

MERCY REGIONAL COLLEGE NEWSLETTER

ISSUE 3-3

Friday, 24th August, 2018

Our Vision

Mercy Regional College serves a wide rural community which values growth and diversity in Catholic Education in the Mercy tradition.

Our Mission

In the Spirit of the Gospels we commit ourselves to the core values of community, inclusiveness, learning, care, justice and mercy, excellence and achievement.

Our Focus for 2018

"Through the Mercy tradition we welcome and celebrate individual difference".

FROM THE PRINCIPAL

This week's newsletter includes a number of reports on the Resilience Project presentations that were held across Tuesday and Wednesday. Our prayer this week is the one used at the staff and parent presentations held at the Camperdown Football Netball Club Tuesday evening, it celebrates Gratitude:

*Prayer for Gratitude
God in Heaven, Creator of all,
and source of all goodness and love,
please look kindly upon us
and receive our heartfelt gratitude
in this time of giving thanks.
Thank you for all the graces and blessings
You have bestowed upon us:
our faith,
our food and shelter, our health,
the love we have for one another,
our family and friends.
Dear Father, in Your infinite generosity,
please grant us continued graces
and blessing throughout the coming year.
We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
one God, forever and ever.
Amen.*

Mr. Martin Heppell from the Resilience Project spoke at five different gatherings across the two days with audiences including Mercy and St Patrick's PS staff, a public presentation attended by more than 200 parents, local community members and educators, as well as three large groups of students (F-4, Year 5-8 and Year 9-12).

His message to each group was very similar in its substance although massaged to reflect the broad spread of ages represented.

The message of the Resilience Project is very simple in its detail but runs quite counter too many contemporary trends:

- Gratitude – Be thankful for the gifts you experience daily
- Kindness/Empathy – Show those around you how much you appreciate and love them
- Mindfulness – Be as present in each moment as you possibly can be

Beyond these three principles, a number of anecdotes resonated with me:

- Am I one of those people who believe "If I get *that*, then I'll be happier"?
- Do I let my children fail to allow the natural growth in resilience and character than adversity brings?

Our Lady of Mercy Mass – Friday 31st August

Next Friday at 11.30am, the College will gather at St Patrick's Church, Camperdown for our annual celebration of Our Lady of Mercy Mass. Our Eucharist will celebrate Mercy Regional College's foundations as a parish secondary school with strong historical links to the Sisters of Mercy and their patron, Mary the Mother of Christ. As always, parents and friends are warmly encouraged to attend but would encourage you to arrive before 11.15am to ensure a reasonable seat. An assembly will follow Mass to be led by our Year 12 student leaders.

St Patrick's Day Fires Update

Although the fires that ravaged our district were almost six months ago, I am well aware that their effects continue to be felt across our families and community. In the weeks following the fires, the College has received significant donations of vouchers, gift cards and money and has distributed of those across families in need. I urge any families who are struggling with shortages of anything or with school fees to please contact myself or Mrs. Jude Murfitt at the College. Alternatively, if you know of a family who needs assistance please contact us and we will endeavour to support them.

2019 Year 7 Initial Transition Day

Next Tuesday will see the arrival of 86 excited prospective Mercy students at the O'Keeffe Campus for the first stage of our transition process into Year 7 next year. They will spend the day at the O'Keeffe Campus getting to know the place and their prospective peers. Any questions regarding the day or enrolment should be directed towards Mrs. Sue Bohm sue@mercy.vic.edu.au or Mr. Ben Brisbane bbrisbane@mercy.vic.edu.

Study Leave

Next Friday, I will be heading overseas for a three week formation program at the Catholic University in Leuven, Belgium where I will be exploring the Enhancing Catholic School Identity (ECSI) Project. I would like to thank my canonical administrators, Fr. Gerry and Fr. Neville for their encouragement to apply for this opportunity. Mrs. Berni Sinnott will be Acting Principal in my absence.

Student and Staff Activities

In addition to the Resilience Project, this time of the year has seen a number of year level Retreat days occurring. These days provide a fundamental opportunity for students to reflect on their lives, family and personal faith. Last week saw the Year 10 students spending two days at Anglesea as well as reflection days next week for Year 9 and Year 11. Thanks to Ms. Kellie Wilson and the RE teachers who are responsible for these days.

Yours in Mercy,



DR. DARREN EGBERTS

PRINCIPAL

From the Assistant Principal – Staff & Students

Mrs. Claire Wrigley

Resilience Project

This week all staff, students and parents had the wonderful opportunity to listen to Martin Heppell from the Resilience Project. Martin was a most energetic and engaging speaker with an important message. Martin's presentation centred around gratitude, empathy/kindness and mindfulness.

These three pillars of the resilience program are embedded in the resilience project lessons that we are currently delivering to the students from year 7-10 during pastoral care.



Darren Egberts, Martin Heppell & Michael McKenzie

The program addresses positive mental health and encourages students to seek help in times of difficulty. It is hoped that students and parents had a positive experience and have spent time reflecting on the take away message from the presentation.



Thanks to Emily Stephens for initiating the Resilience Project and for the support of the school board in securing a wonderful program for our school.



School Fees Account

REMINDER TO PARENTS

Parents are reminded that the 2018 school fees
are payable by:

30th September, 2018

Can you please set your payment schedules to
address this, if you have not already done so.

Contact for outstanding debts
will commence in October, if fees remain unpaid.

Please contact the Business Manager
Mrs. Jude Murfitt if you wish to discuss this matter
on 5593 2011.

Mercy Regional College bank account details are as follows:

National Australia Bank
BSB No: 083-526
Account No: 5288 99931

Year 10 Retreat

Emily Stephens

Our Year 10 girls had the privilege to hear the inspiring story of Melissa Barbieri. Listening to the trials and tribulations of women in professional sport.

Melissa captained the Matildas Hockey team in the World Cup in 2010. Now she is the assistant coach and goalkeeper for Melbourne City. However, not without facing and overcoming many challenges along the way.

Melissa imparted incredible messages of perception, resilience, belief and empowerment to our Year 10 girls and you could have heard a pin drop.



Seeds of Justice

Eight of our students met as part of the group of 41 students from six Mercy affiliated schools to learn more about our current government policies on refugees.

The 'Combined Refugee Action Group' members - Sr. Fina Woollcombe and Zoe Brittain spoke to the students to help them understand the difficulties facing those on Temporary Protection Visas. , as well as the stress of the waiting and difficulty with translation in regard to the complex procedures involved in gaining a Permanent Visa to remain in Australia.

Our students made many new friends and learned a great deal.



Fitness club

Fitness club is into its third week and today the group went down to Nick Hoses Gym. A solid session led by Nick that everyone enjoyed. Number have been terrific this year so far with an average of 30 kids over the first three weeks at each session.

It has been great to see students from all age groups mingling together and enjoying each other's company.



Career News

Mrs. Jenny Phillips

Important Information for Year 12 students considering Tertiary Studies

Applying to undertake Tertiary Studies

Most applications for tertiary studies require students to apply through VTAC. The registration process and applications opened on Monday 6th August and close on Thursday 27th September. Students are being guided through this process with a combination of group information sessions and individual counselling sessions.

Year 12 Scholarships – Federation University (see flyer below)

Federation University have \$5000 scholarships available for students beginning tertiary studies at Federation University in 2018. Applications are now open and close on 26th October and must be completed online.

Scholarships

Academic Merit



Each year Federation University Australia award scholarships to the value of

\$5,000 to Year 12 students across Victoria

who enrol in a Federation University Australia course.

The scholarships are awarded on the basis of:

- Excellence/effort in your areas of study
- Contributions to the community
- Contributions to the School
- Principal's Supporting Statement

For further information and how to apply please visit:
www.federation.edu.au/Year12Scholarships

Apply Now!

Applications open:
6 August 2018

Applications close:
26 October 2018

Call 03 5327 9340
Email scholarships@federation.edu.au
Visit federation.edu.au/Year12Scholarships

Student
Connect

Federation
UNIVERSITY • AUSTRALIA

Career News

The latest Career News and Year 12 Specific Resources are available through link on the Careers Section of the MRC Website Homepage – click this link to access the page <https://careers.mercy.vic.edu.au/>

CORANGAMITE Trade Training CLUSTER

2019

The **Corangamite Trade Training Cluster** is a joint schools' initiative to strengthen vocational education and training options for students across our Shire.

Certificates are offered on five school sites, with students travelling to the provider school each Thursday to undertake their chosen VETiS program. Students interested in enrolling in a CTTC certificate in 2019 should speak to their school careers advisor for further information.

Camperdown College:

- Certificate II Salon Assistant – 2018 **SHB20216**
- Certificate II Retail Make-Up & Skin Care – 2019 **SHB20116**

Cobden Technical School:

- Certificate II Building & Construction **22216VIC**
- Certificate II Automotive Vocational Preparation **AUR20716**
- Certificate II Electrotechnology Studies (Prevocational Course) **22261VIC**

Derrinallum P12 College:

- Certificate II Agriculture **AHC20116**

Terang College:

- Certificate II Community Services Work **CHC22015**

Timboon P12 School:

- Certificate II Hospitality (1st year only) **SIT20316**
- Certificate II Engineering Studies (VCE VET), (1st & 2nd year) **22209VIC** (VES)
- Certificate III in Music Industry **CUA30915-VES**

Expressions of interest for 2019 courses will need to be received by the student's base school by the end of August.

This initiative is proudly supported by the Corangamite Beyond the Bell Local Action Group





RIST INVITES YOU TO THE 2018 INFORMATION SESSION

Monday 10th September 2018
4pm to 6pm or 7pm to 9pm
RIST Campus, 915 Mt Napier Rd, Hamilton

This is a great opportunity to learn more about the Higher Education opportunities at Your Local Agricultural College – RIST in 2019

Staff will be on hand to discuss your education pathways from vocational through to higher education in courses from;
Traineeships

Certificate II in Agriculture (AHC20116)

Certificate III in Agriculture (AHC30116)

Certificate IV in Agriculture (AHC40116)

through to;

Diploma of Agriculture (AHC50116)

Bachelor of Agriculture (in conjunction with CQUniversity)

RIST - Your local agricultural college can provide a range of entry pathways for students either leaving school through the VCE or VCAL pathways into the Bachelor of Agriculture.

Breakout sessions will be hosted for those students and parents interested in discussing vocational and higher education pathways.

Why leave home to study a University course, you can study at a University at the RIST Campus in Hamilton

Book your place by phoning 03 5573 0943

COMING DATES

TERM 3

Tuesday 28th August

Year 6 Transition Day for (Year 7, 2019)
Year 8 students at McAuley Campus all day

Friday 31st August

Our Lady of Mercy - Feast Day Mass

Wednesday 5 September

HSSSD Year 7 & 8 Basketball

Thursday 6 September

Sports Colour Day

Monday 10 September

Junior Oratory Competition

Tuesday 11 September

Middle School Oratory Competition
MRC Finance Committee Meeting 3:30pm

Wednesday 12 September

Year 7-11 Parent/Teacher Interviews

Thursday 13 September

Year 7 Students - Special Persons Day – O’Keeffe Campus

Monday 17 September

GWR Athletics
Central Aust Trip Departs

Tuesday 18 September

MRC Board Meeting 7:30pm

Wednesday 19 September

Year 7 Immunisations at O’Keeffe Campus

Thursday 20 September

McAuley Cup @ Damascus College, Ballarat

Friday 21 September

Term 3 Concludes

Monday 8 October

Term 4 Commences

PUBLIC NOTICES



PICK MY PROJECT



OTE

1

**"MAKING TRACKS" Redeveloping
Mt Noorat's Walking Track**

1



Register for an account at pickmyproject.vic.gov.au

2



Enter **NOORAT** as your local community and search through the list of projects and create a shortlist of favourites

3



Pick your three favourite project ideas from your shortlist, ensuring that **'Making Tracks'** is number **1**, verify your mobile number, then submit your votes. Make sure you encourage others to choose **'Making Tracks'** their number 1 vote too.

**By voting 1 for Mt Noorat's Walking Tracks you're making our community an
even better place to live**

Corangamite Shire

YOUTH AWARDS 2018

— nominations now open —



Nominations close Friday 14 September

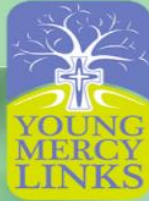
Categories include:

- Community Services
- Environmental
- Music
- Agriculture
- Performing Arts
- Sport
- Visual Arts and Multimedia
- Workplace Endeavour

Nomination forms are available
online through Council's website
corangamite.vic.gov.au

Awards will be presented at
Camperdown Theatre Royal
Friday 23 November 7.30 pm





OPEN
14/15 SEP

Our **COMMON** home


**617 NICHOLSON
STREET NORTH
CARLTON**

**SUSTAINABILITY
EXPO**

OPENING
NIGHT
FRIDAY
14TH SEP
6:30-
8:30PM

Also open
SAT 15TH
12:30-2:30PM

 Our Common Home

 @itsourcommonhome

**THE GREATEST THREAT
TO OUR PLANET
IS THE BELIEF
THAT SOMEBODY
ELSE WILL SAVE IT**

-Robert Swan



You're invited...

To exchange new ideas related to sustainability
To hear about 'Laudato Si' - 'the cry of the earth'
To be inspired by ecology retreats
To learn more about plastic-free alternatives

Geoscience takes to south west skies

An aerial survey of south west Victoria will measure extremely small variations in the Earth's natural gravity field to help inform the Victorian Government's scientific research into the potential for new discoveries of natural gas.

The survey will be carried out by two small, fixed wing aircraft carrying state-of-the-art technology. The planes will fly in public airspace along parallel lines spaced 500 meters apart. Flights will be at an altitude of 150 meters, increasing to 300 meters in built-up areas.

Flying will commence in August 2018 and take approximately 12 weeks. The survey will cover a large portion of the Otway Basin, and the planes will be seen over the municipalities of Colac Otway, Corangamite, Moyne, Glenelg, Southern Grampians and Warrnambool; as well as up to 18 km off the coast.

Most lines on the flight path will only be flown over once and the survey will have no impact on farming, fishing or the environment.

The Geological Survey of Victoria is managing the survey. The data collected will help geologists interpret the shape of sub-surface rock structures and refine geological models of the Otway Basin, which are being built as part of the Victorian Gas Program (VGP).

Fracking is not included in the VGP as it is permanently banned in Victoria.

Further information can be found at earthresources.vic.gov.au/gasprogram or by calling 136 186 or email to VGP@ecodev.vic.gov.au



Map of the survey area



One of CGG's planes to be used for the survey



JEAN WOOD MUSIC AWARDS

FOR PRIMARY AND SECONDARY STUDENTS

2018 AUDITIONS

SATURDAY, 8 SEPTEMBER

NEIL BLACK MEMORIAL PRESBYTERIAN CHURCH, NOORAT

JUNIOR PRIZE \$100

(Primary aged students)

SENIOR PRIZE \$300

(Secondary aged students)

Conditions of Entry: Applicants need to have played a musical instrument for two years or more, and live in or go to school in the Districts of Terang, Mortlake, Camperdown, Cobden or Timboon.

ENTRY FORMS: 5592 1989

Camperdown Amateur Basketball Association Inc.



It's time to register for the upcoming 2018/19 season!

Registrations are now being taken online for all competitions until Friday 14th September. To register, visit the Camperdown Amateur Basketball Association's website and follow the links:

www.foxsportspulse.com/assoc_page.cgi?c=1-10252-0-0-0.

Individual registrations are taken for our Under 9, 12 & 17 competitions whilst we accept both names and teams for our Senior Men & Women's competitions.

Senior players, if you would like to be placed in a team, please make contact with your details. Alternatively if you have a team, please email through your team name, colours and playing list before making sure everyone registers online.

Fees are payable online when you register:

- Under 9 Boys & Girls \$75*** (formally Midget Division 2): Born 2010 & 11
- Under 12 Boys & Girls \$75*** (formally Midget Division 1): Born 2007, 08 & 09
- Under 17 Boys & Girls \$85*** (formally Juniors): Born 2002, 03, 04, 05 & 06
- Senior Men & Women \$95***: Must be 15 by 31st December 2018

Aussie Hoops:



Aussie Hoops is a national program that provides an environment where children of all abilities can achieve on the court and reap the rewards of skill development, enhanced self-esteem, social co-operation and grassroots sports participation. Aussie Hoops in Camperdown will be aimed at the 5-8 year old bracket, however would be happy to accommodate any 9 and 10 year olds who would prefer to gain confidence instead of/as well as playing in a competition.

Term 4 (8 sessions): \$80 (includes participation pack)

Register now for Aussie Hoops:

<https://reg.sportingpulse.com/v6/MapFinder/mapfinder.cgi?r=13&sr=40&type=3&tt=pc&aID=15712>

Planned Schedule:

- Monday night:** Under 17 Boys & Girls
- Tuesday night:** Under 9 Girls, Under 12 Girls, Aussie Hoops, Senior Women
- Wednesday night:** Under 9 Boys, Under 12 Boys, Senior Men

Family discount available:

If you have three or more family members playing in any competition, each player will have court fees for two games paid at the beginning of the season.

Keep up to date:

Download our Team App or Game Day App, both available for free from the Apple App or Google Play Stores. All information/results are posted on these, along with our website and in the Camperdown Chronicle.

If you have any queries or concerns, please contact President Gary O'Neil on 0419 302 436, Secretary Amy Stephenson on 0417 013 962 or Treasurer Daniel Missen on 0418 173 089.

- * Weekly court fees set by the YMCA are payable at the Camperdown Stadium prior to each game or upfront for the season by week 3.

E: caba@tca-online.net.au