 — Wendy and Nicola</td>
<td>Friday 13/4/16 — Wendy and Nicola</td>
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THE CANTEN IS LOOKING FOR NEW HELPERS, IF YOU ARE ABLE TO HELP OUT PLEASE CONTACT WENDY OR NICOLA ON THE PHONE THE ABOVE NUMBERS
FINANCIAL ASSISTANCE
INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government’s commitment to breaking the link between a student’s background and their outcomes.

CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors, excursions encourage a deeper understanding of how the world works and sports teach teamwork, discipline and leadership. All are part of a healthy curriculum.

CSEF will be provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:
- $125 for primary school students
- $225 for secondary school students.

HOW TO APPLY

Contact the school office to obtain a CSEF application form or download from www.education.vic.gov.au/csef

MORE INFORMATION

For the CSEF application closing dates and more information about the fund visit www.education.vic.gov.au/csef
JOIN THE VOLUNTEER CREW!

Fun4Kids Festival volunteer registrations are now open and we need your help!

Adults and Students (14+ years) are invited to participate. There’s heaps of ways to be involved and flexible rosters are available.

WHEN? 26th June - 2nd July 2016

INTERESTED?

Please contact Stephanie Hargreaves 03 5559 4834 l shargreaves@warrnambool.vic.gov.au or check out the website www.fun4kids.com.au/volunteers

DARYL RICHARDSON has some APPLICATION FORMS
Photographic Competition and Exhibition

A Guilfoyle Garden: Guests and Greenery
A project to celebrate 150th anniversary
of the Warrnambool Botanic Gardens

Awards: Junior $50 & $25 - Teenage $100 & $50 - Open $500 & $250

A REMINDER TO ALL LOCAL SCHOOLS

The Friends of Warrnambool Botanic Gardens photographic competition is closing on May 31st.

Entry to this competition is free and there are good prizes to be won. This is an ideal opportunity for classes to get involved in a community activity with links to the curriculum.

Competition details and entry forms are available on the website

www.wbgardens.com.au