

# MERCY REGIONAL COLLEGE NEWSLETTER



**ISSUE 3-5**

**Friday, 16<sup>th</sup> September, 2016**

## **FROM THE PRINCIPAL**

### **Our Vision**

Mercy Regional College serves a wide rural community which values growth and diversity in Catholic Education in the Mercy tradition.

### **Our Mission**

In the Spirit of the Gospels we commit ourselves to the core values of community, inclusiveness, learning, care, justice and mercy, excellence and achievement.

### **Our Focus for 2016**

"Through the Mercy tradition we seek to act with love, fairness, tolerance and compassion to all".

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Our final prayer for this term celebrates the gentle blessings of mercy.

*May you meet Mercy each day:  
In the light of your own heart,  
in the hands of your loved ones,  
in the eyes of the stranger  
and the needy.  
And if by chance you do not at first meet it,  
then search your heart for it,  
listen patiently for word of it  
and it will tap you on the shoulder,  
a quiet surprise,  
a small gesture,  
the tender look,  
given and received  
in the encounters of your day.*

## **Oratory Competition**

Well done to the students who presented at the recent Middle School and Junior School Oratory Competition's. The speakers were of an excellent standard, with some fantastic arguments presented. Clearly it was very hard for the judges to decide a winner, but all speakers should be congratulated for their efforts.

## **Grandparents Day**

The second Annual Grandparents day was held at the O'Keeffe Campus on Thursday 8<sup>th</sup> of September. It was great to see so many Grandparents and special friends come into the school to see what the Year 7 students were doing in class. Well done to the music students who performed on the day. Further details and photos of the event can be seen later in this newsletter.

## **Investiture of new College Leaders for 2017**

The investiture of new College Leaders for 2017 will be held in the McAuley Stadium from 12:00pm, on Friday 14<sup>th</sup> October. All Parents and friends are invited to this ceremony.

## **Parent Teacher Interviews**

Thank you to the parents and students that attended the recent Parent Teacher Interviews. It was great to see so many families in attendance. A reminder that if you missed these interviews, you can still log onto the Parent Access Module to gain ongoing feedback about the academic progress of your child.

## **McAuley Cup and McAuley Shield**

Well done to all students and Staff involved in the McAuley Cup and McAuley Shield, held on Monday at Damascus College Ballarat. An initiative by Mr. James Castles through the Dublin Leadership and Formation Program, it was great to see two schools coming together to celebrate the heritage of Catherine McAuley through both a boys and girls football match. The success of this event certainly paves the way for future connections with Damascus College and an Annual McAuley Cup and Shield event.



Winners of the Best on Ground in the McAuley Cup and McAuley Shield played last Monday against Damascus College in Ballarat presented today at Assembly. Winner of the Helen Kenna medal in the McAuley Shield was Chloe Davis and the winner of the Tony Wynd medal in the McAuley Shield was Lachie Gass.

Further details and photos of the event can be seen later in this newsletter.

### Staff News

Mr. Tony Wynd will be taking a well-deserved Long Service Leave during Term 4. We wish Tony a very safe and happy time away. Mr. Paul Glynn will return from Long Service Leave, and pick up Mr. Wynd's Agriculture and Woodwork classes. We welcome Miss Caitlin Rix as a new member of staff for Term 4. Caitlin will be teaching 7A Maths, 8C Humanities and 9B History. Caitlyn is currently on the Central Australia Trip with our students.

### Hats & Uniform

A reminder to all parents and students that it is a uniform requirement for Term 4 that all students must wear an approved hat when in the sun, and a reminder that summer uniform must be worn in Terms 1 & 4. To prepare for this, the uniform shop will be open from **2:30pm - 5:30pm on Thursday 29<sup>th</sup> September.**

### Lake-to-Lake Fun Run

Advance warning and a warm invitation to all members of the Mercy community to join us at next month's Lake-to-Lake Fun Run. The fun run is a major initiative of the Year 12 student leaders and all funds raised will be donated to the Camperdown Hospital. The fun run will be held on Sunday 9<sup>th</sup> October from at the Camperdown Golf Club with registrations from 8:15am, with a start time of 9:00am. There will be 4 km and 8km run and walk events with a range of age category prizes to win. In addition to the physical events, there will be a range of other activities as well as food and drink stalls.

### State Clay Target Shooting Competition

Congratulations to Ethan Domney, Luella Foster, Delaney Foster, Dale Marquand and Daniel Jehu on winning the Schools State Clay Target Shooting Competition held in Bendigo. A fantastic achievement to win at state level. Further details and photos of the event can be seen later in this newsletter.

### Student Activities

A number of students have been involved in a range of activities in the past fortnight.

- Clay Target State Competition – Winning team of Ethan Domney, Luella Foster, Delaney Foster, Dale Marquand and Daniel Jehu.
- Year 7 Students invited their Grandparents and Special Friends in to the O'Keeffe Campus
- RUOK Day was held at the McAuley Campus, focusing on Mental health and wellbeing and asking the question Are You OK?
- Central Australia Students departed on their journey to the red centre.
- McAuley Cup (boys) and McAuley Shield (Girls) Football match at Damascus College, Ballarat
- Lake2Lake fundraiser with all proceeds going to the Camperdown Hospital.

I would like to wish each and every family a safe and restful holiday.

Yours in Mercy,

**MR. CHRIS GRANT**  
Acting Principal

# Important Dates for Term 4

## **Monday 3 October**

Term 4 Commences

## **Wednesday 5 October**

Year 9 Melbourne Camp (3-day camp commences)

## **Friday 7 October**

Greater Western Athletics

## **Sunday 9 October**

Lake2Lake Fun Run

## **Friday 14 October**

Investiture of 2017 School Leaders  
Kimberley Cultural Experience departs (*returns Monday 24 October*)

## **Friday 14 October to Monday 24 October**

Year 11 Exam Period (in class)

## **Wednesday 19 October**

Year 12s Conclude – Year 12 Assembly  
Mercy's Got Talent

## **Thursday 20 October**

Staff PD – no school for students

## **Wednesday 26 October**

VCAA Unit 4 Exams commence

## **Thursday 27 October & Friday 28 October**

Unit 2 Outdoor Ed Bushwalking Camp

## **Monday 31 October**

Board Holiday

## **Tuesday 1 November**

Melbourne Cup Public Holiday

## **Thursday 17 November**

Start of Year 12 2016 Transition

## **Wednesday 27 November**

Year 11 students conclude

## **Wednesday 7 December**

Years 7 – 10 students conclude

## **Tuesday 13 December**

Teaching staff conclude

## **Friday 16 December**

College office closes

## Middle School Report

Mr. Ben Brisbane

Well done to all in our Middle School community for a fantastic term. We have survived the cold, surviving the wet and pushed through the everlasting pressures that exist in all areas of life.

Looking back on this term it has been one focused on resilience, mental health and building inner strength and identity. In many of our pastoral care sessions there have been strategies presented to students on coping skills and techniques to handle difficult situations.

This was also of focus within our Year 10 Retreats and our sessions last week with "Outside the Locker Room" presenter Jake Edwards – Ex-Carlton footballer (see photo below).



Our new Year 9 BRICK's leaders are currently developing ways to expose this issue to their peers and deliver a program before the end of the year.

Depression and anxiety are huge issues in all schools and we are currently looking at ways to educate our students in the most effective and efficient way possible. This year we recognized "RUOK Day" with a BBQ at school.

Mrs. Stephens has provided Mindfulness sessions and drawing to all students through the year and the Mindfulness technique will hopefully become integrated within Middle School practice in the coming years.

Mindfulness involves staying present and engaging in the moment. By reducing the time that we spend dwelling on the past and thinking of the future we can connect with all experiences each day brings.

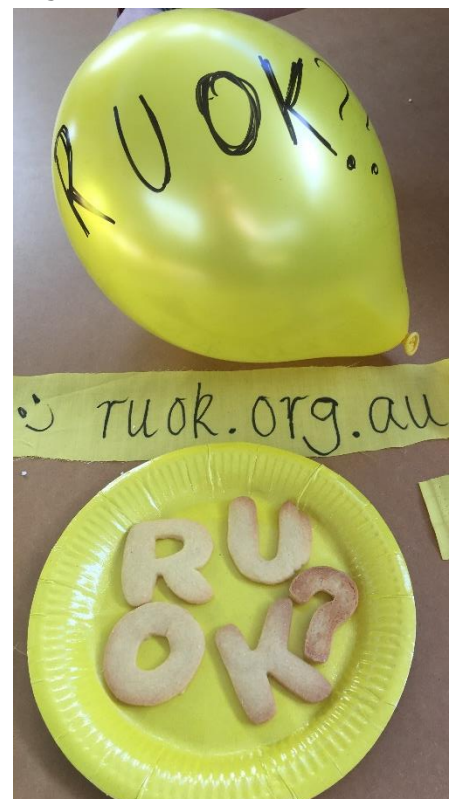
All it involves some time each day to clear the head and techniques that enable us to recognise destructive thoughts and let them pass by. It will assist all our students to stay engaged and absorb information.

So with this in mind hopefully everyone has a mindful break that can assist us all to come back refreshed and ready to finish the year well. I know a trip to Queensland will be good therapy for me.

Well done again and look forward to seeing everyone excited to back next term beginning with the Year 9 Camp to Melbourne running on the 5<sup>th</sup> October – 7<sup>th</sup> October.

Enjoy

Mr. Brisbane





## Year 10 Girls' Retreat

Earlier this term the Year 10's travelled to Anglesea for a retreat. The theme was 'valuing ourselves to value others'. The girls and staff experienced a spiritual connection through activities and sharing of stories. We gained a real sense of the importance of valuing others when listening to Kaillee from McAuley Services talk about her work with female victims of family violence. It was also great to contribute to the work of the Melbourne Period Project by putting together some care packs for homeless people. Walking, chatting, being creative and playing games allowed plenty of time for fun and reflection.



Here are some reflections from the students:

We had a visit from Kaillee, she works for McAuley care for victims of family violence. Some of the statistics she told us we're gob smacking. It left a lot of us feeling helpless as to what we can do help. Some of the case studies she told us left us wondering why family violence exists. But it was also really inspiring to know that she had helped so many women escape their violent pasts and start fresh. I enjoyed spending time with everyone.

*Lauren Huth*

Retreat was very relaxing. I learnt a lot about family violence and how bad it can actually be for a lot of people. It is good to be opened up to new things. Overall the retreat was really beneficial as we got to spend time with each other. It was a good time for everyone.

*Georgia Darcy*



## Long Tan Reflections

Recently the Unit 2 History class (students from Years 10 & 11) attended a special service at the Shrine in Melbourne to mark the 50<sup>th</sup> anniversary of the Battle of Long Tan. After the ceremony students visited two special exhibitions – Behind the Wire: Images and stories of Vietnam Veterans and 1966: The year that changed the world. The day fitted perfectly with a recent unit of study on the Cold War.



We thank local Vietnam Vet, Alan Fleming for his interested and involvement, and the generous donation of commemorative badges from another local veteran, who wished to remain anonymous. The students wore their badges very proudly.

### Student reflections:

I loved how a guy in the crowd came up to me and shook my hand. I was proud and sad at the same time. Thanks Sam Bond, Year 10.

I personally found the ceremony to be a very prestigious and significant event. The atmosphere was sincere, and it seemed like everyone present was deep in thought of the issues surrounding the battle of Long Tan. Every student from every school showed their utmost respect, which I thought was unbelievable, and the ceremony altogether was powerful and moving. I'm very fortunate I had the chance to attend the ceremony. Alexis Thornton, Year 10.

On the 18<sup>th</sup> of August, we travelled up to Melbourne to celebrate the Vietnam Veterans Day. This day to me was very important as it the Vietnam War is still very topical. The chance to represent our school amongst others is always very special as well. Tate Tregea-Copeland, Year 10.

It felt great to be part of the remembrance of the Vietnam Veterans, and hear the stories of how they were pushed away. It was good to recognise their valiant efforts for which we are so grateful today. It was interesting to hear the guest speakers talk about the events that took place, their bravery and even an apology from our Premier. I found the displays at the venue very interesting and fun to learn. Lauren Huth, Year 10.

I really enjoyed the whole day but the part that really stood out to me was when a group of the veterans marching looked straight at me with tears in their eyes. After that I was gone, pretty emotional. Hearing Daniel Andrews apologise for the way the soldiers were treated was very significant.

It was a great opportunity and I thank you very much for taking us :)

Nikita Buchholz, Year 11.

I felt privileged to have the opportunity to show my support and respect for the veterans, and was deeply touched by the looks of appreciation on the faces of the vets. it is something that I'll remember for a very long time. Cheyenne Beaver, Year 11.





## West Cloven Hills Excursion

Recently all the year 9 students went to West Cloven Hill woolshed to listen to Nick Cole talk to us about the early settlement of the Camperdown area. We would like to thank Nick for generously giving up his time to talk to us.

### **The following is a report by Taylah Casson**

Camperdown was founded in 1860, but people were around this area in earl 1838. Nick Cole (who was 28) and Peter McArthur (who was 19) walked from Melbourne to Geelong (which only had 3 houses and a pub) and met one of the Manifold brothers in the pub who told them of unclaimed land to the north west of their homestead.

Initially Nick Cole and Peter McArthur took 20,000 acres to the west of the Emu Creek, but sold it for two bullocks and a musket. The current Nick Cole still has the musket. They then took up 100,000 acres to the east of the Emu Creek, which ran roughly from Camperdown to Mt Elephant across to Darlington and back down past Gnotuk.

They lived under a cart with a tarpulin for cover for the first few months. They then built a slab hut and decided to celebrate with a roast, but unfortunately they set the hut on fire on the first night - so it was back to under cart again until they built another hut. They later split the holding so they had 50,000 acres each. The current size of West Cloven Hills today is approximately 3,000 acres.

The walls of the woolsheds are really low because as they were being built gold was discovered in Ballarat and all the workers left for there.

Nick's great, great grandfather James Dawson and his daughter Isabella fought very strongly for the rights of the local Aborigines and recorded their language and customs. If it wasn't for the Aborigines, they could not have run the farm during the Goldrush period.

To walk to Geelong took 5 days and it took 3 hours to walk to Camperdown so the homestead was like a mini village. About 60 people were employed at shearing time. In 1909 the property had 30,000 sheep, several hundred head of cattle and around 500 horses.

Nick's great grandmother had the first car in Camperdown and you could ride a horse to Camperdown in the same time it took the car to get there.



## **McAuley CUP & SHIELD**

*Report: Peter Delwig*

52 Students and five staff travelled to Damascus college to compete for the McAuley Shield (Year 7/8 girls football) and McAuley Cup (Year 7/8 boys football).

### **McAuley Shield**

The day started at 10am with the girls taking on a strong Damascus team for the McAuley Shield. The Mercy girls only had 2 or 3 training sessions during lunch break to prepare for the match compared to the Damascus girls who play in a local girl's competition where they played five games together.

In the first quarter the Damascus girls got off to a strong start moving the ball forward on many occasions giving them many scoring opportunities. As the quarter went on the Mercy girls started to get into the game, Maggie Conheady was defending well while Chloe Davis, Anna Cole and Laura Bentley were playing well around the ground. At quarter time Damascus were 4 goals – 4 behinds – 28 points to Mercy no score.

The second quarter started like the first with Damascus playing well but the Mercy girls weren't going down without a fight, Chloe Davis was playing well in the centre with good support from Casey Willis, the ruck duels were competed well by Indi Duynhoven, Amy Vogels and Gemma Harry who were starting to find the ball. At half time Damascus were 10 – 5 – 65 to Mercy no score.

The third quarter started with the Mercy girls moving the ball forward on many occasions giving Remi Brooks the chance to score our first goal to the joy of all the players, coaching staff and parents. Chloe, Casey, Laura, Maggie, Amy, Grace Moloney and Ella Angus all had a great quarter. Three quarter time scores were Damascus 14 – 5 – 89 to Mercy 1 – 0 – 6.

In the last quarter the Mercy girls were really starting to play great footy and were able to restrict the Damascus play makers with Chloe, Casey and Maggie playing well, the team had joy again when Isabelle Everett scored our second goal.

The final score was Damascus 12 – 12 – 108 to Mercy 2 – 0 – 12  
Chloe Davis was given the Mercy best player by the opposition coach.

Some of the plays of the day; Casey Willis and Indi Duynhoven gathered the ball and made a sensational dash through opposition players only to realise they were going the wrong way. Mollie Jenkins was getting great distance from her kick outs from fullback. Chloe Davis laid some ferocious tackles on her opponents and Maggie Conheady defended solidly all day.

### **McAuley Shield**

Damascus: 12 – 12 – 108                      Mercy: 2 – 0 – 12.

GOALS: Remi Brooks 1, Isabelle Everett 1.

BEST: Chloe Davis, Casey Wallis, Amy Vogels, Indi Duynhoven, Maggie Conheady, Ella Angus.

The second game for the day was the boys match to decide who would take home the McAuley Cup. The pre match lead up was interesting with the Damascus boys showing a lot of confidence saying the cup was theirs.

The first quarter began with the Mercy Bears showing "No Mercy" to their opponents moving the ball into the forward line with ease, big men Lachie Gass and Michael Koroneos were dominating the ruck and Ned Payne had the ball on a sting and Sam Darcy and Henry Kenna were chipping in well, Ned Payne, Luke Hickey and Jack Atkins kicked well in front of goal to give Mercy a good 15point lead at quarter time. Quarter time score Mercy 3 – 5 – 23 to Damascus 1 – 2 – 8.

The second quarter started really well with Mercy dominating around the ball with some ferocious tackles, the Damascus boys were taking short steps as the Mercy boys were hitting them hard at every contest. Charlie Scanlon, Ollie Wright and Jack Atkins were playing well with good support from Lachie, Ned and Michael. Michael and Louie Darcy scored our only goals for the quarter. Half time scores were Mercy 5 – 10 – 40 to Damascus 3 – 4 – 22.

At half time coach Glennen addressed his chargers with an inspirational speech encouraging his players to stay focussed for the next half and keep the momentum going. The Mercy team did just that and continued to win the ball but to Damascus credit they started to lift and made some good forward attacks only to be denied by the aggressive run of Ollie Wright who defended magnificently, Lachie was still running strong and hard at the ball and Ned Payne, Sam and Tom Darcy, Luke Hickey and Charlie Scanlon were all playing well. Mercy were able to pile on



another five goals for the quarter to increase their lead through Luke Hickey (2), Tom Darcy, Ben Atkins and Jack Atkins. Three quarter time scores Mercy 10 – 12 – 72 to Damascus 4 – 8 – 32.

The last quarter was a real slog as players from both teams began to tire, Ollie, Luke, Ned and Lachie continued to work hard for the team. It was a low scoring quarter with Louie Darcy and Tom Darcy our only goal scorers. Final scores were Mercy 12 – 15 – 87 to Damascus 5 – 10 – 40.

A fantastic effort by the boys to bring home the first McAuley Cup. We look forward to defending the cup next year at the Kolora Noorat football oval. Lachie Gass was given the best on ground award by the opposition coach.

### **McAuley Cup**

Damascus: 5 - 10 – 40

Mercy: 12 - 15 - 87

GOALS: Luke Hickey 3, Jack Aitkins 2, Tom Darcy 2, Louis Darcy 2, Ned Payne 1, Ben Atkins 1, Michael Koroneos 1,

BEST: Lachlan Gass, Ned Payne, Sam Darcy, Tom Darcy, Oliver Wright, Charlie Scanlon.

A big thank you must go out to Jed Podger who was the runner for both games, especially the boys match where coach Glennen made about 100 tactical moves, also to Mr Jarrod Carter for umpiring both games, he could have been a bit more one eyed to Mercy to help our girls. To both the coaches Mr. Glennen and Mr. Castles on a job well done, both teams showed what the Mercy spirit is all about in the way they conducted themselves and their behaviour.

A great day had by all.





## **MERCY REGIONAL COLLEGE**

### **France and Belgium Battlefields Tour 2017**

We have had a good response to our 2017 Mercy Regional College France and Belgium Battlefields Tour. A number of students have indicated that they are going and quite a few students and families have expressed interest and collected information regarding the tour. In the next few weeks I will be contacting the families of those who



have joined the tour or have expressed interest about preparations for the tour, including researching a soldier and addressing any queries that they may have.



One of the motivations behind our tour is to enable our students to connect with the soldiers of the AIF who fought and died on the Western Front. We encourage our students to research a local soldier, or family member who served on the Western Front during the Great War. We then attempt, as best we can, to incorporate this person's

experiences or grave into the itinerary. If a student has difficulty locating a soldier, then we can provide them with a story of a person that they may wish to follow.

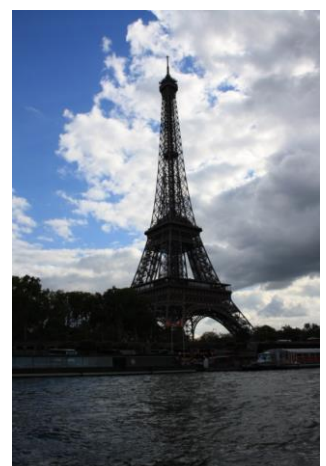
I have attached some photos of Mercy Regional College students at various sites on previous tours. One of the



very interesting aspects of the students' research is that we can find ourselves visiting out of the way places; places that aren't on the usual First World War battlefield itinerary. Sometimes these places and visits can be very powerful. In 2015 we visited the grave of an ancestor of Zoe Barker. Zoe's ancestor Edward Harold Artso was from Timor Street Warrnambool. He died of wounds on 18 May 1918 and is buried at Vignacourt British Cemetery which is not far from Amiens. Edward Artso was one of over 200 Australians of Chinese heritage who died in the First World War; they had to endure racist attitudes that saw some rejected from enlistment because they were not of 'substantially European' origin. Without our pilgrimage to Vignacourt for Zoe, it is unlikely that we would have visited Vignacourt. It was a visit of unexpected emotion for us all.



There are still places on the tour for those who may be interested. If you have any questions please feel free to ring me at school on 0355932011 or email at [llee@mercy.vic.edu.au](mailto:llee@mercy.vic.edu.au)



## Careers News

*Mrs. Jenny Phillips*

### **Year 12 Scholarship Opportunity**

Applications for the 2017 C.A.S. Hawker Scholarships open on Monday 5th December 2016 and close on Friday 6th January 2017. These scholarships perpetuate the memory of the scholar, soldier, pastoralist and statesman, Charles Allan Seymour Hawker. They are available to all undergraduate students in Australia and are awarded to students based on personal qualities, demonstrated leadership and academic ability. For more information go to [www.hawkerscholarship.org](http://www.hawkerscholarship.org)

### **Federation University Scholarships**

Ten scholarships, valued at \$5000 each, are awarded to students completing Year 12 in 2016 who enrol at Federation University Australia in 2017. The scholarship will be awarded based on a student's overall academic performance, contribution to their school and community and the supporting statement from the School Principal. Students who wish to apply for one of these scholarships need to submit their application to Dr. Egberts by Friday 14<sup>th</sup> October. The application form and further information can be found at <http://www.federation.edu.au/Year12Scholarships>

### **Term Three Careers Focus**

Term 3 has been a busy one in the careers department at McAuley Campus, as Year 10 students made decisions about their VCE program for the next two years and Year 11 students fine-tuned their subject selections to complete their VCE program. All students were interviewed to assist them to choose subjects based on the following criteria: their enjoyment of the course content, keeping their post-school options open and meeting prerequisites for tertiary studies. The students approached these interviews in a positive manner, welcoming the opportunity to discuss their choices and, in some cases, ask for help to make their final selections.

The Year 11 cohort also had decisions to make regarding the studies they are going to take in their final year of the VCE. Again all students were interviewed so that they had the opportunity to discuss the merits and implications of their subject choices. Those intending to undertake tertiary studies in 2018 or beyond, were encouraged to use VTAC CourseSearch to ensure their selections meet prerequisites for their preferred courses.

Term 3 is also a very busy term for Year 12 students, as they make decisions regarding their post-school options and continuing career pathway. Those students who wish to undertake further studies at a tertiary level have either submitted a VTAC application, or will apply directly to a TAFE institution, or private provider. Students interested in apprenticeships and traineeships are polishing their resumes and contacting perspective employees. All Year 12 students were interviewed to assist them negotiate this process and they are all doing an excellent job of getting organised for 2017, whilst concentrating on their current studies.

Well done to all the students for taking such a positive approach, regardless of where they are on their career journey.

### **Career News**

The latest Career News and Year 12 Resource material is available through the link on the Careers Section (under Important Info.) of the MRC Website Homepage.



## Southwest Legendairy Ladies Lunch

*Mrs. Julie Giblin*

The Legendairy Ladies lunch was held at the Noorat Recreation Reserve last Tuesday, 6<sup>th</sup> September.

The aim of the luncheon was to give Dairy women a day off the farm - to mingle and talk to fellow Dairy women facing the same challenges in dairying at the moment, the ladies also participated in a relaxing yoga session by Mercy mother Shelly McBean.

Lunch was then served, followed by a delicious High Tea, catered and made by Mercy Hospitality 3/4 students, and overseen by Ms. Lyn Davis. Mercy Regional College generously donated the High Tea for the day, and received a humbling round of applause by the 300 women attending the event, when told of the donation, with many Mercy mothers in attendance.

Guest speaker for the event was Dr. Sally Feelgood who was both entertaining and informative at the same time. All the ladies thoroughly enjoyed their day at Noorat, and hopefully went home more positive of the year ahead.



High Tea



Sponsors

## 2016 Car Raffle

The parent roster for the next 2 weeks.

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DATE	LOCATION	TIME	NAMES	MOBILE
SATURDAY 17TH SEPTEMBER	PORT CAMPBELL (Car)	9.30 - 10.30 10.30 - 11.30 11.30 - 12.30 12.30 - 1.30	Ashley Treggia / Georgia Copeland Shane Bentley Peter Cole / Jane Hammer Michael / Julia Johnson	0400 124 924 0437 659 721 0417 361 301 0427 965 176
	CAMPERDOWN RITCHIES IGA SUPERMARKET	10.00-11.00 11.00-12.00 12.00-1.00	Simon / Tracey Baker Phil / Ange Cunningham Brad Martin / Penny O'Neill	0419 353 975 0407 041 786 0409 401 223
	TERANG	6.00 MASS	Leon / Cate Watt	0418 333 993
SUNDAY 18TH SEPTEMBER	TIMBOON (Car)	10.45 MASS	Tony / Catherine Krybolder	0426 950 275
TUESDAY 20TH SEPTEMBER	TERANG TROTS (Car)	6.30-7.30 7.30-8.30	Janice Harris Paul / Adrienne O'Sullivan	0438 339 769 0418 998 725
FRIDAY 23RD SEPTEMBER	TERANG (Car)	9.30 - 11.30 11.30 - 1.30 1.30 - 3.30	Pat / Michelle Bourke Darren / Melissa Bell Robert / Janine Carlin	0429 927 275 0419 390 042 0400 925 113
SATURDAY 24TH SEPTEMBER	TERANG (Car)	9.30 - 10.30 10.30 - 11.30 11.30 - 12.30	Royce / Helen Holswich John / Kirsten Pekin Martin / Bernadine Glennen	0499 609 246 0400 225 727 0438 926 277
	CAMPERDOWN	7.30 MASS	Paul / Jane Kingston	0439 589 867
SUNDAY 25TH SEPTEMBER	CAMPERDOWN	11.00 MASS	Stephen / Tracy Hickey	0439 952 014
TUESDAY 27TH SEPTEMBER	CAMPERDOWN SALEYARDS (Car)	10.00 - 11.30	Peter / Tania Rowan	0409 350 420
WEDNESDAY 28TH SEPTEMBER	COBDEN NEWSAGENCY (Car)	9.00 - 10.00 10.00 - 11.00 11.00 - 12.00 12.00 - 1.00 1.00 - 2.00	Gavin / Michelle Riches Ashley / Kristie Coverdale Glen / Kerryann Cain Peter / Libby Van Donk Joseph / Jeannine Creely	0409 131 113 0407 683 031 0448 943 367 0429 050 777 0406 037 466
SATURDAY 1ST OCTOBER	COBDEN NEWSAGENCY	9.00 - 10.00 10.00 - 11.00 11.00 - 12.00	Craig / Kim Anderson Warren / Nicola Beaver Anthony / Paula Fleming	0458 951 848 0409 218 809 0409 950 738
	MORTLAKE (Car)	9.00 - 10.00 10.00 - 11.00 11.00 - 12.00 12.00 - 1.00 1.00 - 2.00	Heather Erwin Paula Higginson Ian/ Mariana Cameron Gary / Tanya Glossop Tony / Jennifer Spoor Terence / Gail Payne Glenn / Kelly Gray James / Jennifer Gray Paul / Joanne Hill Peter / Wendy Williamson	0427 992 695 0437 757 796 0413 727 411 0459 992 010 0428 178 582 0427 884 001 0407 846 766 0400 728 626 0401 767 931 0407 622 002
SUNDAY 2ND OCTOBER	CAMPERDOWN CRAFT MARKET (Car)	10.00-11.00 11.00-12.30 12.30-2.00	Danielle Daffy Kevin / Julie Bradshaw Chris / Tracey Harty	0419 423 309 0419 884 628 0409 173 500
TUESDAY 4TH OCTOBER	CAMPERDOWN SAFEWAY (Car)	10.00-11.30 11.30-1.00 1.00-2.30	Kelly Hollingsworth Ashley Gunn / Teresa MacKinnon Adrian / Donna Hickey	0408 528 081 0438 963 612 0417 577 264
FRIDAY 7TH OCTOBER	CAMPERDOWN NEWSAGENT	10.00-11.30 11.30-1.00 1.00-2.30 2.30-4.00	Damian / Amanda Delaney Susan Boyd Louise Harry Damien / Kylie Broderick	0432 306 108 0488 341 412 0478 110 585 0409 651 962
	TERANG (Car)	9.30 - 11.30 11.30 - 1.30 1.30 - 3.30	Kevin / Therese Moloney James / Linda Kenna Gerard / Glenoe Justin Phil / Maree Beasley Peter / Tracey Hoare Barry / Sharon Suhan	0407 802 610 0419 925 179 0428 922 599 0428 910 222 0488 334 435 0447 926 250
SATURDAY 8TH OCTOBER	CAMPERDOWN IGA (Car)	10.00-11.00 11.00-12.00 12.00-1.00	Vanessa Heath Garry Doyle Annette O'Sullivan	0417 066 405 0409 395 489 0475 088 850
	TERANG	9.30 - 10.30 10.30 - 11.30 11.30 - 12.30	David / Joanne Roberts Terry / Leanne Carpenter Brendan / Sarah Williams	5593 2011 5593 2011 0458 017 222
	TERANG	6.00 MASS	Shane / Allison Lourey	0407 922 397
	CAMPERDOWN	7.30 MASS	Michael / Lee Kavenagh	0409 949 749
SUNDAY 9TH OCTOBER	TERANG	10.30 MASS	Peter / Jenny Battistello	0427 662 333
	DERRINALLUM (Car)	9.00 MASS	Stephen / Angela Bignell	0428 624 200

**MERCY REGIONAL COLLEGE**  
PARENTS, TEACHERS & FRIENDS ASSOCIATION



**2016 CAR RAFFLE**



**1st Prize – Mitsubishi ASX**  
**Value \$30,460** *(incl. on-road costs)*

Auto, Air Conditioned  
Power Steering, Rear Parking Sensors  
CD Player, ABS, Bluetooth, Cruise Control  
Supplied courtesy **CALLAGHAN MOTORS**, Warrnambool  
*(Supported by Trevor Lee, Camperdown Auto Sales)*

**2nd Prize: ELECTRICAL OR FURNITURE VOUCHER** Valued at \$2000  
*Supplied courtesy of **BETTA HOME LIVING**, Camperdown*

**3rd Prize: TRAVEL VOUCHER** Valued at \$500  
*Supplied courtesy of **HELLOWORLD**, Camperdown*

**4th Prize: APPLE WATCH** Valued at \$429  
*Supplied courtesy of **COMPNOW**, Nottinghill*

**5th Prize: NUTRIMETICS PAMPER PACK** Valued at \$300  
*Supplied courtesy of **HELEN BOURKE**, Terang*

**6th Prize: FUEL VOUCHER** Valued \$250  
*Supplied courtesy of **STEVE LUCAS, SHELL**, Camperdown*

**7th Prize: CLOTHING VOUCHER** Valued at \$250  
*Supplied courtesy of **FASHION CLUBWEAR**, Canterbury*

**8th Prize: JEWELLERY VOUCHER** Valued at \$200  
*Supplied courtesy of **SHOWCASE JEWELLERS**, Camperdown*

**9th Prize: MEAL VOUCHER** Valued at \$200  
*Supplied courtesy of **CAFÉ 153**, Camperdown*

**10th Prize: CANON CAMERA** Valued at \$150  
*Supplied courtesy of **OFFICEMAX**, Richmond*

**11th Prize: DINNER VOUCHER** Valued at \$100  
*Supplied courtesy of **MADDEN'S BAR & BISTRO**, Camperdown*

**Tickets \$10.00 each**

*(Early Bird Book Seller Prize: 1kg Toblerone Chocolate valued at \$150. Drawn Monday 17<sup>th</sup> October at MRC.)*

Car Raffle Prizes drawn at Arts Night, Wednesday 16<sup>th</sup> November, **6:30pm** in the Stadium.



# PUBLIC NOTICES



## Who's in Charge?

Does your child hurt, intimidate or abuse you?  
Do you feel you are losing control?  
Want to handle conflict better?

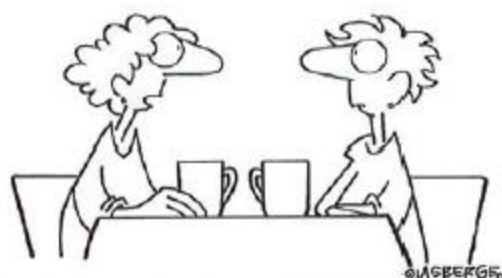
The Who's in Charge? Group is an 8 week program for parents or carers of young people (8 to 18 years) who are out of control, violent or defiant.

The group aims to:

- Provide a supportive environment to share experiences and ideas
- Clarify boundaries of what is acceptable and unacceptable behaviour
- Reduce feelings of isolation, shame and guilt, which most parent's feel
- Offer ideas to help develop individual strategies for managing your child's behaviour
- Explore ways of increasing safety and well-being
- Help you feel more in control and less stressed

Further info on violence to parents:  
[www.eddiegallagher.id.au](http://www.eddiegallagher.id.au)

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[www.glasbergen.com](http://www.glasbergen.com)



"Discipline and good behavior are the keys to family harmony, so my husband and I do everything our children tell us to."

### CORANGAMITE WHO'S IN CHARGE?

**DATE:** Commencing Wednesday 12 October 2016 running for 8 weeks.

**TIME:** 11AM -1PM

**WHERE:** KILLARA CENTRE MANIFOLD ST CAMPERDOWN

**COST:** Free of charge

For enquiries or bookings contact  
5561 8888

For more information contact:

Jacqui Murdoch  
03 5561 8888  
210 Timor Street  
Warrnambool VIC 3280

[www.brophy.org.au](http://www.brophy.org.au)  
1300 brophy



'Look over the farm gate'

Look out for them, look out for you...



# South West Dairy "FREE Family Fun Day"

Come to Cobden to have a FREE family fun day at the Cobden  
Miniature Railway and Mini Golf Park.

Train rides and Mini Golf will be FREE for dairy farming families.

TV Magician Tim Mason will perform a Magic Show.

Lots of rides and activities for the Kids & Adults

There will also be a FREE BBQ Lunch

**WHEN:** 10am to 4pm Sunday 18<sup>th</sup> September

**WHERE:** Cobden Miniature Railway & Mini Golf Park

**COST:** FREE for Dairy Farming Families



Year Levy at Work



Dairy  
Australia



Supported by: Rotary Club of Cobden, South West Model Engineers, UDV/VFF,  
WestVic Dairy, Corangamite Shire, Ace Radio, Cobden Business Network



NATIONAL CENTRE FOR  
FARMER  
HEALTH

[www.lookoverthefarmgate.com.au](http://www.lookoverthefarmgate.com.au)



# Farming Community

**An initiative of the Corangamite Shire  
through the Camperdown Food Bank**

For families feeling the pinch,  
food hampers are available at the

**Uniting Church Opportunity Shop,  
50 Curdie Street, Cobden**

**You are welcome to come into the Op Shop  
for a coffee, a chat, or just a listening ear,  
during opening hours,**

**Monday - Friday, 10am - 4pm  
Saturday, 10am - 12pm**

A qualified counsellor  
is available upon  
request.

This service is  
confidential  
and free of charge.



**We are there to help**





**MERCY**  
Regional College



Like us on  
**FACEBOOK**  
For more  
information



**Come along and participate in  
our Lake 2 Lake fun run and  
walk. ALL proceeds going to  
Camperdown  
Hospital.**



**SUNDAY 9th October  
4km run/walk and 8km run  
Registrations 8:15  
9 am start  
@Camperdown Golf club  
\$5 entry fee  
Prizes to be won  
ALL ages recommended**





# KIM GREEN & SARAH WALL

**DATE: WEDNESDAY 5<sup>TH</sup> OCTOBER**

**6:00- 7:00PM – MASS NETFIT WORKOUT**

**7:00 – 8:00PM – HEALTHY BODIES, HEALTHY MINDS TALK WITH KIM GREEN**

**LOCATION: TERANG CIVIC HALL**

**NO COST!**

**OPEN TO ALL GENDERS, ALL AGES AND ALL ABILITIES**

**HEALTHY BODIES, HEALTHY MINDS**  
**COMMUNITY EVENT SUPPORTING POSITIVE MENTAL HEALTH**  
**SPONSORED BY: TERANG COMMUNITY OP SHOP**



### **COBDEN JUNIOR TENNIS**

We are getting ready for a new season next school term.

We have programs to suit children from ages 5 years and up.

ANZ Hot Shots introduces kids to tennis and involves smaller nets, racquets and low-compression tennis balls so the kids learn the skills of tennis in a fun and easy way.

We also have "C Grade coaching" for kids that need more practice hitting balls before they step up to playing competition.

Hot Shots, coaching and competition are held on Saturday mornings from late October till mid-March with no play in school holidays.

For more information, please contact

Michelle Debie on 0408 175 662 or Nicole McVilly on 0437 846 984

Senior tennis is held Saturday afternoons and will commence 22<sup>nd</sup> October, so if interested in playing or filling in please phone Sharyn Finlayson on 0409 253 727 asap.

### **TERANG ATHLETIC CLUB TO RECOMMENCE TRAINING**



The Terang athletic Club will begin athletics training at the Terang Recreational Reserve on Wednesday 5<sup>th</sup> October at 4.00pm. Training is for those in Year 3 and above, including adults. Distant track running and sprinting is covered. If unsure as to whether training will go ahead due to wet weather, please text Jill McKenzie on 0418 175 599.



# Camperdown Little Athletics Centre



## ***Family, Fun and Fitness!***

Little Athletics is back again for 2016-2017

For all Girls and Boys, 5 to 15 years of age.

**Registration pack collection  
and Come and Try Night Friday 7<sup>th</sup> October, 4:30pm.**

**Competition commences Friday 14<sup>th</sup> October,  
4.15pm for a 4:30 start.**

Venue: Aths Track, Fuller/Frederick St (behind Basketball Stadium)

Please register online at [www.lavic.com.au](http://www.lavic.com.au) and click on Registration to join up  
(Cost \$120 for entire 16/17 season)

For additional information, contact:  
Kathy Hallyburton (Secretary) 0419 671 300 or  
Cheryle Conheady (Registrar) 0408 523 849