

MERCY REGIONAL COLLEGE

NEWSLETTER

ISSUE 3-2

Friday, 10th August, 2018

Our Vision

Mercy Regional College serves a wide rural community which values growth and diversity in Catholic Education in the Mercy tradition.

Our Mission

In the Spirit of the Gospels we commit ourselves to the core values of community, inclusiveness, learning, care, justice and mercy, excellence and achievement.

Our Focus for 2018

"Through the Mercy tradition we welcome and celebrate individual difference".

FROM THE PRINCIPAL

In recent weeks, more and more stories have been around of the dire conditions for farmers and all of those on the land in NSW and parts of Queensland and Western Australia. Some are describing it as the worst drought ever to affect their lands; and these are farmers who have been on the land for several generations. Yet, here in the South West, we have been experienced a typical winter with rain, wind and cold. My prayer today is one that calls us to reflect on climate change when humankind does not give proper consideration to the beauty and complexity of God's Creation,

A Prayer for Operation Noah

Jesus Christ, tempted to turn stones to bread in the wilderness;

Teach us that when we change time for our convenience;

night to day in our living,

patience to speed in our journeying,

winter to summer in our eating,

we change God's calendar,

which brings

the hatchling to the caterpillar,

the bee to the nectar,

the rains to the farmer;

to the one which brings you to the cross.

Give us grace in our simplest actions to choose the life, which breathes in the beautiful complexity of creation, to conquer death, and to fit us to be Easter people.

Amen

2019 Enrolments

Thanks to all those involved in last week's Year 7 2019 Enrolment Interviews – students, parents and staff; they provide the opportunity to meet, discuss transition arrangements, identify and discuss any areas of concern and provide an invaluable opportunity for prospective students to reflect on what the transition to secondary education might entail.

The next stage of the 2019 Transition process will see all prospective students travelling to the O'Keeffe Campus on **Tuesday 28th August** for the day.

Any students or families that are considering an enrolment at Mercy are asked to make contact with the Principal's Secretary, Mrs. Sue Bohm at the College on 5593 2011 or sue@mercy.vic.edu.au.

Mid Term break

A reminder to all parents and families that there will be no classes on **Monday 20th August** with students and staff having a mid-term break. I hope that families, where possible, take the opportunity to enjoy a restful long weekend.

Henderson St Driveway

With increasing enrolments at both St Patrick's School and Mercy's McAuley Campus, space has become a scarce resource especially when students are in the schoolyard. The number of students out has been identified as a risk issue given the access to McAuley Campus is via the long Henderson St driveway. Both St Patrick's and Mercy are investigating options to minimise the interaction between vehicles and pedestrians in this area although it is difficult to completely prevent this.

As these investigations continue, could I ask parents and visitors to the College to avoid driving up to McAuley Reception unless absolutely necessary; there is normally ample parking available on Henderson St.

Job Vacancies

Over the next week, the College will be advertising in local and statewide papers for a number of teaching positions for the 2019 school year. Details on the roles and an application pack can be found at <http://www.mercy.vic.edu.au/jobs/>

Resilience Project

A reminder to all parents, families, friends of the College and local community members that our public workshop on this important topic is coming up shortly. The presentation is being held on **Tuesday 21st August** at the Five Star Function Centre in Camperdown with a 6.45pm invitation to a 7.00pm start. Details are included on page 7.

Staff Religious Education PD Day

Last Thursday, all Mercy Regional College staff travelled to Trinity College, Colac and joined the staff of Trinity as well as Emmanuel College, Warrnambool for a day with world-renowned theologian, Fr Timothy Radcliffe. Fr Timothy is a Dominican priest who lives and teaches in Oxford University at Blackfriars College. He is an extraordinary speaker whose intimate knowledge of the Catholic tradition is balanced by significant life experience and delivered in an engaging and good-humoured manner. It was a privilege to hear him again. Thanks also to Mrs. Jo Saunders as well as Ms. Tina Jenkins and Mrs. Freya Egberts who contributed reflections as part of the day.

Subject Selection

In the last week, most students from Year 8 – 11 have been heavily involved with subject selection briefings and interviews ahead of 2019. This process is very important as it provides the opportunity for dialogue between students, parents and College staff on the best pathway and subject offerings for each child. A fundamental tenet of Mercy Regional College is personalised learning and this time of the year is a key part of that process.

I encourage any parents or students with questions arising from this process to make contact with their relevant Head of Teaching and Learning or Mrs. Sinnott.

Student and Staff Activities

Plenty going on for students and staff as we approach the middle of third term:

- Students at the O'Keeffe Campus have enjoyed a range of activities associated with Literacy Week including authors-in-residence, a giant spelling bee and a guess what teachers are reading competition. Thanks to Mrs. Beth Marburg and Mrs. Maureen O'Loughlin for their coordination of this great event.
- Last week saw our evening of Unit 3-4 subject interviews as well as the VCE/VCAL Information Night.
- Students have been involved in the Coleraine shooting competition, GWR basketball finals, the Year 9 BRICKS program, the Year 11 Fit To Drive presentation, Psychology Excursion to the Dax Centre as well as the Mercy Seeds of Justice event in Anglesea.
- Next week, all Year 10 students will spend two days in Anglesea on their annual retreat.

Yours in Mercy,



DR. DARREN EGBERTS
PRINCIPAL

From the Assistant Principal – Staff & Students

Mrs. Claire Wrigley



This week we share some more data from the resilience project survey. This data will be beneficial to use as a baseline for us to refer to when looking to implement new programs in the school. Through the Resilience Program, school activities and the whole school resilience project presentation, students will develop an understanding of gratitude, empathy and resilience. Our theme over the next few weeks is gratitude and random acts of kindness. We have seen many students contributing to our gratitude tree at O'Keeffe campus and McAuley campus. Students have had the opportunity to write on a leaf something they are most grateful for and place it on the tree. It is also hoped that we will see random acts of kindness at school and you may also see some at home! The students from year 7-10 have been working on lessons from the resilience project program and from the feedback we have been receiving they have really been enjoying the program.

When looking through the data we reflected on areas that our students are less favourable in. Through our curriculum development we aim to improve engagement and we will see many staff members involved in professional development in a new teaching methodology 'google classrooms' which we believe will assist with educational engagement of our students moving forward.

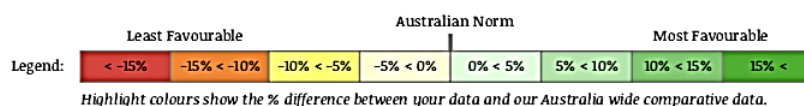
To address school belonging and empowerment students have had the opportunity to join MRC student voice, our first meeting is next week with approximately 15 students involved. Another area we recognised was the number of students who don't eat breakfast, at some year levels only have the year level said they regularly eat breakfast. Breakfast is the most important meal of the day, the brain food required for good concentration in class. Please ensure your children are eating breakfast. We also now have a fruit bowl at each campus where students can grab a piece of fruit if they need a healthy energy boost!

All parents are most welcome and encouraged to join us on Tuesday Aug 21 for The Resilience Project Parent session. See the flyer advertising this night in the newsletter with start time details etc.



School wide - Female - Comparing to Australian Norms (AN)

Domain	Question	2018 7	2018 AN	2017 7	2018 8	2018 AN	2017 8	2018 9	2018 AN	2017 9	2018 10	2018 AN	2017 10	2018 11	2018 AN	2017 11	2018 12	2018 AN	2017 12
Empowerment	feel valued and appreciated	71	62	0	54	55	0	53	52	0	52	51	0	41	52	0	68	53	0
	included in decision making	78	73	0	79	69	0	78	68	0	64	67	0	65	68	0	68	70	0
	useful roles and responsibilities	80	67	0	74	60	0	44	58	0	60	56	0	53	55	0	51	56	0
	feeling safe at home	93	89	0	92	87	0	94	87	0	96	87	0	82	88	0	92	88	0
	feeling safe at school	90	79	0	87	73	0	78	74	0	88	76	0	88	79	0	86	82	0
Empowerment - Online safety	feeling safe in my neighbourhood	88	82	0	90	81	0	84	80	0	80	80	0	82	80	0	92	81	0
	sensible texting times (6am-10pm)	76	46	0	59	33	0	44	26	0	32	19	0	12	14	0	14	13	0
	don't reply in anger	83	69	0	74	61	0	63	56	0	52	52	0	71	51	0	59	51	0
Empowerment - Bullying	receive hurtful comm's (never)	83	71	0	74	68	0	66	67	0	56	67	0	82	68	0	65	70	0
	bullied at school (never)	66	50	0	41	53	0	66	59	0	60	66	0	65	71	0	76	75	0
	bullied online (never)	88	74	0	69	70	0	63	72	0	76	75	0	82	78	0	81	80	0
Belonging - School	care about school	68	80	0	77	72	0	50	72	0	56	72	0	59	74	0	73	75	0
	eager to achieve	88	88	0	97	83	0	78	82	0	80	82	0	76	82	0	84	83	0
	teachers urge me to achieve	90	82	0	95	71	0	88	68	0	80	67	0	71	69	0	84	75	0
Belonging - Family	quality time with parents	83	70	0	74	65	0	72	63	0	56	61	0	59	59	0	59	59	0
	parents help me succeed	88	91	0	90	90	0	94	88	0	92	88	0	88	86	0	86	85	0
	parents talk to me	85	76	0	77	69	0	78	66	0	60	63	0	59	62	0	57	61	0
Belonging - Community	involved in a club or sport	95	75	0	85	71	0	94	68	0	88	62	0	76	58	0	81	51	0
	engaged in creative activity	54	60	0	26	53	0	34	52	0	12	48	0	12	45	0	30	43	0
	helping make a better community	59	57	0	69	44	0	28	40	0	24	36	0	35	37	0	43	37	0
Belonging - Social	build friendships	88	78	0	82	74	0	75	72	0	76	71	0	76	70	0	59	70	0
	friends set good example	95	78	0	87	73	0	72	71	0	56	71	0	65	69	0	78	71	0
	2 or more groups of friends	85	76	0	74	71	0	59	69	0	92	66	0	71	66	0	70	66	0

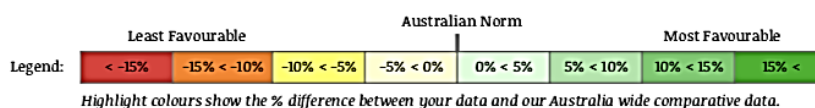


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School wide - Female - Comparing to Australian Norms (AN)

Domain	Question	2018 7	2018 AN	2017 7	2018 8	2018 AN	2017 8	2018 9	2018 AN	2017 9	2018 10	2018 AN	2017 10	2018 11	2018 AN	2017 11	2018 12	2018 AN	2017 12
Educational Engagement - Learning &	motivated to learn	80	85	0	87	78	0	69	76	0	64	77	0	59	77	0	81	80	0
	engaged in learning	90	90	0	97	84	0	84	81	0	60	80	0	82	81	0	89	83	0
	connected to school	85	89	0	97	82	0	75	80	0	64	80	0	76	81	0	84	83	0
Social Skills - Decision Making	decision making skills	78	82	0	92	76	0	69	71	0	60	68	0	59	67	0	70	68	0
	interpersonal skills	98	87	0	90	83	0	91	82	0	76	82	0	76	82	0	84	84	0
Social Skills - Values Diversity	values diversity	98	93	0	92	92	0	97	92	0	88	92	0	100	92	0	86	93	0
	healthy (+ve) attitude to violence	95	83	0	85	80	0	84	80	0	76	81	0	88	84	0	84	86	0
Positive Identity - Personal Power	feel good about me	73	62	0	69	51	0	41	44	0	44	42	0	24	40	0	41	40	0
	sense of purpose	83	71	0	74	63	0	72	59	0	60	58	0	24	56	0	46	59	0
Positive Identity - Feel Good About	I feel in control of my life	78	65	0	79	58	0	66	53	0	60	48	0	35	42	0	54	42	0
	I feel good about my future	78	71	0	77	61	0	66	55	0	44	51	0	35	45	0	54	45	0
Positive Values - Trust	trusting others	90	62	0	69	52	0	59	50	0	56	49	0	35	49	0	49	50	0
	being trustworthy	88	82	0	97	80	0	81	81	0	96	82	0	94	81	0	89	85	0
Positive Values - Forgiveness	forgiving others	71	57	0	64	52	0	53	51	0	60	53	0	59	52	0	57	53	0
	forgiving yourself	78	58	0	72	49	0	44	44	0	56	43	0	18	40	0	49	42	0
Positive Values - Honesty	I take responsibility	95	86	0	97	82	0	91	82	0	88	83	0	71	83	0	81	85	0
	I tell the truth	93	71	0	74	66	0	59	64	0	64	65	0	59	68	0	70	69	0
Positive Values - Compassion	I help others	93	92	0	97	90	0	94	89	0	88	90	0	88	90	0	92	91	0
	help solve social problems	66	58	0	59	54	0	38	51	0	40	48	0	35	46	0	46	45	0

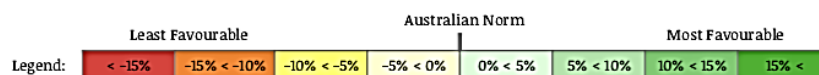


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School wide - Female - Comparing to Australian Norms (AN)

Domain	Question	2018 7	2018 AN	2017 7	2018 8	2018 AN	2017 8	2018 9	2018 AN	2017 9	2018 10	2018 AN	2017 10	2018 11	2018 AN	2017 11	2018 12	2018 AN	2017 12
Adult Support - Clear rules	family provides clear rules	85	83	0	85	79	0	81	77	0	80	74	0	71	73	0	76	72	0
	school gives clear rules	90	82	0	85	71	0	81	68	0	80	67	0	53	68	0	70	72	0
	school enforces rules fairly	78	76	0	85	60	0	59	54	0	56	51	0	29	50	0	54	52	0
Adult Support - Adults who care & listen	adults who care	85	73	0	85	65	0	63	60	0	68	56	0	53	54	0	62	54	0
	adults who listen	93	76	0	82	68	0	63	65	0	72	63	0	71	62	0	65	62	0
	support from other adults	88	76	0	90	68	0	81	66	0	72	65	0	71	64	0	78	67	0
Hope - Agency	I think I am doing pretty well	83	69	0	67	61	0	56	56	0	40	53	0	53	51	0	62	50	0
	I am doing just as well as other kids	76	69	0	67	64	0	50	60	0	32	59	0	47	58	0	54	56	0
	past things I've done will help me	71	64	0	56	57	0	59	56	0	52	56	0	53	55	0	65	59	0
Hope - Agency	I can find ways to get things in life	80	68	0	62	62	0	50	58	0	56	57	0	53	54	0	51	54	0
	I can find ways to solve problems	71	57	0	56	50	0	41	48	0	48	48	0	41	47	0	46	48	0
	when others quit, I can find ways	68	63	0	69	54	0	47	51	0	40	49	0	29	49	0	57	50	0
Mental Health - Sleep/	not losing sleep through worry	71	66	0	79	59	0	63	55	0	76	54	0	29	49	0	59	47	0
	able to concentrate	90	81	0	82	74	0	84	69	0	64	65	0	82	61	0	65	60	0
Mental Health - Anxiety and	not under strain (not anxious)	78	71	0	85	62	0	75	57	0	68	52	0	35	42	0	46	35	0
	not unhappy or depressed	80	69	0	82	63	0	72	58	0	64	58	0	59	55	0	62	54	0
Mental Health - Confidence and	not losing confidence	85	69	0	82	62	0	69	58	0	72	57	0	47	53	0	62	52	0
	not feeling worthless	88	75	0	79	69	0	81	67	0	64	68	0	65	67	0	73	68	0
Healthy Body - Fitness	keep fit	85	75	0	87	67	0	75	61	0	80	55	0	47	50	0	59	43	0
	8 hours sleep	80	66	0	69	56	0	50	48	0	56	41	0	53	35	0	46	33	0
Healthy Body - Nutrition	eat well to stay well	80	76	0	85	67	0	69	62	0	60	57	0	65	54	0	54	52	0
	eat breakfast at home (every day)	54	53	0	59	49	0	41	46	0	60	47	0	47	46	0	70	49	0
Healthy Body - Substances	not smoking	98	98	0	100	95	0	97	92	0	88	89	0	76	86	0	95	85	0
	not using alcohol	95	94	0	95	86	0	66	76	0	56	64	0	24	50	0	11	36	0



Highlight colours show the % difference between your data and our Australia wide comparative data.

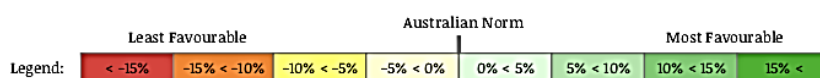


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School wide - Male - Comparing to Australian Norms (AN)

Domain	Question	2018 7	2018 AN	2017 7	2018 8	2018 AN	2017 8	2018 9	2018 AN	2017 9	2018 10	2018 AN	2017 10	2018 11	2018 AN	2017 11	2018 12	2018 AN	2017 12
Empowerment	feel valued and appreciated	70	65	0	61	62	0	65	60	0	60	59	0	71	58	0	50	58	0
	included in decision making	75	71	0	82	68	0	73	66	0	64	65	0	67	65	0	62	64	0
	useful roles and responsibilities	65	59	0	57	55	0	46	56	0	48	55	0	46	52	0	42	53	0
	feeling safe at home	98	90	0	96	89	0	96	88	0	92	89	0	96	88	0	92	89	0
	feeling safe at school	70	77	0	71	73	0	77	73	0	64	75	0	83	78	0	85	82	0
	feeling safe in my neighbourhood	85	80	0	89	78	0	81	78	0	80	78	0	83	78	0	88	79	0
Empowerment - Online safety	sensible texting times (6am-10pm)	73	53	0	61	43	0	58	35	0	12	26	0	21	22	0	19	19	0
	don't reply in anger	90	71	0	89	65	0	85	60	0	52	57	0	63	56	0	58	54	0
Empowerment - Bullying	receive hurtful comm's (never)	90	76	0	89	73	0	88	72	0	84	70	0	79	70	0	73	71	0
	bullied at school (never)	65	50	0	57	53	0	81	57	0	68	63	0	71	68	0	73	72	0
	bullied online (never)	93	79	0	89	77	0	77	75	0	84	76	0	88	79	0	81	79	0
Belonging - School	care about school	50	71	0	57	66	0	46	65	0	36	67	0	29	66	0	50	67	0
	eager to achieve	83	83	0	71	78	0	58	76	0	52	76	0	71	76	0	73	76	0
	teachers urge me to achieve	85	81	0	71	72	0	62	69	0	60	69	0	79	70	0	54	76	0
Belonging - Family	quality time with parents	85	70	0	71	65	0	77	61	0	60	57	0	63	52	0	46	50	0
	parents help me succeed	98	91	0	89	90	0	85	88	0	84	88	0	88	86	0	81	85	0
	parents talk to me	93	79	0	71	73	0	54	68	0	68	65	0	79	62	0	58	59	0
Belonging - Community	involved in a club or sport	93	77	0	82	74	0	81	71	0	84	67	0	83	64	0	88	61	0
	engaged in creative activity	30	44	0	21	38	0	15	38	0	20	35	0	13	35	0	42	35	0
	helping make a better community	60	48	0	50	41	0	38	38	0	32	35	0	38	35	0	54	36	0
Belonging - Social	build friendships	80	77	0	75	74	0	58	71	0	76	69	0	75	68	0	73	69	0
	friends set good example	65	68	0	50	63	0	46	62	0	56	60	0	67	60	0	69	61	0
	2 or more groups of friends	78	77	0	79	76	0	50	73	0	72	72	0	92	70	0	81	72	0



Highlight colours show the % difference between your data and our Australia wide comparative data.

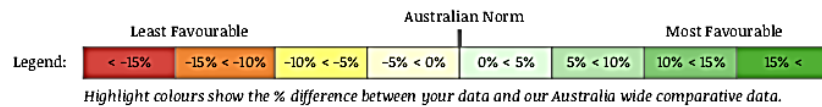


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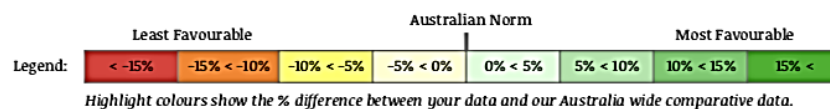
School wide - Male - Comparing to Australian Norms (AN)

Domain	Question	2018 7	2018 AN	2017 7	2018 8	2018 AN	2017 8	2018 9	2018 AN	2017 9	2018 10	2018 AN	2017 10	2018 11	2018 AN	2017 11	2018 12	2018 AN	2017 12
Educational Engagement - Learning &	motivated to learn	65	77	0	54	70	0	50	68	0	40	68	0	38	69	0	54	71	0
	engaged in learning	85	85	0	64	79	0	58	75	0	44	75	0	54	74	0	73	76	0
	connected to school	78	82	0	64	76	0	50	73	0	40	74	0	46	73	0	58	75	0
Social Skills - Decision Making	decision making skills	83	75	0	57	71	0	50	69	0	40	67	0	33	64	0	54	62	0
	interpersonal skills	80	79	0	57	76	0	58	75	0	60	75	0	63	76	0	81	78	0
Social Skills - Values Diversity	values diversity	88	89	0	96	87	0	73	86	0	72	84	0	88	85	0	85	86	0
	healthy (+ve) attitude to violence	80	71	0	82	68	0	65	65	0	64	66	0	71	69	0	69	70	0
Positive Identity - Personal Power	feel good about me	83	74	0	57	69	0	73	66	0	72	63	0	50	60	0	69	60	0
	sense of purpose	80	73	0	71	69	0	73	65	0	56	64	0	50	61	0	69	62	0
Positive Identity - Feel Good About	I feel in control of my life	65	71	0	64	68	0	73	64	0	60	60	0	63	55	0	62	55	0
	I feel good about my future	73	75	0	68	70	0	69	65	0	64	61	0	71	56	0	65	55	0
Positive Values - Trust	trusting others	88	64	0	71	60	0	54	55	0	72	56	0	75	54	0	69	54	0
	being trustworthy	88	75	0	93	75	0	81	71	0	96	75	0	88	75	0	88	76	0
Positive Values - Forgiveness	forgiving others	73	52	0	61	51	0	50	48	0	32	51	0	50	51	0	46	53	0
	forgiving yourself	65	59	0	57	55	0	65	52	0	44	50	0	54	48	0	46	47	0
Positive Values - Honesty	I take responsibility	83	81	0	79	78	0	77	79	0	80	80	0	71	81	0	85	83	0
	I tell the truth	57	64	0	68	60	0	65	60	0	64	61	0	71	64	0	77	66	0
Positive Values - Compassion	I help others	88	87	0	96	83	0	73	81	0	68	81	0	75	82	0	81	83	0
	help solve social problems	40	49	0	36	45	0	19	44	0	28	42	0	38	41	0	27	41	0



School wide - Male - Comparing to Australian Norms (AN)

Domain	Question	2018 7	2018 AN	2017 7	2018 8	2018 AN	2017 8	2018 9	2018 AN	2017 9	2018 10	2018 AN	2017 10	2018 11	2018 AN	2017 11	2018 12	2018 AN	2017 12
Adult Support - Clear rules	family provides clear rules	85	83	0	82	80	0	88	77	0	76	74	0	67	73	0	65	71	0
	school gives clear rules	88	79	0	71	69	0	65	66	0	64	66	0	46	68	0	58	69	0
	school enforces rules fairly	80	73	0	61	60	0	38	55	0	28	54	0	17	54	0	35	52	0
Adult Support - Adults who care & listen	adults who care	90	69	0	75	63	0	62	58	0	68	54	0	63	52	0	77	51	0
	adults who listen	88	73	0	82	68	0	73	65	0	60	62	0	67	60	0	69	61	0
	support from other adults	80	71	0	71	65	0	69	64	0	64	63	0	75	62	0	81	64	0
Hope - Agency	I think I am doing pretty well	68	72	0	64	68	0	54	65	0	60	63	0	67	59	0	65	58	0
	I am doing just as well as other kids	65	70	0	61	67	0	46	65	0	44	63	0	63	61	0	62	60	0
	past things I've done will help me	68	65	0	57	61	0	54	60	0	44	59	0	50	59	0	54	60	0
Hope - Agency	I can find ways to get things in life	70	70	0	61	68	0	58	65	0	56	63	0	58	61	0	54	61	0
	I can find ways to solve problems	63	61	0	54	60	0	50	59	0	60	59	0	50	58	0	58	59	0
	when others quit, I can find ways	60	63	0	61	60	0	42	58	0	48	58	0	58	57	0	69	57	0
Mental Health - Sleep/	not losing sleep through worry	85	72	0	86	73	0	88	71	0	96	68	0	79	64	0	81	62	0
	able to concentrate	85	83	0	86	80	0	77	78	0	80	75	0	75	72	0	69	71	0
Mental Health - Anxiety and	not under strain (not anxious)	85	72	0	82	70	0	85	67	0	88	63	0	75	55	0	73	50	0
	not unhappy or depressed	78	75	0	89	74	0	77	71	0	76	70	0	83	66	0	77	65	0
Mental Health - Confidence and	not losing confidence	85	77	0	89	75	0	85	74	0	80	72	0	75	69	0	81	68	0
	not feeling worthless	85	81	0	93	79	0	85	78	0	84	77	0	79	77	0	85	76	0
Healthy Body - Fitness	keep fit	80	75	0	71	71	0	65	68	0	68	65	0	75	60	0	73	59	0
	8 hours sleep	93	68	0	68	62	0	69	56	0	68	48	0	58	41	0	65	37	0
Healthy Body - Nutrition	eat well to stay well	98	77	0	68	71	0	73	66	0	48	63	0	71	59	0	58	58	0
	eat breakfast at home (every day)	70	63	0	68	60	0	62	56	0	56	54	0	58	52	0	65	52	0
Healthy Body - Substances	not smoking	100	96	0	96	93	0	92	90	0	72	88	0	67	85	0	65	81	0
	not using alcohol	93	89	0	96	82	0	58	74	0	36	64	0	8	53	0	15	36	0



The 'Resilience Project' is coming to Camperdown!



Building Resilience at Home: The presentation will look at building resilience and positive relationships, and connections with the family unit. The audience will be introduced to the concepts of Mindfulness, Empathy and Gratitude, and are then given practical strategies to implement them within the home. These programs are designed to complement each other and create a cohesive approach to developing positive mental health, improved confidence, and positive relationships. The presentation engages in storytelling to highlight these concepts, and to captivate the audience.

SAVE THE DATE: RESILIENCE PROJECT PARENT SESSION TUESDAY AUGUST 21 7PM TO 8.30PM

@ THE FIVE STAR FUNCTION CENTRE, ADENEY STREET (LEURA OVAL) CAMPERDOWN

****PLEASE EMAIL OR PHONE MRC RECEPTION TO BOOK YOUR SEATS FOR THIS EVENING:**

Reception@mercy.vic.edu.au McAULEY CAMPUS 55932011 **OR** O'KEEFE CAMPUS: 55925353

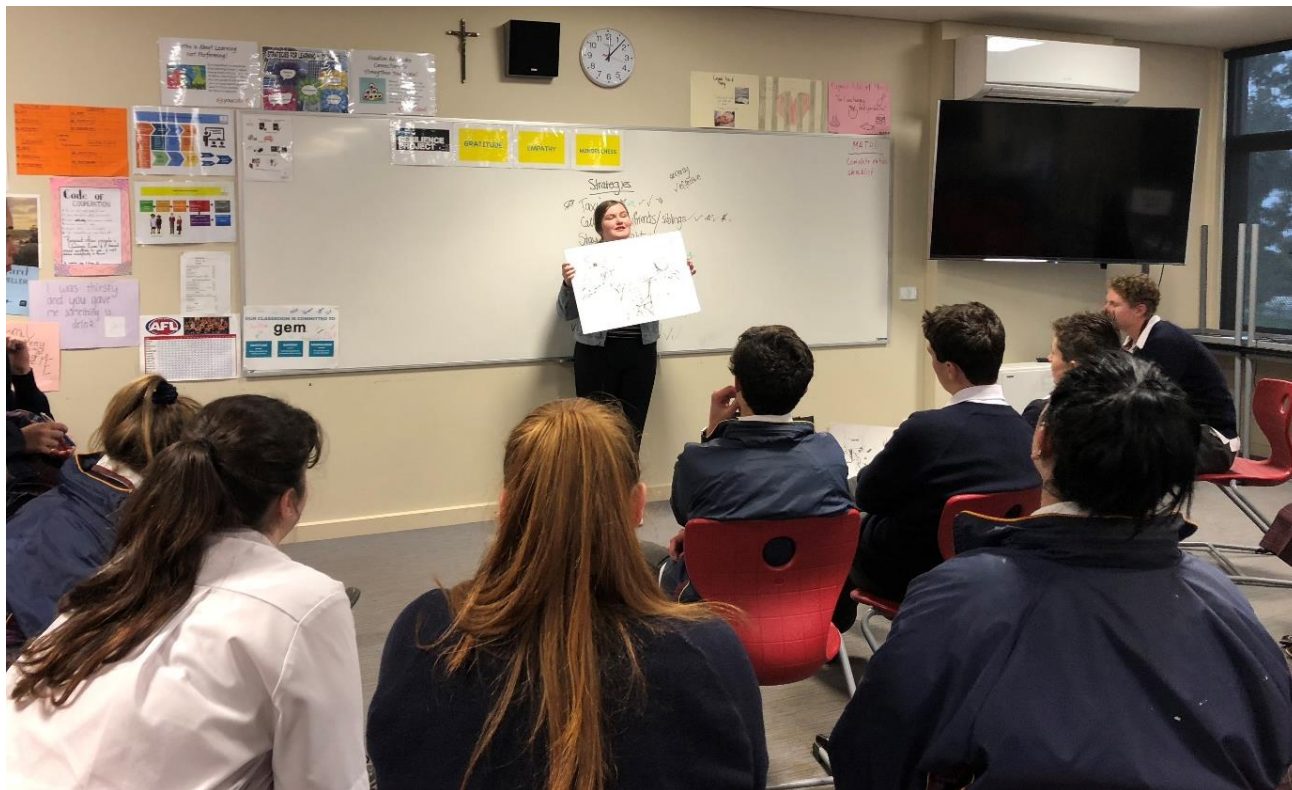
Year 11 Fit to Drive Workshops

Mrs. Kristie Jensen

Our Year 11 students were involved in the VicRoads Fit to Drive workshop last Friday 3rd August.

These workshops provided our students with an excellent opportunity to be actively involved with their peers in understanding road safety, the development of a personal safety plan and it encouraged students to consider how they will travel at all times and in particular what they will do if they are feeling unsafe.

These workshops were facilitated by VicRoads and trained University students from Melbourne.



I ♥ Love Literacy

Mrs. Maureen O'Loughlan – Resource Manager

Matt Porter, a local author from Port Fairy, spent the day with our Year 7 students. Each class has had the opportunity to workshop with Matt, gaining an insight into creative writing and the skills required for improved literacy.

His workshops included fun activities designed to invigorate their everyday learning. Matt has written several hilarious books based on the 'Crazy Relief Teacher' theme and has recently released the first book in a series called 'Footy Stars' with AFLW star Stephanie Chiocci.

Year 7 students Jack Pekin and Alex Kenna commented that they had enjoyed learning about writing, based on a game-show theme that involved the whole class. Matt has complemented the 'I ♥ Literacy' fortnight that has been running at the O'Keeffe Campus, in a positive manner.



Spelling Bee

Beth Marburg, Teacher - Librarian

As part of "I Love Literacy" activities at Mercy College's O'Keeffe campus, Year 7 and 8 students took part in a Spelling Bee on Wednesday 1st August. Two students from each homeroom were selected for their spelling skills and competed in front of all year 7 and 8 students. This requires considerable nerve and the student competitors kept their composure and performed admirably.

Dr Darren Egberts, Principal, adjudicated. The audience was very supportive of the spellers, willing them to complete their words correctly.

The winners were Eloise Chivell (Year 7) and in Year 8 there was a dead heat between Lily Wade and Lauren Ryan. All participating students are to be congratulated.



Victoria Cross Australia Remembers

Our Year 9 students were lucky enough to meet Michael Madden, author of the "Victoria Cross Australia Remembers" book, which traces the stories and families of all the 100 Australians who have been awarded the Victoria Cross. Photographer Gordon Trille who photographed the journey around the world to trace these stories is an Iraq war veteran and both gentlemen were very happy to share the stories and the history behind the Victoria Cross Award for Valour. The book aims to raise funds for TPI ex-service men and women. MRC was presented with a copy of the book signed by both gentlemen in honour of their visit today.



Career News

Mrs. Jenny Phillips

Important Information for Year 12 students considering Tertiary Studies

Applying to undertake Tertiary Studies

Most applications for tertiary studies require students to apply through VTAC. The registration process and applications opened on Monday 6th August and close on Thursday 27th September. Students will be guided through the process with a combination of group information sessions and individual counselling sessions.

VTAC Webinar for Parents and Students

At 7pm on Wednesday 15 August, VTAC will run a free evening webinar **for students and parents** covering all aspects of the application process. This webinar is hosted by the CEAV.

More information and registration is available at

<https://www.eventbrite.com.au/e/applying-for-tertiary-study-in-victoria-free-vtac-webinar-tickets-48724413031>

The following list details specific programs that are still available to students for 2019 Tertiary Studies:

La Trobe University – Aspire Program applications are now open and close 31st August.

University of Melbourne – Access Melbourne Program applications are now open through VTAC and close 12th October.

Senior Subject Selection Process

Subject Selection Interviews

All Year 10 and 11 students have a scheduled time during Term 3 to meet with one of the following teachers: Mrs. Thornton, Mrs. Fraser, Mr. Harkin or Mrs. Phillips. These interviews give students the opportunity to discuss their subject selections for 2019. The Year 10 into 11 subject selection interviews are almost complete and our Year 11 students will be interviewed during Weeks 5 to 7.

Resources available to assist with the subject selection process

- Herald Sun Lift out – VCE Planner
- VCAA publication - Where to now (one copy for each Year 10 student)

http://www.vcaa.vic.edu.au/Documents/wtn/WhereToNow_2018_Web.pdf

- VTAC publications
 - Year 10 Guide (one copy for each Year 10 student)
 - VTAC CourseSearch

<http://delta.vtac.edu.au/CourseSearch/searchguide.htm>

- VTAC App – available from the App Store – free

- Mercy Regional College Website

www.mercy.vic.edu.au

MRC Homepage>Co-curriculum>Careers> Link to careers.mercy.vic.edu.au

Career News

The latest Career News and Open Day Information is available through link on the Careers Section of the MRC Website Homepage.

Work Placement

Mrs. Rose Henry

Some photos from Work placement students at work on Wednesday this week:

Year 12 students

- Louis Johnstone (Viper Electronics in Colac)
- Casey White at the (Camperdown Vet Clinic)



Year 11 student

Derm Carlin (with former MRC student Jack Lee)
at Lee Contracting, Terang.

COMING DATES

TERM 3

Tuesday 14th August

Year 10 Retreat for 2 days
MRC Finance Committee Meeting 3:30pm

Friday 17th August

MEL Frayne Public Speaking Festival

Monday 20th August

Mid-term break – no school for staff and students

Tuesday 21st August

The Resilience Project – Parent Information Session
MRC Board Meeting 7:30pm

Tuesday 28th August

Year 6 Transition Day for (Year 7, 2019) / Year 8 students at McAuley Campus all day

Friday 31st August

Our Lady of Mercy - Feast Day Mass

Wednesday 5 September

HSSSD Year 7 & 8 Basketball

Thursday 6 September

Sports Colour Day

Monday 10 September

Junior Oratory Competition

Tuesday 11 September

Middle School Oratory Competition
MRC Finance Committee Meeting 3:30pm

Wednesday 12 September

Year 7-11 Parent/Teacher Interviews

Thursday 13 September

Year 7 Students - Special Persons Day – O’Keeffe Campus

Monday 17 September

GWR Athletics
Central Aust Trip Departs

Tuesday 18 September

MRC Board Meeting 7:30pm

Wednesday 19 September

Year 7 Immunisations at O’Keeffe Campus

Thursday 20 September

McAuley Cup @ Damascus College, Ballarat

Friday 21 September

Term 3 Concludes

Monday 8 October

Term 4 Commences

PUBLIC NOTICES



JEAN WOOD MUSIC AWARDS

FOR PRIMARY AND SECONDARY STUDENTS

2018 AUDITIONS

SATURDAY, 8 SEPTEMBER

NEIL BLACK MEMORIAL PRESBYTERIAN CHURCH, NOORAT

JUNIOR PRIZE \$100

(Primary aged students)

SENIOR PRIZE \$300

(Secondary aged students)

Conditions of Entry: Applicants need to have played a musical instrument for two years or more, and live in or go to school in the Districts of Terang, Mortlake, Camperdown, Cobden or Timboon.

ENTRY FORMS: 5592 1989

Camperdown Amateur Basketball Association Inc.



It's time to register for the upcoming 2018/19 season!

Registrations are now being taken online for all competitions until Friday 14th September. To register, visit the Camperdown Amateur Basketball Association's website and follow the links:

(www.foxsportspulse.com/assoc_page.cgi?c=1-10252-0-0-0).

Individual registrations are taken for our 8, 12 and 16 & Under competitions whilst we accept both names and teams for our Senior Men & Women's competitions.

Senior players, if you would like to be placed in a team, please make contact with your details. Alternatively if you have a team, please email through your team name, colours and playing list before making sure everyone registers online.

Fees are payable online when you register:

- 8 & Under Boys & Girls \$75*** (formally Midget Division 2): Born 2010 & 11
- 12 & Under Boys & Girls \$75*** (formally Midget Division 1): Born 2006, 07, 08 & 09
- 16 & Under Boys & Girls \$85*** (formally Juniors): Born 2002, 03, 04 & 05
- Senior Men & Women \$95***: Must be 15 by 31st December 2018



Aussie Hoops:

Aussie Hoops is a national program that provides an environment where children of all abilities can achieve on the court and reap the rewards of skill development, enhanced self-esteem, social co-operation and grassroots sports participation. Aussie Hoops in Camperdown will be aimed at the 5-8 year old bracket, however would be happy to accommodate any 9 and 10 year olds who would prefer to gain confidence instead of/as well as playing in a competition.

Term 4 (8 sessions): \$80 (includes participation pack)

Aussie Hoops registrations will open mid-August. Watch this space!

Planned Schedule:

- Monday night:** 16 & Under Boys & Girls
- Tuesday night:** 8 & Under Girls, 12 & Under Girls, Aussie Hoops, Senior Women
- Wednesday night:** 8 & Under Boys, 12 & Under Boys, Senior Men

Family discount available:

If you have three or more family members playing in any competition, each player will have court fees for two games paid at the beginning of the season.

Keep up to date:

Download our Team App or Game Day App, both available for free from the Apple App or Google Play Stores. All information/results are posted on these, along with our website and in the Camperdown Chronicle.

If you have any queries or concerns, please contact President Gary O'Neil on 0419 302 436, Secretary Amy Stephenson on 0417 013 962 or Treasurer Daniel Missen on 0418 173 089.

* Weekly court fees set by the YMCA are payable at the Camperdown Stadium prior to each game or upfront for the season by week 3.

E: caba@tca-online.net.au